



Mental Health — Primary Care — The Unknown
Strategies and Resources for Navigating Mental Health
in Primary Care



City of Hope Cooper Auditorium

August 4, 2018 9:30 am to 2:00 pm

- 9:30 AM **Registration and Resource Fair**
- 10:00 AM **Welcome Address: A Healthy, Safe and Resilient San Gabriel Valley**
Miki Carpenter, MPH, PhD.
Director, Recreation & Family Service Department • City of Azusa
- 10:15 AM **Understanding Mental Health— Data and Definitions**
Trends for Major Depression in LA County
Nancy Clifton-Hawkins, MPH, MCHES®
Manager, Community Benefit • City of Hope
Reality of Depression in Health Care
Jaroslava Salman, MD
Assistant Professor of Psychiatry, Department of Supportive Care Medicine • City of Hope
Addiction in Primary Care
Sameer Hassamal, MD
Assistant Professor of Psychiatry, Department of Supportive Care Medicine • City of Hope
- 11:00 AM **Intersections of Policy, Law and Mental Health**
Array of Services and How to Access Them—Mild to Moderate
Kalene Gilbert, LCSW
Mental Health Clinical Program Manager III, Prevention Bureau • Los Angeles County Department of Mental Health
Health Neighborhood
Evelyn Lemus, LCSW
East SGV Mental Health Center and Health Neighborhood • Los Angeles County Department of Mental Health
Lisa Wong, PsyD.
SPA District Chief • Los Angeles County Department of Mental Health
- 11:30 AM **Networking and Refreshment Break**
- 11:45 AM **Managing Fears, Stigma and Barriers**
Perinatal Mental Health
Jennifer McNulty, MD
Long Beach Memorial Miller Children’s and Women’s Hospital
Mental Health Care, Treatment and Referral in an FQHC Setting
Chinhnam Hathuc, DO
Chief Medical Officer • East Valley Community Health Center
- 12:15 PM **Special Populations in Mental Health**
Medi-Cal and Mental Health
Carolina Boe, LCSW
Pacific Clinics
Mental Health Concerns Among the LGBTQ
Aaron Saenz, MHA
Board President • San Gabriel Valley LGBTQ Center
Bridging Gaps in Mental Health Care and Community Resources
Carolina De La Pena
Patient Resource Coordinator • City of Hope
- 1:00 to 2:00 PM **Closing, Networking, Refreshment and Resource Fair**

Please visit our community resources. They will be here throughout the event and ready to chat with you!

The Soldier Project

**GEM Project—
Citrus Valley Hospital**

NAMI—San Gabriel Valley

East San Gabriel FQHC

**Los Angeles County
Department of
Mental Health**

Pacific Clinics

Health Neighborhood

City of Hope

**Planned Parent of Pasadena and
San Gabriel Valley**

And more

Special thank you to our Mental Health Symposium Planning Committee:

Jasmine Lopez—El Consilio

Jaroslava Salman—City of Hope

Christian Port—Planned Parenthood Pasadena San Gabriel Valley

Sally Mansour—Azusa Pacific University

Jan Fall—Our Savior Center

Yvette Pijoux—City of Hope

Miki Carpenter—City of Azusa



This Mental Health Symposium is a special focus project of the City of Hope Community Benefit Department. To learn more about what City of Hope is doing to address health disparities and inequities through community benefit programs and services, please visit: <https://www.cityofhope.org/about-city-of-hope/community/community-benefit> or send a note to: CommunityBenefit@coh.org.