



**MENTAL HEALTH RESOURCES
FOR CHILDREN AND YOUTH IN LOS ANGELES COUNTY**
Los Angeles County Department of Mental Health (DMH)
http://dmh.lacounty.gov/wps/portal/dmh/contact_info

ACCESS Center Helpline (24/7) -- (800) 854-7771

DMH Staff facilitate referrals to the Psychiatric Mobile Response Team (if indicated), crisis intervention resources, and/or appropriate mental health providers.

Psychiatric Mobile Response Team (PMRT) and Law Enforcement Teams (LET) (24/7)

-- (800) 854-7771 or 911

DMH staff perform on-site assistance for an individual experiencing a psychiatric emergency. They assess danger to self, others and/or grave disability due to a mental illness.

Other DMH Emergency Mental Health Services: in addition to

the Law Enforcement Teams, DMH also provides mental health services through the School Threat Assessment and Response Team (START), Homeless Outreach Mobile Engagement (HOME), Specialized Prevention Unit (SPU), Mental Health Alert Team (MHAT) with the federal government, Emergency Response Teams (ERT), Homeless Outreach Teams (HOT), and Psychiatric Emergency Teams (PET).

SCHOOL THREAT ASSESSMENT and RESPONSE TEAM (START) – (213) 739-5565

URGENT CARE CENTERS (UCCs) for ages 12-adult – 23-hour psychiatric crisis centers provide crisis stabilization for comprehensive mental health services. Children under 12 must have an open DCFS case, and are evaluated on a case-by-case basis.

Exodus Eastside UCC (in Boyle Heights) 1920 Marengo Street Los Angeles, CA 90033 (323) 276-6400	Exodus Martin Luther King (MLK) UCC 12021 S. Wilmington Ave Los Angeles, CA 90059 Intake: (800) 829-3923	Exodus Westside UCC 11444 W. Washington Blvd, Suite D Los Angeles, CA 90066 Intake: (800) 829-3923	Valley Care Olive View-UCLA Medical Center 14445 Olive View Drive Sylmar, CA 91342 Main #: (818) 364-1555
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ONLINE SERVICE LOCATOR -- <http://dmh.lacounty.gov/wps/portal/dmh>

Find and map services by address, neighborhood or city. Detailed information is provided for each mental health provider: age group served, the services offered, available languages, hours of operation, walk-in availability, and contact information.

NAVIGATORS

Listed by Service Area (SA), a geographic region that has the same boundary as a Los Angeles County Service Planning Area (SPA)

These teams help connect clients and providers with mental health resources in their communities.

Service Area	Service Area Supervisor	Children's Navigators (0-15)	TAY Navigators (16-25)	Adult Navigators (26-59)	Impact Coordinators for 60+ for All Service Areas
1 Antelope Valley	Cindy Ferguson (661) 223-3842	Salem Redding (661) 223-3816	Salem Redding (661) 223-3816	Angela Coleman (661) 223-3813	Nicole Beaubien (213) 738-2327
2 San Fernando Valley	Child: Michelle Rittel (213) 739-5526 Adult: La Tina Jackson (818) 610-6708	Fang "Colin" Xie (818) 610-6729 Susan Mendez (818) 610-6739	Gerri Washington (213) 598-0970	Darrell Scholte (818) 610-6705 Michele L. Renfrow (818) 610-6724	Jung Ahn (213) 738-2315
3 San Gabriel Valley	Child/TAY: Frances Liese (626) 430-2914 Adult: Eugene Marquez (626) 430-2915	Vanessa Torres (626) 430-2948	Socorro Ramos (626) 430-2949	Eugene Marquez (626) 430-2915	
4 Los Angeles	Nancy Weiner (213) 922-8120 Navigator Main Phone Number (213) 922-8122	Luz Smith (213) 922-8123	Christina Padilla (213) 922-8132	Phyllis Moore-Hayes (213) 922-8129	
5 West Los Angeles	Child & TAY: Monika Johnson (310) 482-6609 Adult: Gwendolyn Davis (310) 482-6613	Jeong Min Rhee (310) 482-6610	Jeong Min Rhee (310) 482-6610	Samantha Howard (310) 482-6612 Kim Phan (310) 482-6616	
6 South Los Angeles	Angela Shields (323) 298-3671	Dana Calloway (310) 668-4374	Jasminder Chahal (213) 435-3362	Perla Cabrera (310) 668-4902	
7 East Los Angeles	Jessica Ahearn (213) 639-6733 Main Phone Number: (213) 738-4683	Cheryl Lopez (213) 738-2900	Cheryl Lopez (213) 738-2900	Alicia Ibarra (213) 738-6150	
8 South Bay	Chad Brinderson (213) 276-5503 Main: (562) 256-7717	April Hagerty (562) 256-1280	Emily Serna (562) 256-1277	Jenny Nguyen (562) 256-1278 Trisha Deeter (562) 256-1279	Older Adult Navigator Jenny Nguyen (562) 256-1278

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

Patients' Rights Advocates: (213) 738-4888
or (800) 700-9996

These advocates protect the Constitutional and statutory rights of mental health care recipients.

Public Guardian's Office: (213) 974-0515
Contact this office to ask about or to request the appointment of a public conservator.

OTHER RESOURCES

LA County Community Resource Directory: Call **211** or visit <http://crg.lacounty.gov/dmh/>
This website helps locate services related to Health and Human Services in Los Angeles County such as Mental Health Providers, Child Care, Health Care, Housing, Local Emergency Resources, etc.

Los Angeles County California Children's Services (CCS) - Children's Medical Services: (800) 288-4584
This County agency serves children with chronic illnesses or disabilities and will address mental health issues related to the medically eligible condition.

NAMI – National Alliance on Mental Illness - The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. To find a NAMI organization near you in California: <http://www.nami.org/Local-NAMI?state=CA>

Substance Abuse Treatment Referrals: (800) 564-6600
View map of outpatient and residential treatment programs for youth at: <http://publichealth.lacounty.gov/sapc/resources/YouthTreatmentMap.pdf> or visit <http://publichealth.lacounty.gov/sapc/findtreatment.htm>

HOTLINES

California Youth Crisis Line: (800) 843-5200

Child Protection Hotline (24/7): (800) 540-4000
or visit <http://dcfs.lacounty.gov/contactus/childabuse.html>
to report possible child abuse and/or neglect to the Los Angeles County Dept. of Children and Family Services (DCFS).

Los Angeles & Orange County Suicide Prevention Crisis Line (24/7): (877) 727-4747
This service is run by the Didi Hirsch Community Mental Health Services Suicide Prevention Center
<http://www.didihirsch.org/>
Calls are free and confidential, and callers can call for themselves or for someone they care about.

Teen Line (6-10 pm daily): (800) TLC-TEEN (852-8336)
or (310) 855-4673

This is a toll-free confidential helpline for teenage callers.

- **TEEN LINE** website <http://teenlineonline.org/> offers online chat, email help, message boards, resources and information
- **Text "TEEN"** to **839863** between 5:30-9:30pm to speak with peer counselors

National Suicide Prevention Lifeline (24/7):
(800) 273-TALK (8255)
For military and their families, press 1 for the Crisis Line.
Callers will be routed to the nearest crisis line in your area.

Trevor Project Lifeline for LGBTQ Youth (24/7):
(866) 488-7386
This is the leading national organization focused on crisis and suicide prevention efforts among lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth.
<http://www.thetrevorproject.org>

Sexual Assault & Rape Hotlines (24/7):
(800) 585-6231 (Los Angeles) and
(800) 656-HOPE (national) or visit
<https://ohl.rainn.org/online/>