

LOCAL, NATIONAL AND INTERNET RESOURCES

**TO SUPPORT PEOPLE AND FAMILIES WITH CANCER
THROUGH DIAGNOSIS, TREATMENT AND BEYOND**

*Because you don't have to
go through cancer alone ...*

Patient, Family and Community Education
Department of Supportive Care Medicine

TABLE OF CONTENTS

Financial Resources	1
Co-pay Assistance Programs	1
Prescription Assistance Programs	4
Financial Assistance: Utilities and General Assistance	7
Food Assistance	10
Health Insurance, Disability and Social Security	14
Fertility Preservation: Sperm Banking, Egg and Embryo Storage	16
Transportation Assistance and Services	19
City, County and State Government Agencies	19
Air Travel Assistance	21
Scholarships for Survivors	22
Legal Assistance	25
Support Groups and Emotional Support	26
LGBTQ Affirmative Resources	38
Prostheses and Wigs	39
In-home Support Services	44
Integrative Therapies: Yoga, Acupuncture and Other Mind-Body Practices	45
Life After Cancer: Survivorship Support	53
Lodging Assistance	56
Grief and Bereavement Support	57
Online Social Networking	59
Additional Online Resources	60
Community Health Centers and Primary Care Providers	61
Free Computer Use And Other Public Library Services	72
Work, School and Cancer: Legal and Financial Resources and Information	73

Disclaimer:

The following resources are listed as a convenience for our patients and do not constitute an endorsement by City of Hope.

Many of these resources may be updated or discontinued without notifying us. If you have any changes you would like to report to City of Hope, please email us at patienteducation@coh.org.

Many of the assistance programs listed in this guide are income-based and use the Federal Poverty Level (FPL) guidelines to set eligibility. Some programs limit participant's income to some percentage of the FPL, such as 138 percent or 200 percent.

Please consult the FPL guide below to determine your income eligibility.

Persons in Household	100% FPL	138% FPL	250% FPL	400% FPL
1	\$12,060	\$16,642	\$30,150	\$48,240
2	\$16,240	\$22,411	\$40,600	\$64,960
3	\$20,420	\$28,179	\$51,050	\$81,680
4	\$24,600	\$33,948	\$61,500	\$98,400
5	\$28,780	\$39,716	\$71,950	\$115,120
6	\$32,960	\$45,484	\$82,400	\$131,840
7	\$37,140	\$51,253	\$92,850	\$148,560
8	\$41,320	\$57,021	\$103,300	\$165,280
9+	If your household is larger than eight people, add \$4,180 for each additional person.			

Financial Resources

Resources and tools to help individuals cope with the financial aspects of cancer diagnosis, including assistance with health insurance co-pays, prescription assistance and assistance with basic living expenses during cancer treatment

CO-PAY ASSISTANCE PROGRAMS

21st Century C.A.R.E.

This program offers patients financial assistance for incidental expenses related to treatment, including transportation to and from treatments, follow-up visits related to cancer-care, childcare during treatment, temporary housing due to geographical distance from the treatment center, medical supplies and much more. Patients must have a social security number and must be working, disabled, a student or retired. Additionally, patients must be referred by a qualified physician and currently under treatment for cancer, be within six months of a cancer diagnosis, have completed treatment within six months or be in need of cancer screening.

21stcenturycare.org/physicians.asp
888-850-1622

Breast & Cervical Cancer Treatment Program

This program provides needed cancer treatment to eligible individuals diagnosed with breast and/or cervical cancer and who are in need of treatment. Low-income California residents who have breast and/or cervical cancer can enroll at a doctor's office to get no-cost cancer treatment coverage as soon as possible after diagnosis.

dhcs.ca.gov/services/medi-cal/Pages/BCCTP.aspx
800-824-0088

The Breast Cancer Charities — *The Help Now Fund*

This program is designed for breast cancer patients who are in active treatment and are in need of emergency financial assistance for rent, mortgage and/or utility bills (electric, water and gas). Applications are only processed online. The application process opens on the first of each month and closes on the fifth of each month.

thebreastcancercharities.org/help-now-fund-application
936-231-8460

Cancer Financial Assistance Coalition

This coalition of financial assistance organizations joining forces to help cancer patients experience better health and well-being by limiting financial challenges. Users can search a national database for organizations that help with a specific cancer diagnosis, or find resources for a specific type of assistance or need.

cancerfac.org

CancerCare Co-Payment Assistance Foundation

CancerCare Co-Payment Assistance Foundation is a nonprofit organization dedicated to helping people afford co-payments for chemotherapy and targeted treatment drugs.

cancercarecopay.org/apply

866-55-COPAY (866-552-6729)

Cervivor

Cervivor is a community, a learning tool, an advocacy resource and an online retreat for healing, connecting and thriving. The website provides information about cervical cancer, its link to the human papillomavirus, and provides resources for wellness and advocacy.

cervivor.org

info@cervivor.org

HealthWell Foundation

The HealthWell Foundation provides financial assistance to eligible individuals to cover co-insurance, co-payments, health care premiums and deductibles for certain medications and therapies. Eligibility requirements are based on the individual's medical, financial and insurance situation.

healthwellfoundation.org

800-675-8416

Kristy Lasch Miracle Foundation

This foundation provides financial assistance to women under 30 living with breast cancer. They reimburse for medical expenses and amount is dependent on evidence of bills submitted. Applicants must be legal residents.

kristylasch.org

412-872-4125

The Leukemia & Lymphoma Society's Co-Pay Assistance Program

This program helps with insurance premiums and co-pay obligations. The program offers financial help toward blood cancer treatment-related co-payments, private health insurance premiums, Medicare Part B, Medicare Plan D, Medicare Supplementary Health Insurance, Medicare Advantage premium, Medicaid Spend-down or co-pay obligations.

lls.org/support/financial-support/co-pay-assistance-program

877-557-2672

Leukemia & Lymphoma Society Patient Financial Aid Program

This program offers financial reimbursement for some medications, transportation, and procedures for those in need. Patients must qualify both medically and financially for this program.

leukemia.org

Modest Needs

Modest Needs offers grants to low-income but generally self-sufficient households despite a temporary, unexpected financial set-back related to their medical conditions. The average grant is \$750. Applicants must be a legal resident and must apply online.

modestneeds.org/for-applicants

My Hope Chest

This group provides breast reconstruction surgery assistance to uninsured women who meet the following criteria: must be 69 years of age or under, free of medical complications that would preclude safe surgery, and a legal resident or citizen of the U.S. Spanish information is available.

myhopechest.org/patients/patient-application

727-642-4243

727-488-0320

Net Wish

Net Wish accepts requests for immediate and pressing financial aid every month. The specific focus of Net Wish is on how the aid will help children, older adults and other vulnerable members of our community. The more specific the request the better chance of a helping hand. The maximum request is \$500.

netwish.org

Triple Step Toward the Cure

(For those diagnosed with triple-negative breast cancer)

Triple Step Toward the Cure provides both general and financial support through its Community Resource Program for women diagnosed with triple-negative breast cancer and their families. Programs include The Pink Shoe Posse (peer support, help locating clinical trials and other medical resources), support for caregivers and family members, and referrals to organizations that provide additional resources.

triplesteptowardthecure.org/home.php

510-562-1889

424-258-0313

PRESCRIPTION ASSISTANCE PROGRAMS

These patient assistance programs are designed to support low income U.S. residents with free or low cost prescriptions. The programs usually cover brand name drugs only and are administered individually by the pharmaceutical companies that manufacture the drugs.

Children's Organ Transplant Association

The Children's Organ Transplant Association helps children and young adults who need a lifesaving transplant by providing fundraising assistance and family support.

cota.org
800-366-2682

Good Days

This nonprofit organization works closely with health care providers, as well as specialty pharmacies, to provide patients instant access to the medication and treatments that can drastically improve their lives. They provide direct financial assistance, prescription medication and travel assistance.

mygooddays.org/apply
877-968-7233

National Children's Cancer Society Emergency Assistance Fund

The Emergency Assistance Fund provides \$200 in emergency assistance per year to families who have a child that has been inpatient or away from home for 30 consecutive days within the past three months. Assistance may be used for mortgage, rent, utility payments, childcare, health insurance premiums, car expenses or treatment-related expenses such as meals away from home, prescriptions and parking.

thenccs.org/financial-aid
314-241-1600

National Children's Cancer Society Transportation Fund

This fund helps with the financial burden of travel and lodging for families who have a child with cancer, including transportation expenses such as mileage and airfare and lodging when a child needs to stay near the hospital for treatment and nonprofit lodging is unavailable.

thenccs.org/financial-assistance
314-241-1600

National Organization for Rare Disorders

This organization assists uninsured or under-insured individuals in securing lifesaving or life-sustaining medications including Trisenox, Theracys and Matulane. They offer co-payment assistance for advanced renal cell carcinoma, Hodgkin's lymphoma, hepatocellular carcinoma and paroxysma.

rarediseases.org
800-999-6673 (voicemail only)

Partnership for Prescription Assistance

This partnership offers a single point of access to more than 475 public and private patient assistance programs, including more than 150 programs offered by pharmaceutical companies, including assistance for the uninsured.

pparx.org
888-477-2669

Patient Access Network Foundation

The Patient Access Network Foundation is a national nonprofit organization dedicated to helping insured people living with chronic, life-threatening and rare diseases with the out-of-pocket costs for their prescribed medications.

panapply.org
866-316-7263

Patient Advocate Foundation

This foundation provides mediation and arbitration service to patients that help remove obstacles to health care such as medical debt, insurance access issues and employment issues. Resources and publications are available.

patientadvocate.org
800-532-5274

Patient Advocate Foundation's Co-Pay Relief Program

This foundation provides direct co-payment assistance for pharmaceutical products to insured patients (including Medicare Part D beneficiaries) who financially and medically qualify. They offer assistance for the following specific conditions: breast cancer, colon cancer, head and neck, lung cancer, lymphoma, kidney cancer, malignant brain tumors, multiple myeloma, pancreatic cancer, prostate cancer, sarcoma, as well as secondary issues as a result of cancer treatment.

copays.org
866-512-3861

Patient Services Incorporated

This group assists patients in locating health insurance policies. They provide health insurance premium assistance (including COBRA) and co-payment assistance (including helping satisfy Medicare Part D true-out-of-pocket). They offer assistance for the following specific conditions: bone metastases, cutaneous T cell lymphoma, chronic myeloid leukemia, chronic myelocytic leukemia and gastrointestinal issues.

uneedpsi.org
800-366-7741

RXassist Patient Assistance Program Center

This center provides a comprehensive database of patient assistance programs offered by pharmaceutical companies.

rxassist.org

RxHope

RxHope is a patient advocacy organization that makes the patient assistance process as easy and comfortable as possible for the patient, the health care provider and the pharmaceutical company. As a web-based patient assistance resource, RxHope helps patients complete patient assistance applications and processes, fulfills and tracks requests for patient assistance programs for people needing help paying for their medications.

A physician, office manager or social worker completes the Patient Assistance Application on RxHope and submits it to the pharmaceutical companies on the patient's behalf. Patients can also start the application process, but their physician's office must complete the application.

rxhope.com

FINANCIAL ASSISTANCE: UTILITIES AND GENERAL ASSISTANCE

Organizations that provide financial support to people in economic need

Brenda Mehling Cancer Fund

The Brenda Mehling Cancer Fund provides financial assistance for medical bills, legal services, temporary housing, supplementary disability, home health care, travel-related expenses, phone bills, transportation, education and counseling. Patients must be currently undergoing treatment and between the ages of 18 and 40 to apply.

bmcf.net/apply.htm

661-310-7940

Busy Box

Busy Box is a Sharsheret Program for Parents of Younger Children. Sharsheret is a national not-for-profit organization supporting young Jewish women and their families facing breast cancer. Their mission is to offer support to people of all Jewish backgrounds, diagnosed with breast cancer or at increased genetic risk, by fostering culturally relevant individualized connections with networks of peers, health professionals and related resources.

sharsheret.org

866-474-2774

Catholic Charities LA

Catholic Charities LA helps people of all races and religions. They provides services and resources which include job training or job search assistance, career development, guidance in applying for state-sponsored health care, free diapers and transportation assistance.

catholiccharitiesla.org

213-251-3400

Cleaning for a Reason

This group offers free professional housecleaning services (one time per month/four months max) to improve the lives of women undergoing treatment for cancer. Available in limited areas — the cleaning services that are registered to do this will travel 10 to 15 miles from their business location. Cleaners are bonded and insured. Physician verification is required. Apply online.

cleaningforareason.org

877-337-3348

Foothill Unity Center

Foothill Unity Center is the primary provider of food, case management/crisis help, and access to health care resources across 11 San Gabriel Valley cities in Los Angeles County. As the federally designated Community Action Agency for the Foothill area, it operates two locations in Monrovia and Pasadena, serving clients in Pasadena, Altadena, South Pasadena, Sierra Madre, Arcadia, Monrovia, Bradbury, Duarte, Azusa, Baldwin Park and Irwindale. Their services include a transportation program, food stamps outreach, Medi-Cal enrollment and food programs.

foothillunitycenter.org

626-358-3486 (Monrovia)

626-548-7420 (Pasadena)

Low Income Home Energy Assistance Program

This program assists low-income families with their home energy bills.

csd.ca.gov/Services/FindServicesinYourArea.aspx

866-675-6623

Modest Needs Foundation

This organization offers three types of grants to qualified individuals experiencing a documented financial set back due to illness: Independent Living grants, Self-Sufficiency grants and Back-to-Work grants.

modestneeds.org

National Association for the Terminally Ill

This foundation gives financial assistance to the children and families of those suffering from a terminal illness, whose life expectancy is two years or less. They help with day-to-day living expenses such as rent or mortgage, groceries, utilities, car payments and insurance payments. They evaluate the need of each family on a case-by-case basis.

866-668-1724

502-220-4601

Padres Contra El Cancer

This organization offers services and resources to help families with the financial burdens they may encounter when their child is diagnosed with cancer. They provide translation services, transportation assistance, grocery vouchers, phone cards and hospital meal vouchers.

3479 Cahuenga Blvd.

Los Angeles, CA 90068

iamhope.org/programs/services.php

323-850-7901

800-266-4186

The Pink Fund

The Pink Fund distributes short-term financial aid for basic living expenses on behalf of breast cancer patients who have lost all or a part of their income during active treatment. Payments are made directly to the patient's creditors. Basic living expenses considered are health insurance premiums, mortgage or rent payments, car payments, car insurance, utilities and car repairs.

The Pink Fund does not make payments for any medical treatments, prescription drugs (including hormone therapy), medical co-pays, insurance deductibles, prostheses, wigs, food and gasoline. Short-term is defined as a period of up to three consecutive months of non-medical financial assistance with a cap of \$3,000, based on available funding.

pinkfund.org/do-i-qualify

877-234-PINK (7465)

Toberman Neighborhood Center

This center offers programs to assist Harbor area residents with after school children's programs, counseling for youth, utility bill assistance, personal goods, holiday assistance and emergency food.

toberman.org

310-832-1145

FOOD ASSISTANCE

Cal Fresh (Formerly known as the Supplemental Nutrition Assistance Program)

CalFresh issues monthly debit cards to qualified individuals that can be used to purchase food at designated stores and farmers markets. Benefit amounts vary up to \$200 a month based on need and household.

dss.cahwnet.gov/foodstamps
877-847-3663

Feeding America

Feeding America is the nation's leading domestic hunger-relief charity whose mission is to feed America's hungry through a nationwide network of member food banks.

feedingamerica.org
feedoc.org
949-653-2900 (Orange County)

First United Methodist — Redondo Beach

243 S. Broadway
Redondo Beach, CA 90277

First United Methodist offers warm meals on Wednesdays from 6 to 7 p.m., as well as clothing, a food pantry and hygiene items, as available.

310-372-8445

Free Meals and Food Pantries

Pasadena Church

404 E. Washington Blvd.
Pasadena, CA 91104

626-794-2951

Dinner: Mondays,
Wednesdays and Fridays,
6 to 7 p.m.

Acts Food Pantry

Altadena Community United
Church of Christ
943 E. Altadena Drive
Altadena, CA 91001

626-798-1185

Access through the upper
parking lot. Saturdays,
10 a.m. to noon.

All Saints Episcopal Church

132 N. Euclid Ave.
Pasadena, CA 91101

626-796-1172

Mondays, 9 a.m. to 3 p.m.

Foothill Unity Center

191 N. Oak
Pasadena, CA 91107

626-584-7420

Tuesdays, 9 to 11:30 a.m.
Wednesdays, 1 to 3:30 p.m.
Thursdays, 9 to 11:30 a.m.
(once monthly)

Lincoln Avenue Baptist Church

1180 Lincoln Ave.
Pasadena, CA 91103

626-798-9163

Bread program, Mondays
and Thursdays, 10 a.m.
Groceries, third Wednesday
10 a.m. to noon.

Lake Avenue Church

393 N. Lake Ave.
Pasadena, CA 91101

626-817-4505

Sundays, 4:30 p.m.
Skyroom — second, third
and fourth Sundays

Central Park-Pasadena

275 S. Raymond Ave.
Pasadena, CA 91105

Breakfast: Sundays, 8:30 a.m.

Dinner: Saturdays, 4 p.m.

Dinner: First Sunday each month,
2 to 4 p.m.

Pasadena Church of the Nazarene

3700 E. Sierra Madre Blvd.
Pasadena, CA 91107

626-351-9631

Wednesdays and Thursdays,
2 to 4 p.m. (once weekly)
CA ID required

St. Andrew's Catholic Church

42 Chestnut St.
Pasadena, CA 91103

626-792-4183

Picture ID required
Tuesdays and Saturdays
(once monthly),
9:30 to 11 a.m.

LA County Community and Senior Services Home-delivered Meals Program

The Home Delivered Meals Program is designed specifically for home-bound seniors. This valuable program not only delivers a nutritious meal on a daily basis, but also serves as a mechanism to check up on the client, thereby providing an additional safety inspection and furthering the ability for him or her to remain in the home.

Although the Home Delivered Meals Program does not require seniors to pay for meals, a donation ranging between \$1.50 and \$2.50 per meal is appreciated.

800-510-2020

LAX Food Pantry

355 E. Beach Ave.
Inglewood, CA 90302

The LAX Food Pantry provides emergency, short-term assistance to families and individuals in need of food.

310-677-5597

Los Angeles Regional Food Bank

1734 E. 41st St.
Los Angeles, CA 90058

lafoodbank.org
323-234-3030

Meals to Heal

Meals to Heal offers healthy, convenient and delicious meals customized for people with cancer. They deliver directly to homes or hotels.

meals-to-heal.com
888-721-1041

Pasadena Meals on Wheels

This group provides a bag lunch and a hot dinner for \$6 a day.

626-449-6815

Project Angel Food

For patients undergoing chemotherapy treatment, Project Angel Food volunteers and staff cook and deliver nutritious meals, free of charge, to homes throughout Los Angeles County.

922 Vine St.
Los Angeles, CA 90038

323-845-1810

Salvation Army Corps Community Center — Pasadena

This organization provides emergency food services for families, couples and individuals who live in Altadena, Arcadia, Pasadena, Sierra Madre and South Pasadena. A three-day supply of groceries is provided; the amount of food provided varies according to family size. A typical bag of food may include USDA food products and canned goods. People may receive assistance every three months.

1000 E. Walnut St., Suite 102
Pasadena, CA 91106

pasadena.salvationarmy.org
626-773-4425

Salvation Army (LA County)

The Salvation Army serves Los Angeles county residents with emergency food assistance and holiday assistance

salvationarmy-socal.org/southern-california/LA_County

Salvation Army (Long Beach)

The Salvation Army serves Long Beach and Lakewood residents with emergency food assistance and holiday assistance. They are open Monday through Friday from 8 a.m. to 3:30 p.m.

562-426-7637

YWCA Meals at Home Program

This program delivers hot lunches daily or frozen meals weekly for \$2 per meal donation. This program is designated for those who are homebound. If you are able to drive, mention any valid symptoms that limit your driving when applying. Delicious and nutritious Senior Cafe lunches are also offered at 32 YMCA locations.

ywcasgv.org/senior_dining_locations.pdf

626-214-9465

Health Insurance, Disability and Social Security

Benefits CalWin

This group offers assistance with applying for social support services including food assistance, health insurance and medical services.

mybenefitscalwin.org

Community Enhancement Services (CES)

This nonprofit organization assists people with education, training, employment services, naturalization and refugee services. Residents of Los Angeles County can apply for food, shelter, health care without having to visit a DPSS Office. Access CES's benefits website now for services in English, Spanish, Armenian, Cambodian, Chinese, Korean, Russian, Tagalog and Vietnamese.

Service Office CES

401 S. Glenoaks Blvd., Suite 211

Burbank, CA 91502

cesinla.org/dpss.html

818-563-9822

Covered California

Covered California is the marketplace where Californians can purchase health insurance under the Affordable Care Act. Federal assistance is available for those who qualify to help buy private insurance. That means qualifying for a discount on private insurance, or getting health insurance through the state's Medi-Cal program. Be sure to check if physicians and health care facilities are an in-network provider on the health plan you chosen.

coveredca.com

800-300-1506

Disability and Social Security

SDI (State disability insurance): Short Term Disability is available for up to 12 months; California SDI is a partial wage-replacement insurance plan for California workers. The SDI program is state-mandated, and funded through employee payroll deductions. SDI provides affordable, short-term benefits to eligible workers who suffer a loss of wages when they are unable to work due to a non-work related illness or injury, or a medically disabling condition. If you have been disabled for longer than six months you may be referred to SSDI.

800-480-3287

866-658-8846 (En Español)

edd.ca.gov

SSDI (Social Security Disability Insurance): Long Term Disability pays benefits to you and certain members of your family if you are "insured," meaning that you worked long enough and paid Social Security taxes. SSDI must determine that you will be disabled for a year or longer.

SSI (Supplemental Security Income): Pays benefits based on financial need. SSI makes monthly payments to people who have low income and few resources and are age 65 or older, blind or disabled (as determined by the Social Security Administration).

[ssa.gov](https://www.ssa.gov)

800-722-1214

Health Consumer Alliance

This alliance is a project of Neighborhood Legal Services of Los Angeles. They assist residents with navigating the health care system. The Health Consumer Alliance offers free assistance online, over-the-phone or in-person to help people who are struggling to get or maintain health coverage and resolve problems with their health plans, including Medi-Cal.

healthconsumer.org

800-896-3203

Health Insurance Counseling & Advocacy (HICAP)

HICAP provides community education and counseling assistance with Medicare, Medi-Cal and related health insurance issues through advocacy or legal representation. For individuals who are home bound, in-home consultation is also available. Appointments are required.

css.lacounty.gov

213-383-4519

Medi-Cal

Medi-Cal is California's Medicaid health care program. This program pays for a variety of medical services for children and adults with limited income and resources. If you are found (or determined) eligible, you can continue to get Medi-Cal as long as you continue to meet the eligibility requirements.

877-597-4777 or **866-613-3777** (Los Angeles County)

855-478-5386 (Orange County)

877-410-8829 (San Bernardino)

800-274-2050 (Riverside County)

medi-cal.ca.gov

Medicare

Medicare is a federal insurance program that pays for certain health care expenses for people aged 65 or older and certain younger individuals with specific disabilities. For general Medicare information, ordering Medicare booklets and information about health plans, contact **800-MEDICARE** 24 hours a day, seven days a week for assistance. English and Spanish-speaking customer service representatives at this number can answer questions about the original Medicare Plan and provide up-to-date information regarding the health plans available in their area. You may also visit [medicare.gov](https://www.medicare.gov).

Fertility Preservation: Sperm Banking, Egg and Embryo Storage

Cancer treatments may often damage the reproductive organs which may lead to infertility after the treatments. Patients undergoing cancer treatment may also need to consider preserving their future fertility by freezing their sperm, eggs or embryos prior to cancer treatment.

California Cryobank Inc.

This group provides information on sperm, egg banking and storage.

11915 La Grange Ave.
Los Angeles, CA 90025

crybank.com
800-977-3761

California Fertility Partners

11818 Wilshire Blvd., Suite 300
Los Angeles, CA 90025

californiafertilitypartners.com
310-828-4008

Care Fertility

1500 E. Chevy Chase Drive,
Suite 450
Glendale, CA 91203

818-230-7778
carefertility.net

510 N. 13th Ave.,
Suite 304
Upland, CA 91786

909-920-3883

289 W. Huntington Drive,
Suite 307
Arcadia, CA 91007

626-445-8877

The Center for Fertility and Gynecology

Fertility Preservation
18370 Burbank Blvd., Suite 301
Tarzana, CA 91356

center4fertility.com
818-881-9800

Fertile Future California Cryobank

This group offers sperm banking, egg and embryo storage.

fertile-future.com
866-477-3762

HRC Fertility

15503 Ventura Blvd.,
Suite 200
Encino, CA 91436

818-788-7288

8112 Miliken Ave.,
Suite 101-1
Rancho Cucamonga, CA 91730

909-941-1120

333 S. Arroyo Parkway,
3rd Floor
Pasadena, CA 91105

626-440-9161

Innovative Fertility

3500 N. Sepulveda Blvd., Suite 130
Manhattan Beach, CA 90266

innovativefertility.com

310-648-2229

LiveStrong Foundation — Fertility

Lance Armstrong Foundation provides information, resources and support to cancer patients and survivors at risk for infertility as a result of cancer treatment.

fertilehope.org

Loma Linda Infertility Department

This group offers fertility preservation for people undergoing cancer treatment.

11370 Anderson St., Suite 3950
Loma Linda, CA 92354

lomalindafertility.com

909-554-3003

OC Fertility

1401 Avocado Ave., Suite 403
Newport Beach, CA 92660

ocfertility.com

949-706-2229

The Oncofertility Consortium

This consortium represents a nationwide, interdisciplinary and interprofessional network of medical specialists, scientists and scholars who are exploring the relationships between health, disease, survivorship and fertility preservation in young cancer patients.

oncofertility.northwestern.edu/find-a-clinic-or-center

Pacific Reproductive Center

3720 Lomita Blvd, Suite 200
Torrance, CA 90505

310-376-7000

116 E. Broadway, #300
Glendale, CA 91205

818-844-2690

pacificreproductivecenter.com

10 Post
Irvine, CA 92618

949-341-0100

381 Corporate Terrace Circle
Corona, CA 92879

951-371-9200

Reproductive Fertility Center

723 S. Garfield Ave.,
Suite 203
Alhambra, CA 91801

9448 Magnolia Ave.,
Suite 103
Riverside, CA 92503

23525 Golden Springs
Drive, Suite D
Diamond Bar, CA 91765

16300 Sand Canyon Ave.,
Suite 901
Irvine, CA 92618

reproductivefertilitycenter.com

949-453-8600

UCLA Fertility and Reproductive Health Center

200 UCLA Medical Plaza, Suite 220
Los Angeles, CA 90084

obgyn.ucla.edu/fertility

310-794-7274

USC Fertility

1127 Wilshire Blvd., Suite 1400
Los Angeles, CA 90017

uscfertility.org/fertility-preservation

213-975-9990

Western Fertility Institute

16260 Ventura Blvd., Suite 210
Encino, CA 91436

westernfertility.com

888-261-4574

818-292-2242

Transportation Assistance and Services

It can be hard to get to and from your medical treatments. If you cannot drive, or do not have a car or someone to drive you to and from your appointments, there are some resources that may be able to provide transportation support for you.

CITY, COUNTY AND STATE GOVERNMENT AGENCIES

These agencies can arrange for low-cost or free local transportation for people who are disabled and meet income criteria. They can provide you with information on Dial-A-Ride, Access and local nonprofit organizations near your home.

ACCESS

Access is the Americans with Disabilities Act complimentary para transit service for individuals with disabilities who live in L.A. County. Preregistration and evaluation are required.

accessla.org

800-827-0829 TDD **800-827-1359**

ACCESS Services Los Angeles County

For more information and the application process, contact Access Services Inc.

800-827-0829

Orange County: Orange County ADA PARATRANSIT

714-560-5956, Ext. 2

American Cancer Society's Road to Recovery

This program provides a ride to and from treatment for people with cancer who do not have a ride or cannot drive themselves. Drivers give their time and the use of their cars so that patients can get the medical care they need. Note: It takes seven to 10 business days to set this up.

cancer.org

800-227-2345

Angels Wheels to Healing

This nonprofit charity provides non-emergency, long-distance ground transportation to financially disadvantaged patients who can walk without help. They don't normally make local drives and the long distance trips are not more than 300 miles each way. For cancer patients traveling daily for treatment, each case will be reviewed and some exceptions may apply.

angelwheels.org/about-us

DIAL-A-RIDE

This is a county based service and more information is available by dialing **211**.
dpw.lacounty.gov/PDD/Transit/index.cfm?id=1 (Los Angeles County)
800-795-7887 (Riverside County)

Eldercare Locator

Eldercare Locator is a public service of the U.S. Administration on Aging connecting you to services for older adults and their families.

eldercare.gov
800-677-1116

Uber and Lyft Rideshare Services

Uber and Lyft provide on-demand rides anywhere you want to go, for a fee. You will need a smart phone to download the apps. For more information, please visit:

Uber: get.uber.com
Lyft: lyft.com

AIR TRAVEL ASSISTANCE

Air Charity Network

Air Charity Network (formerly AFA) provides access for people in need who are seeking free air transportation to specialized health care facilities or distant destinations due to family, community or national crisis.

aircharitynetwork.org

Corporate Angel Network

Cancer patients fly free to treatment on empty seats of corporate jets.

corpangelnetwork.org

LifeLine Pilots

LifeLine Pilots' mission is to facilitate free air transportation through volunteer pilots for financially distressed children and adults with medical and humanitarian needs.

lifelinepilots.org

Miracle Flights

Miracle Flights for Kids is the nation's leading nonprofit flight organization. Since 1985, they continue to deliver on their mission to help families overcome obstacles in order to get access to the proper medical care and treatment for their seriously ill children.

miracleflights.org

National Patient Travel Center

This center provides information about all forms of charitable, long-distance medically-related transportation and provides referrals to the national charitable medical transportation network. They help patients in financial need receive access to distant specialized medical evaluation, diagnosis or treatment for lack of a means of long-distance medical transportation. This is a referral service and there is no cost for the information. Programs include:

Airline Tickets for Patients/Escorts: This is the only source in the nation for full information on all available charitable or deep-discount airline ticket programs for patients and patient escorts. Ambulatory patient travel in excess of 1,000 miles necessitates the use of airline resources.

Long Distance Ground Transportation: This provides non-emergency long-distance ground transportation for financially needy ambulatory patients traveling for treatment. Transportation provided by commercial means (Greyhound, Amtrak, etc.) as well as the provision of gas cards. Typical trip does not exceed 250 miles (one-way).

patienttravel.org
800-296-1217

Patient Airlift Services

PatientAirLift Services arranges free air transportation based on need to individuals requiring medical care and for other humanitarian purposes.

palservices.org

Scholarships for Survivors

American Cancer Society Scholarships

Survivors of Childhood Cancer

The American Cancer Society will help with the cost of attending college.

800-ACS2345

800-877-1710, ext 221 (CA Div. for scholarships)

Beyond the Cure Scholarship

The National Children's Cancer Society (NCCS) offers college and vocational scholarships to childhood cancer survivors. Through the Beyond the Cure Program, the NCCS will award stipends of up to \$5,000 per academic year to survivors who have illustrated the ability to overcome the difficult challenges of childhood cancer. Applicants must be 25 years of age or younger and have been diagnosed before 18. See criteria and application on website.

thenccs.org/scholarship

800-532-6459

Brian Morden Foundation

This foundation offers an awards for a \$1,000 individual scholarship. See website for details.

brianmordenfoundation.org

800-997-7278

Cancer for College

This group awards scholarships to current and former cancer patients who are currently attending either a four-year accredited university and/or attending a junior college.

cancerforcollege.org

760-599-5096

Cancer Survivors Fund

Scholarships are granted for the college education of cancer survivors. See website for eligibility requirements.

cancersurvivorsfund.org

281-437-7142

Carolyn's Compassionate Children Scholarship

This nonprofit provides a comprehensive database with over 3,000 scholarships for young adult cancer survivors cancer patients.

info@ccc.scholarships.org

866-540-1392

Friends of Scott Foundation

This foundation offers two scholarships per year, one per semester, to cancer patients currently being treated or to cancer survivors.

friendsofscott.org
619-223-7268

Michael A. Hunter Memorial Scholarship

This award is for a \$1,000 individual scholarship. Applicants should be a U.S. citizen. The Michael A. Hunter Memorial Scholarship provides two \$5,000 scholarships to high school seniors and college students who are leukemia patients or children of a nonsurviving leukemia patient. Candidates must have a minimum GPA of 3.0 on a 4.0 scale and must be a resident of Orange County, California. Download the application from the website.

oc-cf.org
949-533-4202

National Collegiate Cancer Foundation

The National Collegiate Cancer Foundation was established to provide Services and support to young adults whose lives have been impacted by cancer and who have continued with their education throughout treatment or after their treatment. These \$1,000 competitive awards will be judged on criteria set by the foundation (see website). Applicants must be between 18 to 35 years of age.

collegiatecancer.org
717-215-0943

Patient Advocate Foundation's Scholarship for Survivors

Patient Advocate Foundation offers several \$3,000 scholarships. Please see website for eligibility requirements. Applicants must be under the age of 25 and a survivor/current patient of cancer or a critical or life-threatening disease.

patientadvocate.org
800-532-5274

Pediatric Brain Tumor Foundation of the United States (PBTfUS)

PBTfUS offers college scholarships for brain tumor survivors. Please see website for additional criteria or call directly to the foundation.

National Family Support Program Coordinator
Pediatric Brain Tumor Foundation of the United States
302 Ridgefield Court
Asheville, NC 28806

pbtfus.org
800-253-6530

Ronald McDonald House Charities

This organization offers scholarships to students who face limited access to educational and career opportunities. Scholarships are for students living in the United States and living in areas where there are participating local chapters. Please check website.

rmhc.org

630-623-7048

SAMFund: Surviving and Moving Forward

The SAMFund provides financial assistance to young adults as they move forward with their lives after cancer. Survivors are empowered to achieve their educational, professional and personal goals. Grants and scholarships provided by the SAMFund cover a wide range of post-treatment financial needs such as (but not limited to): graduate tuition, student loans, car and health insurance premiums, rent, utilities, current and residual medical bills, fertility-related expenses, gym memberships and transportation costs. Applicants must be between 21 and 39, finished with active treatment and residents of the United States. Application process is once a year, beginning in June. Please see website for details.

thesamfund.org

617-938-3484

Susan Komen for the Cure College Scholarship Award Program

This program offers college scholarships. Must be no older than 25 years of age and be a U.S. citizen. Scholarships vary from state to state.

komen.org

877-465-6636

Ulman Cancer Fund for Young Adults

Two scholarships are open nationwide. One is for nursing students and one is for young adult cancer survivors.

ulmanfund.org

888-393-3863

Working Against Cancer Scholarship Program

This program assists young cancer survivors (30 years and younger) by providing awards toward academic and vocational education. A candidate must be a cancer survivor or recently diagnosed with cancer, but does not need to be currently receiving treatment to qualify.

workingagaincancer.org

626-914-2914

Young Cancer Survivor Scholarship Program, California Division Office

800-877-1710

Please contact Victoria Hudson.

vhudson@cancer.org

510-893-7900, Ext. 223

Legal Assistance

Organizations that assist cancer patients with medical/legal issues, including Medi-Cal, Medicare and disability rights

California Department of Fair Employment

611 W. 6th St., Suite 1500
Los Angeles, CA 90017

dfeh.ca.gov

800-884-1684

Cancer Legal Resource Center

This nonprofit, public interest advocacy organization champions the civil rights of people with disabilities, as well as those affected by cancer and other serious illness. They offer assistance for patients with issues dealing with Medical/Medicare.

cancerlegalresources.org

866-843-2572

Inner City Law Center

This center provides free legal services/aid in housing issues, veterans' benefits and homelessness prevention. They represent low-income tenants, working poor families, immigrants, people who are living with HIV/AIDS or are disabled, and veterans. They offer assistance in Section 8 Housing.

innercitylaw.org

213-891-2880

Legal Aid Foundation

This foundation provides civil legal aid to low-income residents of Los Angeles County.

lafla.org

562-435-3501

800-399-4529

Support Groups and Emotional Support

Alma Family Services

This clinic specializes in providing mental health services and support groups to persons diagnosed with major illnesses. Locations are in East L.A. and Long Beach.

9101 Whittier Blvd.
Pico Rivera, CA 90660
almafamilyservices.com
562-801-4626

American Cancer Society (ACS)

The ACS provides information on cancer prevention, treatment options, clinical trials, advocacy, local community resources and online educational workshops. Free wigs, turbans and breast prostheses may be available and limited transportation assistance is offered. Services are available 24 hours a day, seven days a week.

cancer.org
800-ACS-2345

Brain Tumor Support Group

Glendale Adventist Medical Center
Cancer Center Conference Room
Glendale, CA 91206
818-409-3530

Breast Cancer Support Group

Northridge Hospital Medical Center
Northridge, CA 91328
818-885-8471, ext. 2336 (Contact Doras)

Breast Cancer Support Group — African American

St. Mary Medical Center, 2nd Floor
Long Beach, CA 90813
mysistermyfriendbcs.net
866-542-6312

Camp Kesem

Camp Kesem is a nationwide community driven by passionate college student leaders that supports children through and beyond their parents' cancer. A program of Camp Kesem operates free summer camps for children who have been impacted by a parent's cancer.

campkesem.org
260-225-3736

Cancer Care

This group provides professional support for people affected by cancer. Learn how to receive free counseling from compassionate, professional oncology social workers. Participate in “Connect Education” interactive telephone workshops. Join online, telephone and/or face-to-face support groups. Seek financial assistance and more.

cancercare.org

info@cancercare.org

800-813-HOPE (800-813-4673)

Cancer Hope Network

This nonprofit organization matches adult cancer patients with trained volunteers who have undergone and recovered from a similar cancer experience. One-on-one telephone support is available.

cancerhopenetwork.org

877-467-3638

The Cancer Support Community

This group offers a resources help line, support groups, online groups and educational programs led by professionals for people with cancer and their loved ones.

cancer.org

888-793-9355

Carcinoid & Neuro-Endocrine Support Group

Glendale Adventist Medical Center

Cancer Center Conference Room

1509 Wilson Terrace

Glendale, CA 91206

818-409-3530

Carcinoid & Neuro-Endocrine Tumor Networking Group

Cancer Support Community — Redondo Beach

109 W. Torrance Blvd.

Redondo Beach, CA 90277

310-376-3550

Celebrando La Vida

Cancer Support Community — Redondo Beach

109 W. Torrance Blvd.

Redondo Beach, CA 90277

cancersupportredondobeach.org

310-376-3550

Celebrate Life Cancer Ministry

This multicultural health ministry for all cancer types offers support and education to cancer fighters, survivors, their caregivers and family.

2851 W. 20th St., Suite E185
Hawthorne, CA 90250

424-258-5433

Community Senior Services

This community based agency hosts support groups for family caregivers of people with chronic illnesses, including cancer, dementia and Alzheimer's.

Claremont, California

gtaylor@communityseniorservices.org
(909) 621-9900

General Cancer Support Group

Glendale Adventist Medical Center
Cancer Center Conference Room
1509 Wilson Terrace
Glendale, CA 91206

glendaleadventist.com
818-409-3530

Grupo de Apoyo

Cancer Support Community
Benjamin Center at California Hospital
1401 S. Grand Ave.
Los Angeles, CA 90015

310-314-2555, para más información.

Grupo Fuerza Y Esperanza

Cancer Support Community
Pasadena, CA 91105

cscpasadena.org
626-796-1083

Grupo para Mujeres con Cancer del Seno

Cancer Support Community — Benjamin Center
White Memorial Medical Center
Cecelia Gonzalez De La Hoya Cancer Center
1720 E. Cesar E. Chavez Ave.
Los Angeles, CA 90033

310-314-2555, para más información

Gynecologic Cancer Foundation

Gynecologic Cancer Foundation encourages women to join the sisterhood to connect with others facing similar challenges.

foundationforwomenscancer.org
FWCinfo@sgo.org
312-578-1439

Gynecological and Ovarian Cancer Support Group

Long Beach Memorial Medical Center
2810 Long Beach Blvd.
Long Beach, CA 90806

memorialcare.org
562-933-0900

Head and Neck Support Group

City of Hope
Duarte, CA 91010

CityofHope.org
626-256-4673, ext. 32273

HER2Support Group

HER2 Support Group are patients, caregivers, mothers, daughters, sons and husbands of breast cancer survivors who are HER2 positive. Patients and loved ones gather here to seek information about illness, and find newly diagnosed patients and long term survivors willing to share their experiences and knowledge.

her2support.org

Hope for Two: The Pregnant with Cancer Network

Hope for Two: The Pregnant with Cancer Network is an organization dedicated to providing women diagnosed with cancer while pregnant with information, support and hope.

pregnantwithcancer.org
800-743-4471

Imerman Angels

This group offers one-on-one cancer support. They connects a person fighting cancer, survivors and caregivers with someone who is familiar with the same experience. The service is free and helps anyone touched by any type of cancer, any age, living anywhere in the world.

imermanangels.org
877-274-5529

Kidney Cancer Support Group

Cedars-Sinai Medical Center
Samuel Oschin Comprehensive Cancer Institute
Los Angeles, CA 90048

cedars-sinai.edu
310-423-1582

Kids Konnected

This group offers support for children of cancer patients.

kidskonnected.org
800-899-2866

Latino Cancer Support Group for Survivors and Caregivers

Cancer Support Community
St. John's Cancer Center of Ventura County
Oxnard, CA 93030

CancerSupportVvsb.org
805-988-2641

The Leukemia & Lymphoma Society

This organization provides information, support and limited financial assistance to patients with blood cancers. Patients must qualify both medically and financially.

lls.org
800-955-4572

The Leukemia & Lymphoma Society Networking Group

This group meets at John's Cancer Center of Ventura County in Oxnard, California.

Cancer Support Community
Westlake Village, CA 91361

805-379-4777

Leukemia, Lymphoma and Multiple Myeloma Networking Group

Cancer Support Community — Redondo Beach
Redondo Beach, CA 90277

310-376-3550

Leukemia, Lymphoma and Multiple Myeloma Support Group

City of Hope
Duarte, CA 91010

CityofHope.org
626-256-4673, ext. 32273

Leukemia, Lymphoma and Myeloma Support Group

Pomona Valley Hospital Medical Center
Robert and Beverly Lewis Family Cancer Care Center
Pomona, CA 91767

pvhmc.org
909-865-9907

Little Company of Mary Women's Wellness Center

This center offers breast cancer support for patients.

514 N. Prospect Ave.
Redondo Beach, CA 90277

310-937-1984

Lung Cancer Networking Group

Cancer Support Community — Redondo Beach
Redondo Beach, CA 90277

310-376-3550

Lung Cancer Support Group

City of Hope
Duarte, CA 91010

CityofHope.org
626-256-4673, ext. 32273

Lung Cancer Support Group

Orange Coast Memorial Medical Center
Fountain Valley, CA 92708

memorialcare.org
714-378-7650 or 714-378-7000

Lymphedema Networking Group

Torrance Memorial Medical Center
Torrance, CA 90505

Contact CSC-Redondo Beach.

310-376-3550

Mommy Has Breast Cancer

Mommy Has Breast Cancer helps raise money to help struggling families and single mothers fight breast cancer.

mommyhasbreastcancer.org

Multiple Myeloma Support Group

Cancer Support Community
Westlake Village, CA 91361

805-379-4777

National Ovarian Cancer Coalition

National Ovarian Cancer Coalition provides information to assist newly diagnosed patients, hope to survivors and support to caregivers.

ovarian.org

nocc@ovarian.org

888-682-7426 or **214-273-4200**

Neuro-Endocrine Support Group

Cedars-Sinai Medical Center
Samuel Oschin Comprehensive Cancer Institute
Los Angeles, CA 90048

cedars-sinai.edu

310-423-1582

Oral, Head and Neck Cancer Support Groups

spohnc.org

800-377-0928

Ovarian Cancer Research Fund Alliance

Ovarian Cancer Research Fund Alliance provides education about ovarian cancer, supportive services to persons affected by ovarian cancer and fosters alliances to further those purposes.

ocrfa.org

info@ocrfa.org

212-268-5652

Pancreatic Cancer Drop-In Group

Cancer Support Community-Benjamin Center
Los Angeles, CA 90025

310-314-2555

People in Pain Network

This network offers pain self-management education and support groups.

pipain.com

Pink-Link: Online Support for Breast Cancer

Pink-Link is a nonprofit organization whose mission is to empower women in obtaining a healthy survivorship of breast cancer. An online support service for women, the website creates an intimate and personal link among the patient, survivor, friends and family, using an online searchable database, as well as other supportive services. The resulting connections give women the knowledge needed to promote life and enhance the quality of living with breast cancer.

pink-link.org
310-995-5204

Pomona Valley Hospital The Robert & Beverly Lewis Family Cancer Care Center

This center offers support groups, wellness programs, American Cancer Society's Look Good Feel Better classes, wig salon, yoga, deep relaxation and other programs.

1910 Royalty Drive
Pomona, CA 91767

pvhmc.org/#About_Cancer_Care_Center
909-865-9907

Prostate Cancer Group of Los Angeles

3824 Hughes Ave.
Culver City, CA 90034

310-743-2116

Prostate Cancer Support Group

Lutheran Church of the Master
Lancaster, CA 93535

661-942-3900

Prostate Cancer Support Group

MemorialCare Todd Cancer Institute
Long Beach, CA 90806

memorialcare.org
562-933-0900

Prostate Cancer Support Group

Orange Coast Memorial Medical Center
Fountain Valley, CA 92708

memorialcare.org
714-378-7950

Prostate Cancer: Gay Men's Prostate Group

L.A. Gay & Lesbian Center
The Village at Ed Gould Plaza
Los Angeles, CA 90038

310-314-2555

San Antonio Community Hospital

Women's Breast Imaging Center
Cancer Resource Center
901 San Bernardino Road, 3rd floor
Upland, CA 91786

909-579-6700

Sarcoma Alliance Networking Group

Cancer Support Community
Redondo Beach, CA 90277

310-376-3550

Sarcoma Support Group

Cedars-Sinai Medical Center
Samuel Oschin Comprehensive Cancer Institute
Los Angeles, CA 90048

cedars-sinai.edu

310-423-8045

Spanish Groups with Cancer Support Community

St. John's Regional Medical Center
Cancer Center of Ventura County
1700 N. Rose Ave., Oxnard, CA 93030

Contact Dian Martell.

dmartell@cancersupport22sb.org

805-988-2641 (cell)

Spanish Speaking Group

Harbor-UCLA Medical Center
Oncology Primary Care Diagnostic Center
Torrance, CA 90502

Contact CSC-Redondo Beach.

cancersupportredondobeach.org

310-376-3550

Stage IV — A Discussion Group

Cancer Support Community
Westlake Village, CA 91361

805-379-4777

Teen Impact

This group is for teens and young adults with cancer.

Children's Center for Cancer & Blood Diseases
Children's Hospital Los Angeles
4650 Sunset Blvd., #99
Los Angeles, CA 90027

**chla.org/blog/teen-impact
info@teenimpactprogram.com**

Telling Kids About Cancer

**tellingkidsaboutcancer.com
tellingkids@rti.org
800-334-8571, ext. 25128**

Thyroid Cancer Networking Group

Cancer Support Community
Redondo Beach, CA 90277

310-376-3550

Torrance Memorial Health System/Hunt Cancer Institute

This group's services include image enhancement services, Look Good Feel Better classes, Evelyn's Corner Cancer Survivor, Oncology Caregiver and Friends, Cancer Survivorship Support Group for Women, Bereavement Support, Cancer Survivors in Transition and Caregiver Support Group.

3330 Lomita Blvd., West Tower
Torrance, CA 90505

**torrancememorial.org
310-517-4665**

Well Spouse Association

This association provides peer support and education about special challenges and unique issues facing "well" spouses every day.

wellspouse.org

weSpark Cancer Support Center

This center offers a post-treatment support group for cancer patients who have completed treatment. Topics addressed concern how the cancer diagnosis has affected all areas of one's life. Some of the areas discussed are fear of recurrence, familial relationships, intimacy and sexuality, body image, career, finances and medical issues. Overall this group focuses on how to better adjust to life after cancer. Spanish groups are available.

13520 Ventura Blvd.
Sherman Oaks, CA 91423

WeSPARK.org
818-906-3022

When Cancer Enters Your Life Support Group

Pomona Valley Hospital Medical Center
Robert and Beverly Lewis Family Cancer Care Center
Pomona, CA 91767

pvhmc.org
909-865-9907

Woman to Woman

City of Hope

Woman to Woman is a unique support program that pairs gynecologic cancer patients with trained survivor volunteers who provide one-to-one emotional support and mentoring to women when they need it most. From the moment of diagnosis through the end of treatment, Woman to Woman survivor volunteers have helped hundreds of women and their families cope with gynecologic cancer.

City of Hope
Duarte, CA 91010
Program Coordinator: Michele Ochoa, M.S.W.

mochoa@coh.org

Women of Color

This group addresses African-American women with breast cancer.

301 N. Prarie Ave., Suite 420
Inglewood, CA 90301

310-330-5140

Women's Cancer Support Group

Cancer Support Community
Redondo Beach, CA 90277

cancersupportredondobeach.org
310-376-3550

Wonders & Worriers: A Family's Illness. A Child's Journey

Wonders & Worries helps ensure that children and teens continue succeeding even though their parent is going through an illness.

wondersandworries.org

info@wondersandworries.org

512-329-5757

Young Adult Drop-In Group

Cancer Support Community — Benjamin Center
1900 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

cancersupportcommunitybenjamincenter.org

310-314-2555

Young Adult Survivors Networking Group

Cancer Support Community
Westlake Village, CA 91361

CancerSupportVvsb.org

805-379-4777

YWCA Harbor Area

This group provides bilingual breast cancer support.

437 W. 9th St.
San Pedro, CA 90731

310-547-0831

LGBTQ Affirmative Resources

GLMA's LGBTQ-affirming health care provider directory

glma.org/index.cfm?fuseaction=Page.viewPage&pageId=939&grandparentID=534&parentID=938&nodeID=1

GLMA's Transgender Health Issues and Resources

glma.org/index.cfm?fuseaction=Page.viewPage&pageId=938&parentID=534

Health and Aging resources

hrc.org/topics/health-and-aging

BISEXUAL MEN AND WOMEN

Bisexual Resource Center

The Bisexual Resource Center envisions a world where love is celebrated, regardless of sexual orientation or gender expression. Because bisexuals today are still misunderstood, marginalized and discriminated against, the center is committed to providing support to the bisexual community and raising public awareness about bisexuality and bisexual people.

biresource.net

TRANSGENDER AND GENDERQUEER

National LGBT Cancer Network

The National LGBT Cancer Network is the only program in the country addressing the needs of all LGBT people with cancer and those at risk. Their work focuses on education, advocacy and training.

cancer-network.org

Take Care of That Body: Cancer Screening Program:

cancer-network.org/screening.php

National Resource Center on LGBT Aging

This center is a project of SAGE (Services and Advocacy for GLBT Elders) offering both physical and virtual resources and training for LGBT elders and the organizations that serve them.

lgbtagingcenter.org

Transgender Legal Defense & Education Fund

Transgender Legal Defense & Education Fund is committed to ending discrimination based upon gender identity and expression and to achieving equality for transgender people through public education, test-case litigation, direct legal services and public policy efforts.

transgenderlegal.org

Prostheses and Wigs

Organizations that offer free or reduced cost wigs and prosthetic equipment for individuals undergoing cancer treatment

Active Life

This group offers postmastectomy certified fitters and services, lymphedema garments and products, breast forms, bras and products.

4activelife.com

818-835-9441 (Canoga Park)

818-495-4610 (Glendale)

The ALL4ONE Alliance

This alliance provides financial assistance for breast prosthesis, postmastectomy bras and garments, and compression apparel for lymphedema. If you have had surgery to treat or prevent breast cancer, you may qualify. Eligibility is based on your financial situation and your diagnosis. Inquire at their website.

all4onealliance.org/support-4-women

American Cancer Society Wig Bank Southern California Locations

One-on-one consultations include one free wig per patient, finding a wig that will fit your lifestyle, and suggestions for using wigs, turban and scarves. Appointments are required.

cancer.org

800-227-2345

Pasadena

50 N. Hill Ave., Suite 200
Pasadena, CA 91106

Inside Huntington Memorial Hospital

Burbank

500 N. Victory Blvd.
Burbank, CA 91502

Long Beach

936 Pine Ave.
Long Beach, CA 90801

Sylmar

14445 Olive View Drive, Room 4D
Sylmar, CA 91342

Inside Olive View Hospital UCLA Medical Center

Valencia

25020 W. Ave. Stanford,
Unit 170
Valencia, CA 91355

Riverside

7209 Arlington Ave., Suite D
Riverside, CA 92503

Inside The Pink Ribbon Place

Rancho Mirage

39000 Bob Hope Drive
Rancho Mirage, CA 92270

*Inside Eisenhower Medical Center —
Lucy Curci Cancer Center*

Loma Linda

11234 Anderson St.
Shuman Pavilion, A220
Loma Linda, CA 92354

*Inside Loma Linda University Cancer Institute —
Cancer Resource Center*

Upland

Women's Breast and Imaging Center
901 San Bernardino Road, 3rd Floor
Upland, CA 91786

BeauBeau Scarves

This online resource sells head scarves designed specifically for hair loss due to chemotherapy, alopecia or other medical conditions. They also sell head scarves, sleep caps, headband scarves, swim caps and other items.

4women.com
941-362-0250

Beauty Bus Foundation

This foundation provides in-home beauty and grooming services free of charge, to men, women and children whose illness or condition prevents them from accessing a salon or spa. Please call or visit the website for service area in Los Angeles County. Please ask about Pop-Up Salons and the Bags of Beauty Program.

2716 Ocean Park Blvd., Suite 1062
Santa Monica, CA 90405

beautybus.org
beauty@beautybus.org
310-392-0900

Chemocessories

This group warms hearts one accessory at a time by collecting new and gently used scarves, turbans and jewelry, putting them into matching "sets" and donating them to women going through chemotherapy and hair loss.

chemocessories.org
chemocessories@gmail.com

Created Hair

This group provides wigs and medical hair loss solutions.

10390 Wilshire Blvd., Suite 306
Los Angeles, CA 90024

createdhair.com
877-367-9447

Crown City Orthopedic

This group offers breast prosthesis, bras and lymphedema products.

980 S. Arroyo Parkway, Suite 100
Pasadena, CA 91105

crowncityortho.com
626-431-2890

Fuzzy Navel Hair & Wig Salon

This salon offers private appointments and customized wigs.

7204 Melrose Ave.
Los Angeles, CA 90046

fuzzynavelsalon.com
323-939-4862

Godiva's Secret

This group offers wigs, hair loss products and accessories, as well as make-up for chemotherapy patients.

2412 E. Thousand Oaks Blvd. 22700 Ventura Blvd.
Thousand Oaks, CA 91362 Woodland Hills, CA 91364

godivassecretwigs.com
818-591-0883, for all locations

Good Samaritan Hospital; Helen's Room

Helen's Room offers free hats, wigs, scarves, breast prostheses and mastectomy bras that help with self-esteem and body image concerns. By appointment only.

goodsam.org
213-977-2429

Good Wishes

This nonprofit agency provides free of charge, one beautiful It's a Wrap or Good Wishes scarf to anyone experiencing the thinning or loss of hair as a result of illness or treatment. Request item online or by phone.

888-778-5998 (Toll Free)
goodwishesscarves.org

Headcovers Unlimited

This group offers a specialty selection of wigs, turbans, scarves and hats for cancer and other medical patients.

headcovers.com
800-264-4287

Helen's Room

860 Parkview Drive
North El Segundo, CA 90245

310-524-9429

Hip Hats with Hair

An alternative to wigs, Hip Hats with Hair are handcrafted, comfortable and stylish ways to address hair loss needs.

hatswithhair.com

877-447-4287

JC Penney

This store has mastectomy bras, breast forms, swimwear, accessories and trained fitters.

jcp.jodee.com

800-932-4115

Just in Time

By catalog and internet only, this store offers a variety of soft hats and turbans.

softhats.com

215-977-7777

Lymphedivas

This group offers medically correct fashion sleeves at half price! All of their garments are printed to order by hand, and sometimes errors occur in the printing process such as misprints or fading. They in turn sell these garments as seconds. All of their seconds provide the specified standard graduated compression for Class 1 and Class 2.

lymphedivas.com

866-411-3482

Nordstrom Prosthesis Program

This program's certified and confidential fitters are specially trained to fit women for all intimate apparel following a mastectomy, lumpectomy or other reconstructive surgery. Doctors' referral is requested. Please ask for the lingerie department.

shop.nordstrom.com/c/breast-prosthesis-program

Newport Beach — Fashion Island

949-610-0700

Irvine — Irvine Spectrum Center

949-255-2800

Arcadia — Santa Anita

626-821-6363

Redondo Beach — South Bay Galleria

310-542-9440

Thousand Oaks

805-418-4500

Glendale — Glendale Galleria

818-502-9922

Cerritos — Los Cerritos Center

562-924-0940

Santa Monica

310-752-2701

Los Angeles — The Grove

323-930-2230

Los Angeles — Westside Pavilion

310-470-6155

Pink Heart Funds

This nonprofit agency offers free breast prostheses and wigs for children and adults in the United States who do not have sufficient insurance coverage or are unable to afford the purchase of wigs or breast prostheses. A nominal shipping/handling fee may apply. Please call or visit the website for eligibility requirements.

pinkheartfunds.org

228- 575-8299

Sears Roebuck & Co.

This store has mastectomy bras and breast prosthesis by catalog and internet.

sears.com

800-326-1750

Tender Loving Care

This not-for-profit website and catalog of the American Cancer Society has wigs, hats, turbans and mastectomy products available for purchase. Call for orders or catalog.

tldirect.org

800-850-9445

Wigs for Kids

This nonprofit organization provides free hair replacement systems and support for children around the world who have lost their hair due to chemotherapy, radiation therapy, alopecia, trichotillomania, burns and other medical issues; for children ages 18 or younger who qualify.

wigsforkids.org

440-333-4433

In-home Supportive Services

In Home Supportive Services Program

This program helps pay for services to enable individuals who are 65 years of age or older, have disabilities or are blind to remain in their own homes. Eligibility is based on income.

ladpss.org/dpss/ihss

888-944-IHSS (888-944-4477)

State of California Home Health Service Referrals/In-Home Supportive Services

This organization provides referrals for in-home care, day care programs, care management services, meal programs, home modifications, transportation services, home health programs, health insurance counseling and other community resources.

888-944-IHSS (4477) or 213-744-4477

Integrative Therapies: Yoga, Acupuncture and other Mind-Body Practices

Blue Heart Acupuncture

This group offers treatments on a sliding scale of \$20 to 50, where patrons choose what they can afford.

1912 N. Batavia St., Suite J
Orange, CA 92865

blueheartacu.com
info@blueheartacu.com
714-798-4325

Cancer Fitness Program

Glendale Adventist Medical Center
2560 Colorado Blvd.
Los Angeles, CA 90041

glendaleadventist.com
323-255-5409

Center Point Community Acupuncture

6324 Coldwater Canyon Ave.
North Hollywood, CA 91606

cpacupuncture.com
cpcafrondesk@gmail.com
818-358-2178 (Spanish speaking)

Comedy Night

Cancer Support Community
530 Hampshire Road
Westlake Village, CA 91361

CancerSupportVvsb.org
805-379-4777

Dynamic Strength Training

Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105

cscpasadena.org
626-796-1083

Eagle Rock Community Acupuncture

This group's services are provided by licensed acupuncturists in community or common room; private rooms are available at an additional cost.

2042 Colorado Blvd.
Los Angeles, CA 90041

rcaclinic.com
ercaclinic@gmail.com
323-255-2700

The Feldenkrais Method

Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

cancersupportcommunitybenjamincenter.org
310-314-2555

Kids Drum Circle

Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

cancersupportcommunitybenjamincenter.org
310-314-2555

"Knotty Knitters"

Cancer Support Community — Ventura
530 Hampshire Road
Westlake Village, CA 91361

CancerSupportVvsb.org
805-379-4777

Long Beach Community Acupuncture

This group offers treatments on sliding scale fee of \$15 to \$40 with an initial consultation fee of \$10 for new patients.

301 Atlantic Ave., Suite D
Long Beach CA, 90802

longbeachcommunityacupuncture.com
infolongbeachca@gmail.com
562-477-5045

Meditation Circle

Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105

cscpasadena.org
626-796-1083

Meditation Group: Open Sitting

Cancer Support Community
530 Hampshire Road
Westlake Village, CA 91361

CancerSupportVvsb.org
805-379-4777

Mindfulness

Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

cancersupportcommunitybenjamincenter.org
310-314-2555

Mindfulness Meditation

Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277

cancersupportredondobeach.org
310-376-3550

Pilates

Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

cancersupportcommunitybenjamincenter.org
310-314-2555

Return to Wellness

This series of weekly meet-ups offers healthy lifestyle and physical activity for cancer survivors.

Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277

cancersupportredondobeach.org
310-376-3550

Robert Chu Acupuncture/Herbal Therapy

Robert Chu, Ph.D., L.Ac.
1028 N. Lake Ave., Suite 107
Pasadena, CA 91104

acuchu.com
chusauli@gmail.com
626-345-0441 (Clinic)

Singing Circle

Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

cancersupportcommunitybenjamincenter.org
310-314-2555

Slo-Poke Acupuncture

1000 Fremont Ave., Suite 130A
South Pasadena, CA 91030
(Enter Fremont Center Theatre from El Centro doors)

slo-pokeacupuncture.com
slopokeacupuncture@gmail.com
626-427-7653 (POKE)

Stress Reduction Group

Glendale Adventist Medical Center
Glendale, CA 91206

glendaleadventist.com
818-409-3530

Walking for Wellness at the Rose Bowl

Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105

cscpasadena.org
626-796-1083

Watercolor Art Class

Cancer Support Community — Valley/Ventura/Santa Barbara
530 Hampshire Road
Westlake Village, CA 91361

CancerSupportVvsb.org
805-379-4777

Watercolor Painting

Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105

cscpasadena.org
626-796-1083

Writing Drop-In Group

Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

cancersupportcommunitybenjamincenter.org
310-314-2555

Writing for Wellness

Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277

cancersupportredondobeach.org
310-376-3550

YOGA

Cancer Fitness Program

This free program is for cancer patients following surgery, radiation, and/or chemotherapy.

Glendale Adventist Medical Center (Outpatient Physical Therapy)

Eagle Rock Plaza

2560 Colorado Blvd.

Eagle Rock, CA 90041

323-255-5409

Chair Yoga for Cancer Survivors

The class teaches gentle yoga movements and relaxation techniques. It's good for any level of fitness.

Wear comfortable clothing. This class is located near the Staff Training Center, next to the Cancer Center.

Glendale Adventist Medical Center

Merrill Ave.

Glendale, CA 91206

818-409-8218

Mary Beth LaRue Yoga

Will work with young adult survivors on a sliding scale on a case-by-case basis, as well as pro bono with young adult survivors on a case-by-case basis.

mblarue.com

melarue@gmail.com

202-669-2063

Mission Street Yoga and Pilates

Yoga Therapeutics (for injury and cancer)

1017 Mission St.

South Pasadena, CA 91030

Visit the website for pricing and schedule.

missionstreetyoga.com

626-441-1144

Sara Zuboff, Peace in Practice Yoga & Massage Therapy

Providing yoga and massage therapy for people with conditions including Guillain Barre, breast cancer, rheumatoid arthritis, multiple sclerosis and pelvic dysfunction. Will work with young adult survivors on a sliding scale on a case-by-case basis.

Peace In Practice

Pilates Westwood

1309 Westwood Blvd.

Los Angeles, CA 90024

peaceinpractice.com

sara@peaceinpractice.com

310-867-4891

Therapeutic Yoga for Cancer

Yoga House
11 W. State St.
Pasadena, CA 91105

This group is one block north of City of Hope | South Pasadena. The cost is free to patients with cancer.

626-403-3961

Yoga at Cancer Support Community

The Cancer Support Community (CSC) offers a comprehensive supportive and educational environment to help people going through the cancer journey. Services include weekly support groups, educational seminars, stress reduction, yoga and strength training. Orientation is a first step to accessing CSC's many community based services.

cancersupportcommunity.org/find-affiliate
888-793-9355

Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

310-314-2555

Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105

626-796-1083

Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277

310-376-3550

*Welcome to Wellness Meeting is
required prior to attendance.*

Cancer Support Community —
San Fernando Valley
Our Redeemer Lutheran Church
8520 Winnetka Ave.
Winnetka, CA 91306

818-407-1695

Cancer Support Community —
San Fernando Valley
The Granada Pavilion
11128 Balboa Blvd.
Granada Hills, CA 91344

818-468-8606

Cancer Support Community — Ventura
530 Hampshire Road
Westlake Village, CA 91361

805-379-4777

Gilda's Club Desert Cities —
A Cancer Support Community Affiliate
73555 Alessandro Drive
Palm Desert, CA 92260

gildasclubdesertcities.org
760-770-5678

This organization is an essential complement to medical care, providing network and support groups, workshops, education and social activities. Visit website for details.

ZUMBA

Zumba is a Latin-inspired dance fitness class that incorporates Latin and international music with simple dance movements.

Cancer Support Community-Benjamin Center

1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025
6:15 to 7 p.m., every Tuesday

310-314-2555

Life After Cancer: Survivorship Support

ABCD: After Breast Cancer Diagnosis

This national nonprofit offers support from a survivor mentor via a national helpline staffed by ABCD Mentors and former Y-ME Peer Counselors.

abcdbreastcancersupport.org

800-977-4121 — Breast Cancer Helpline

414-977-1780 — Main/Program Services

American Cancer Society's Cancer Resource Center

Provides educational materials and American Cancer Society program information to assist patients and families with understanding cancer treatment and enhance quality of life. Please call for locations.

cancer.org

800-227-2345

Bloch Cancer Hot Line

This program of the R.A. Bloch Cancer Foundation is for people with cancer and their families. Call toll free to speak with a survivor of your type of cancer.

blohcancer.org

800-433-0464

Breast Cancer Support — “Reach to Recovery”

A Program of the American Cancer Society

Contact with a woman facing a diagnosis of breast cancer by a breast cancer survivor.

All visitors are trained and certified by Reach to Recovery standards.

cancer.org

800-227-2345

Cancer Hope Network

Cancer Hope Network is a national, nonprofit support organization which offers free, one-on-one emotional support to adult cancer patients and their families. This support is provided via telephone by 400 trained volunteers who have all been through a similar cancer experience, have recovered and are once again leading productive lives. By giving recently diagnosed patients the gift of hope, they help them to successfully cope with their cancer and its treatment.

cancerhopenetwork.org

908-879-4039

Cancer Survivors Network

This network is an internet-based emotional support system created by and for cancer survivors and caregivers. The Cancer Survivors Network allows you to communicate with people nationwide to find encouragement and support from those who have lived the cancer experience.

cancer.org/csn

Living Beyond Breast Cancer (LBBC)

This nonprofit organization is dedicated to empowering all women affected by breast cancer to live as long as possible with the best quality of life. Find up-to-date information whether you are newly diagnosed, in treatment, recently completed treatment, are years beyond or are living with metastatic breast cancer.

When you have questions, need someone to listen or don't know where to turn, call LBBC Helpline. Your call will be answered by another woman who knows what you're feeling — a woman who has experienced breast cancer. Whatever your circumstances, we can help.

lbbc.org

888-753-5222

MetaCancer — a community of survivors and caregivers.

This group provides resources and online support for metastatic cancer survivors and their caregivers.

metacancer.org

Metastatic Breast Cancer Network

The Metastatic Breast Cancer Network produces and offers a wide variety of up-to-date information and resources for people dealing with metastatic breast cancer.

mbcn.org

Online Support: Group Loop for Adults Affected by Cancer

At this safe and fun online community, teens affected by cancer can meet and connect. It has 24-hour-a-day live discussion boards, instant messenger, video journals, a personal blog and access to other teens.

grouploop.org

888-793-9355

Stupid Cancer

Stupid Cancer is a nonprofit organization that empowers young adults (15 to 39) affected by cancer through innovative and award-winning programs and services. They offer age-appropriate support to cancer directories, blogs, webcasts and advocacy tools. Their charter is to ensure that no one goes unaware of the assistance they are entitled to so they can get busy living. Links are provided to many financial resources.

stupidcancer.org/index.shtml

Susan G. Komen for the Cure Affiliates

This group offers education, information and resources. Their Linking A.R.M.S. (Assistance & Resources Made Simple) program is dedicated to providing financial assistance, education and support services to low-income, underinsured or uninsured breast cancer survivors. Those eligible may receive limited financial assistance for treatment, pain and anti-nausea medication, child care, transportation, lymphedema care and durable medical equipment.

komen.org

877-465-6636 (national hotline)

951-676-7465 (Inland Empire)

310-575-3011 (Los Angeles)

714-957-9157 (Orange County)

858-573-2760 (San Diego)

TNBC — Triple Negative Breast Cancer Foundation

The helpline is staffed by experienced oncology social workers with specific knowledge of triple-negative breast cancer. They are a credible source for triple-negative breast cancer information, a catalyst for science and patient advocacy groups, and a caring community with meaningful services for patients and their families.

tnbcfoundation.org

646-942-0242

Lodging Assistance

Extended Stay America

The American Cancer Society has a partnership with Extended Stay America, to offer free or reduced rate overnight hotel stays to cancer patients who must travel for outpatient treatment and need assistance with lodging. The program is open to cancer patients of all ages, including pediatric patients accompanied by a parent and patients traveling with children. All accommodations are provided based on eligibility requirements and are subject to availability and to restrictions imposed by the participating hotels. Requests for lodging are met on a first-come, first-served basis.

800-227-2345

Joe's House — A Lodging Guide for Cancer Patients

Joe's House works with hotels and other lodging facilities to centralize inventory and provide medical discounts to cancer patients. The website offers a consolidated accommodations list that caters to cancer patients, their families and caregivers. Some of their lodging options accept any patient, regardless of illness. Please visit the website and click on "Lodging" to find a location.

joeshouse.org

877-563-7568

Grief and Bereavement Support

Some organizations offering grief and bereavement support may have a religious affiliation. Please check with the organization before attending.

City of Hope Bereavement Support Group

This group has 12 weekly meetings where spouses, close relatives, parents, siblings and children learn about grief, mourning, healing, communication and coping strategies. Maybe more important, they find companionship and validation from others experiencing similar profound loss, disconnect and confusion about how to move forward. Dates vary; please contact Tiffany Yang.

tiyang@coh.org

626-218-0243

The Compassionate Friends

The Compassionate Friends offer support groups for parents who have lost a child. The organization has chapters across the state of California.

compassionatefriends.org/find-support/chapters/chapter-locator

630-990-0010

Inland Empire Chapter

5500 Alessandro Blvd.
Riverside, CA 92506

951-265-3820 (Kristan)

Orange Coast/Irvine Chapter

20 Lake Road
Irvine, CA 92604

714-504-7042 (Janice)

Orange County Chapter 1

1119 Lambert Drive South
Fullerton, CA 92833-3956

compassionatefriendsoc.com

562-943-2269 (Yolanda)

714-335-4763 (George)

Orange County Chapter 2

820 W. Imperial Highway
Brea, CA 92821

compassionatefriendsoc.com

562-943-2269 (Yolanda)

714-335-4763 (George)

Pomona-San Gabriel Valley Chapter

5500 Francis Ave.
Chino, CA 91710

626-919-7206

San Fernando Valley Chapter

5601 De Soto Ave.
Woodland Hills, CA 91367

818-267-6105

Santa Clarita Valley Chapter

26889 Bouquet Canyon Road
Santa Clarita, CA 91350

compassionatefriends-scv.org

661-252-4654 (Diane)

661-373-5070

South Bay/LA Chapter 1

415 Paseo Del Mar
Palos Verdes Estates, CA 90274

tcfsla.org

310-963-4646

South Bay/LA Chapter 2

25343 Crenshaw Blvd.
Torrance, CA 90505

tcfsbla.org

714-504-7042 (Janice)

TCF of Antelope Valley

1608 W. Ave., K8
Lancaster, CA 93534

661-609-0634 (Stacey)

TCF of Los Angeles

5870 W. Olympic Blvd.
Los Angeles, CA 90036

tcfla.org

310-474-3407

TCF of Newport Beach

801 Narcissus Ave.
Newport Beach, CA 92625

917-703-3414 (Basia)

TCF of South Los Angeles

1801 E. Century Blvd.
Los Angeles, CA 90002

323-546-9755

TCF Redlands CA Chapter

2 W. Olive Ave.
Redlands, CA 92373

800-717-0373

Verdugo Hills Chapter

1812 Verdugo Blvd.
Glendale, CA 91208

818-236-3635

tcf-verdugo.org

Victor Valley Chapter

17150 C St.
Victorville, CA 92395

760-486-1212 (Olga)

The Gathering Place

5315 Torrance Blvd., Suite B-1
Torrance, CA 90503

griefcenter.info/welcome.html

310-546-6407

GriefShare

GriefShare seminars and support groups can be found across the United States and Canada.

griefshare.org/findagroup

800-395-5755

New Hope Grief Support Community

This group charges \$40 for a nine-week series. They offer a sliding-scale; fees can be waived. No one is turned away.

3443 San Anseline Ave.
Long Beach, CA 90808

newhopegrief.org

562-429-0075

Pathways Hospice

3701 Michelson St.
Lakewood, CA 90712

pathwayshospice.org/grief-support

562-531-3031 (grief counselor)

Online Social Networking: Stay Connected Along the Cancer Journey

City of Hope's Hopeful.org

A place for patients, families, survivors and caregivers to connect with each other, receive support and find City of Hope resources, information and education.

City of Hope on Facebook

facebook.com/cityofhope

The Sheri & Les Biller Patient and Family Resource Center on Facebook

facebook.com/cityofhope.billerresourcecenter

American Cancer Society's Circle of Sharing

cancer.org/circleofsharing

CaringBridge

caringbridge.org

Colorectal Cancer Community

ccalliance.org

The Leukemia & Lymphoma Society Community

community.lls.org

Lots a Helping Hands

lotsahelpinghands.com

Planet Cancer

Livestrong

livestrong.org

Share the Care

sharethecare.org

Youth Survival Coalition

youngsurvival.org

ADDITIONAL ONLINE RESOURCES

There are many other online resources with useful information for people with breast cancer and their families. Take advantage of all the information to help you learn more and stay well-informed.

Association of Cancer Online Resources

acor.org

National Breast Cancer Coalition

stopbreastcancer.org

800-622-2838

National Cancer Institute

cancer.gov

800-4-CANCER (800-422-6237)

National Coalition for Cancer Survivorship

canceradvocacy.org

People Living Through Cancer

centerforprofitexcellence.org/mdd-project/people-living-through-cancer/2014-7-22

Susan G. Komen for the Cure

komen.org

Young Survival Coalition

youngsurvival.org

877-972-1011

Community Health Centers and Primary Care Providers

Having a regular primary care physician (family doctor or nurse practitioner) is very important for staying healthy. Regular follow-up visits with your primary care provider, even when you feel healthy, can help prevent small problems from becoming big.

Most of the clinics, doctors and other health care centers listed below provide high quality medical and social services at reduced prices. They accept health insurance, Medicare, Medi-Cal and low-income county-based health coverage programs. Many also offer sliding scale fees for doctor/nurse visits and medications. Their health advocates can help you and your family find what health care coverage programs you may be eligible for, including Covered California or cancer detection and prevention programs.

AltaMed Health Services — Los Angeles County

This nonprofit community health center provides comprehensive primary care health services.

888-499-9303

altamed.org

AltaMed Medical Group
2219 E. 1st St.
Los Angeles, CA 90033

**AltaMed Medical Group
at Hollywood Presbyterian
Medical Center**
Patient Tower, First Floor
1300 N. Vermont Ave.
Los Angeles, CA 90027

323-454-6940

**AltaMed Medical
Group — Commerce**
5427 Whittier Blvd.
Los Angeles, CA 90022

**AltaMed Medical Group —
Estrada Courts**
1305 S. Concord St., Suite 18
Los Angeles, CA 90023

**AltaMed Medical Group —
Pico Rivera, Slauson**
9436 E. Slauson Ave.
Pico Rivera, CA 90660

562-949-6069

**AltaMed Medical and Dental
Group — West Covina**
1300 Sunset Ave.
West Covina, CA 91790

626-960-6999

**AltaMed Health Insurance
Resource Center**
5436 Whittier Blvd.
Los Angeles, CA 90022

877-462-2582

**AltaMed Medical and
Dental Group — Bell**
6901 Atlantic Ave.
Bell, CA 90201
323-562-9222 (Dental)

**AltaMed Medical Group —
East Los Angeles, 1st Street**
2219 E. 1st St.
Los Angeles, CA 90033

**AltaMed Medical Group —
Huntington Park**
1900 E. Slauson Ave.
Huntington Park, CA 90255

**AltaMed Medical Group —
Pico Rivera, Passons**
6336 Passons Blvd.
Pico Rivera, CA 90660

562-949-0965

**AltaMed Medical Group —
Westlake**
2105 Beverly Blvd., Suite 117
Los Angeles, CA 90057

213-413-8742

AltaMed General Pediatrics at Children's Hospital Los Angeles
4650 Sunset Blvd., MS 76
Los Angeles, CA 90027
323-669-2113

AltaMed Medical and Dental Group — Boyle Heights
3945 Whittier Blvd.
Los Angeles, CA 90023
323-307-0449 (Dental)

AltaMed Medical and Dental Group — El Monte
10418 Valley Blvd., Suite B
El Monte, CA 91731
626-453-8466 (Dental)

AltaMed Medical Group — Ramona Gardens
1424 Crusado Lane, Suite 168
Los Angeles, CA 90033
323-226-0623

AltaMed Medical Group — Montebello
2321 W. Whittier Blvd.
Montebello, CA 90640
323-724-5232

AltaMed Medical Group — William Mead
268 E. Bloom St., Suite 322
Los Angeles, CA 90012
323-276-0267

AltaMed Health Services — Orange County

888-499-9303
altamed.org

AltaMed Health Insurance Resource Center
2720 S. Bristol St., #104
Santa Ana, CA 92704
877-462-2582

AltaMed Medical Group — Garden Grove
12751 Harbor Blvd.
Garden Grove, CA 92840

AltaMed Medical Group — Santa Ana, Bristol
2720 S. Bristol St., #101
Santa Ana, CA 92704

AltaMed Medical and Dental Group — Anaheim, Lincoln
1814 W. Lincoln Ave.,
Anaheim, CA 92801
Dental **714-399-0487**

AltaMed Medical and Dental Group — Huntington Beach
8041 Newman Ave.
Huntington Beach, CA 92647
714-500-0400 (Dental)

AltaMed Medical Group — Santa Ana, Central
1155 W. Central Ave.,
Suites 104-107
Santa Ana, CA 92707

AltaMed Medical Group — Anaheim, Lincoln — West
1820 W. Lincoln Ave.
Anaheim, CA 92801

AltaMed Medical Group — Orange
4010 E. Chapman Ave.
Orange, CA 92869

AltaMed Medical and Dental Group — Santa Ana, Main
1400 N. Main St.
Santa Ana, CA 92701
714-352-7332 (Dental)

Antelope Valley Community Clinic

avclinic.org
661-942-2391

LANCASTER LOCATIONS:

Antelope Valley Community Clinic, Health and Wellness
Services Provided: Primary Care, Dental Services, Mental Health, Psychiatry, Podiatry, Endocrinology and Cardiology
45104 10th St. West
Lancaster, CA 93534

Antelope Valley Community Clinic, Urgent Care/Walk-In Clinic
Urgent Care/Walk-in clinic is for conditions that require prompt attention, but do not pose an immediate, serious threat to your health or life.
45104 10th St. West
Lancaster, CA 93534

AVCC Adult Day Health Care

At this facility, services provided include respite, therapeutic recreation and activity programs for adults with physical impairments, including those who have had strokes, traumatic brain injuries, other physical disabilities, mental illness or memory impairment.

858 Jackman St., #101
Lancaster, CA 93534

661-942-1228

PALMDALE LOCATION:

Antelope Valley Community Clinic — Palmdale

At this clinic, services provided include primary care, dental, mental health and psychiatry.

2151 E. Palmdale Blvd.
Palmdale, CA 93550

Arroyo Vista Family Health Center

This nonprofit community health center provides comprehensive primary care health services.

arroyovista.org

LOCATIONS:

Arroyo Vista Family Health Center

6000 N. Figueroa St.
Los Angeles, CA 90042

Arroyo Vista Family Health Center — Huntington Drive

4837 Huntington Drive
North, Suite A
Los Angeles, CA 90032

Arroyo Vista Family Health Center — Lincoln Height

2411 N. Broadway
Los Angeles, CA 90031

Arroyo Vista Family Health Center — Loma Drive

303 S. Loma Drive,
Suite 202
Los Angeles, CA 90017

Arroyo Vista Family Health Center — El Sereno

4815 Valley Blvd, Suite C
Los Angeles, CA 90032

Arroyo Vista Family Health Center — El Sereno Mobile

6000 N. Figueroa St.
Los Angeles, CA 90042

Bartz-Altadonna Community Health Center

43322 Gingham Ave., Suite 105
Lancaster, CA 93535

661-874-4050

Central City Community Health Center

This nonprofit community health center provides comprehensive primary care health services.

centralcityhealth.org

Anaheim Health Center

2237 W. Ball Road
Anaheim, CA 92804

714-490-2750

El Monte Clinic

10050 Garvey Ave., #111
El Monte, CA 91733

626-652-0790

Downtown L.A. Clinic

1730 W. Olympic Blvd. #150
Los Angeles, CA 90015

213-553-1830

Norco Health Center

1860 Hamner Ave.
Norco, CA 92860

951-479-0070

Baldwin Park Clinic #1

4126 N. Maine Ave.
Baldwin Park, CA 91706

626-653-0800

Indio Health Center

81709 Dr. Carreon Blvd.
Suite D-1 Indio, CA 92201

760-342-3336

Los Angeles Health Center

5970 S. Central Ave.
Los Angeles, CA 90001

323-234-3280

Baldwin Park Clinic #2

4160 N. Maine Ave., Suite B1
Baldwin Park, CA 91706

626-384-2400

La Puente Clinic

13742 Amar Road
La Puente, CA 91746

626-919-0400

Garden Grove Health Center

12511 Brookhurst St., 2nd Floor
Garden Grove, CA 92840

714-643-7176

Central Neighborhood Health Foundation

This nonprofit community health center provides comprehensive primary care health services.

cnhfclinics.org

Central

2707 S. Central Ave.
Los Angeles, CA 90011

323-234-5000

Inglewood

2710 W. Manchester Blvd.
Inglewood, CA 90305

323-778-4310

Grand

2614 S. Grand Ave.
Los Angeles, CA 90007

323-234-5000

H Street

1329 N. H St.
San Bernardino, CA 92405

909-381-0803

Fontana

7965 Sierra Ave.
Fontana, CA 92336

909-356-4459

Chinatown Service Center Family Health Clinic

This nonprofit community health center provides comprehensive primary care health services.

767 N. Hill St., Suite 200
Los Angeles, CA 90012

cscla.org

213-808-1700

Clinica Monsenor Oscar A Romero

This nonprofit community health center provides comprehensive primary care health services.

clinaromero.com

Boyle Heights

2032 Marengo St.
Los Angeles, CA 90033

213-989-7700

Pico-Union

23 S Alvarado St.
Los Angeles, CA 90057

213-989-7700

Comprehensive Community Health Center

This nonprofit community health center provides comprehensive primary care health services.

cchcenters.org

Highland Park

5059 York Blvd.
Los Angeles, CA 90041

323-344-4144

North Hollywood

12157 Victory Blvd.
North Hollywood, CA 91606

818-755-8000

Glendale

801 S. Chevy Chase Drive, Suite 250
Glendale, CA 91205

818-265-2264 (Medical)

818-265-2259 (Dental)

Eagle Rock

1704 Colorado Blvd.
Los Angeles, CA 90041

323-256-4116 (Medical)

323-543-2444 (Dental)

Crenshaw Community Health Center

This nonprofit community health center provides comprehensive primary care health services.

3756 Santa Rosalia Drive, Suite 400
Los Angeles, CA 90008

wattshealth.org

323-568-5460

Eisner Pediatric & Family Medical Center

This nonprofit community health center provides comprehensive primary care health services.

1530 S. Olive St.
Los Angeles, CA 90015

pedcenter.org

213-747-5542

Hubert Humphrey Comprehensive Health Center

5850 S. Main St.
Los Angeles, CA 90003

323-897-6000

818-846-4312 (appointments)

Urgent care is available until midnight.

dhs.lacounty.gov/wps/portal/dhs/humphrey

Los Angeles Christian Health Centers

311 Winston St.
Los Angeles, CA 90013

lachc.com

213-893-1960

Los Angeles Christian Health Centers-Pico Aliso

1625 E. 4th St.
Los Angeles, CA 90033

lachc.com

Magnolia Community Health Center

chsica.org/magnolia.htm

LOCATIONS:

Bloomington Community Health Center

18601 Valley Blvd.
Bloomington, CA 92316

909-546-7520

Fallbrook Family Health Center

1328 S. Mission Road
Fallbrook, CA 92028

760-451-4720

Magnolia Community Health Center

9380 Magnolia Ave.
Riverside, CA 92503

951-373-5620

951-373-5630 (Dental)

Moreno Valley Family Health Center

22675 Alessandro Blvd.
Moreno Valley, CA 92553

951-571-2350

951-571-2365 (Dental)

University Community Health Center

2933 University Ave.
Riverside, CA 92507

951-224-8220

951-224-8230 (Dental)

Mission City Community Network Inc.

mccn.org

818-895-3100

LOCATIONS:

La Puente Clinic

1025 N. Willow Ave.
La Puente, CA 91746

Northridge Clinic

8363 Reseda Blvd., Suite 11
Northridge, CA 91324

Parthenia Clinic

15206 Parthenia St.
North Hills, CA 91343

Mission Hills Clinic

10200 Sepulveda Blvd., #300A
Mission Hills, CA 91345

Orange Grove Clinic

1818 N. Orange Grove, #205
Pomona, CA 91767

Victorville

15201 11th St.
Victorville, CA 92395

Monrovia Clinic

513 E. Lime St., Suite 103
Monrovia, CA 91016

Panorama Clinic

8771 Van Nuys Blvd.
Panorama, CA 91402

Sepulveda Clinic

8527 Sepulveda Blvd.
North Hills, CA 91343

Northeast Community Clinic

northeastcommunityclinics.com

888-311-6322

LOCATIONS:

Northeast Community Clinic

5428 N. Figueroa St.
Los Angeles, CA 90042

323-256-3884

Northeast Community Clinic — Foshay Clinic

1414 S. Grand Ave., Suite 380
Los Angeles, CA 90015

213-222-1300

Northeast Community Clinic — Women's Health Clinic

5820 N. Figueroa St.
Los Angeles, CA 90042

323-255-6000

Northeast Community Clinic — Grand

1400 S. Grand Ave., Suite 700
Los Angeles, CA 90015

213-765-7500

Northeast Valley Health Corporation

nevhc.org

LOCATIONS:

SAN FERNANDO VALLEY

818-270-9777

Canoga Park Health Center

7107 Remmet Ave.
Canoga Park, CA 91303

818-340-3570

San Fernando Health Center

1600 San Fernando Road
San Fernando, CA 91340

818-365-8086

SANTA CLARITA VALLEY

661-705-2040

Santa Clarita Health Center

18533 Soledad Canyon Road
Santa Clarita, CA 91351

661-673-8800

Pacoima Health Center

12756 Van Nuys Blvd.
Pacoima, CA 91331

818-896-0531

Sun Valley Health Center

7223 N. Fair Ave.
Sun Valley, CA 91352

818-432-4400

Valencia Health Center

23763 Valencia Blvd.
Valencia, CA 91355

661-287-1551

QueensCare Health Centers

queenscarehealthcenters.org

323-635-1140

QueensCare Health Centers — Hollywood

4618 Fountain Ave.
Los Angeles, CA 90029

323-953-7170

QueensCare Health Centers —

East Third Street

4816 E. 3rd St.
Los Angeles, CA 90022

323-780-4510

QueensCare Health Centers — Echo Park

150 N. Reno St.
Los Angeles, CA 90026

213-380-7298

QueensCare Health Centers — Eagle Rock

4448 York Blvd.
Los Angeles, CA 90041

323-344-5233

Riverside Community Health Foundation

rchf.org

951-788-3471

LOCATIONS:

Eastside Health Center

1970 University Ave.
Riverside, CA 92507

951-213-3450 (Medical)

951-213-3460 (Dental)

Arlanza Family Health Center

8856 Arlington Ave.
Riverside, CA 92503

951-710-3970 (Medical)

951-710-3980 (Dental)

Riverside Neighborhood Health Center

rivco-familycarecenters.org

LOCATIONS:

Riverside Neighborhood Health Center

7140 Indiana Ave.
Riverside, CA 92504

951-358-6000

Corona Family Care Center

505 S. Buena Vista Ave., Suite #101
Corona, CA 92882

951-272-5445

Jurupa Family Care Center

9415 Mission Blvd.
Riverside, CA 92509

951-360-8795

Banning Family Care Center

3055 W. Ramsey St.
Banning, CA 92220

951-849-6794

The Saban Free Clinic — Beverly Health Center

8405 Beverly Blvd.
Los Angeles, CA 90048

sabancommunityclinic.org

323-653-1990

South Central Family Health

4425 S. Central Ave.
Los Angeles, CA 90011

scfhc.org

323-908-4200

St. Anthony Medical Center — Hollywood Clinic

6368 Hollywood Blvd.
Los Angeles, CA 90028

stanthonymedical.org

323-469-5555

St. Anthony Medical Center — Imperial

837 W. Imperial Highway
Los Angeles, CA 90044

stanthonymedical.org
323-755-9555

St. Anthony Medical Center — Pico Clinic

2515 W. Pico Blvd.
Los Angeles, CA 90006

stanthonymedical.org
213-384-4555

St. John's Well Child & Family Center

5701 S. Hoover St.
Los Angeles, CA 90037

wellchild.org
323-541-1616

St. John's Well Child & Family Center

808 W. 58th St.
Los Angeles, CA 90037

wellchild.org
323-541-1400

T.H.E. Clinic at Ruth Temple Health Center

3834 S. Western Ave.
Los Angeles, CA 90062

tohelpeveryone.org
323-730-1920

Umma Community Clinic

711 W. Florence Ave.
Los Angeles, CA 90044

ummaclinic.org
323-789-5610

United American Indian Involvement

1125 W. 6th St., Suite 103
Los Angeles, CA 90017

uaii.org
213-202-3977

Universal Community Health Center

1005 E. Washington Blvd., Suite A
Los Angeles, CA 90021

uchcla.org
213-745-3626

Watts Health Center

10300 Compton Ave.
Los Angeles, CA 90002

wattshealth.org
323-564-4331

Wesley Health Centers — JWCH Institute

This nonprofit community health center provides comprehensive primary care health services.

jwchinstitute.org

LOCATIONS:

Weingart Center

515 E. 6th St.
Los Angeles, CA 90021

213-689-2131

Center for Community Health Downtown

522 S. San Pedro St.
Los Angeles, CA 90013

213-486-4050

Wesley Health Centers — Bellflower

14371 Clark Ave.
Bellflower, CA 90706

562-867-7999 and **866-733-5924**

Wesley Health Centers — Downey

8530 Firestone Blvd.
Downey, CA 90241

562-867-7999

Wesley Health Centers — Hacienda Heights

15898 E. Gale Ave.
Hacienda Heights, CA 91745

562-867-7999

Wesley Health Centers — Lynwood

3591 E. Imperial Highway
Lynwood, CA 90262

562-867-7999 and **866-733-5924**

Wesley Health Centers — Pasadena

1845 N. Fair Oaks Ave.
Pasadena, CA 91103

562-867-7999

Wesley Health Centers — Norwalk

12360 Firestone Blvd.
Norwalk, CA 90650

562-867-7999 and **866-733-5924**

Wesley Health Centers — East Hollywood

954 N. Vermont Ave.
Los Angeles, CA 90029

562-867-7999 and **866-733-5924**

Wesley Health Centers — Bell Gardens

6912 Ajax Ave.
Bell Gardens, CA 90201

562-867-7999 and **866-733-5924**

Free Computer Use And Other Public Library Services

Public libraries are an excellent place for finding resources in both the community and also inside the library itself. Many branches have free computer access for public use, including internet use, word processing and printing services (at a small cost per page), photocopy and faxing services.

To find your nearest public library, visit the Southern California Libraries Cooperative at socallibraries.org/libraries.

Los Angeles Public Library

Word processing services offered include Microsoft Word, Wordpad and Adobe PDF software. Bring your own flash drive; save to Google Docs.

lapl.org/collections-resources/word-processing

ONLINE LEARNING RESOURCES

lapl.org/collections-resources/online-learning

SERVICES FOR PEOPLE WITH DISABILITIES

lapl.org/about-lapl/ada

Programs include:

Homebound Friends and Neighbors: Homebound library patrons may choose a friend or neighbor to pickup and return library materials. To apply for a homebound library card, or if you need additional information about this service, contact your local branch, call the Circulation Support Office **213-228-7065**, or visit lapl.org/sites/default/files/media/pdf/homebound_card_app.pdf to print out and mail in an application.

Audiobook and e-Audiobook Collection: Audiobooks are available from the Central Library and branches of the Los Angeles Public Library in all subject areas. In addition, e-audiobooks are accessible through the Library's e-Media lapl.org/collections-resources/e-media home page.

Large Type Book Collection: Large type books are available from the Central Library and many Los Angeles Public Library branches. The Central Library collection is located in the Literature and Fiction Department on the third floor. Contact your local branch to find out how you can request for large type books to be delivered to your local branch.

Sheri & Les Biller Patient and Family Resource Center

City of Hope — Duarte Campus

1500 E. Duarte Road

Duarte, CA 91010

In Main Medical Building, behind the fountain

Work, School and Cancer: Legal and Financial Resources and Information

Cancer and Careers

This organization provides resources and information on returning to work after treatment, searching for a new job and other resources.

cancerandcareers.org

Cancer Legal Resource Center

Cancer Legal Resource Center (CLRC) provides education and advocacy services for people with disabilities, cancer and other serious illness. Services and education include job protection during treatment, how to access health care and government benefits, taking medical leave and estate planning.

(866) THE-CLRC (843-2572)

213-487-2106

CLRC@drlcenter.org



CityofHope.org