LOCAL, NATIONAL AND INTERNET RESOURCES

TO SUPPORT PEOPLE AND FAMILIES WITH CANCER THROUGH DIAGNOSIS, TREATMENT AND BEYOND

Because you don’t have to go through cancer alone ...

Patient, Family and Community Education
Department of Supportive Care Medicine
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## Disclaimer:

The following resources are listed as a convenience for our patients and do not constitute an endorsement by City of Hope.

Many of these resources may be updated or discontinued without notifying us. If you have any changes you would like to report to City of Hope, please email us at patienteducation@coh.org.
Many of the assistance programs listed in this guide are income-based and use the Federal Poverty Level (FPL) guidelines to set eligibility. Some programs limit participant’s income to some percentage of the FPL, such as 138 percent or 200 percent.

Please consult the FPL guide below to determine your income eligibility.

<table>
<thead>
<tr>
<th>Persons in Household</th>
<th>100% FPL</th>
<th>138% FPL</th>
<th>250% FPL</th>
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If your household is larger than eight people, add $4,180 for each additional person.
Financial Resources

*Resources and tools to help individuals cope with the financial aspects of cancer diagnosis, including assistance with health insurance co-pays, prescription assistance and assistance with basic living expenses during cancer treatment*

**CO-PAY ASSISTANCE PROGRAMS**

21st Century C.A.R.E.

This program offers patients financial assistance for incidental expenses related to treatment, including transportation to and from treatments, follow-up visits related to cancer-care, childcare during treatment, temporary housing due to geographical distance from the treatment center, medical supplies and much more. Patients must have a social security number and must be working, disabled, a student or retired. Additionally, patients must be referred by a qualified physician and currently under treatment for cancer, be within six months of a cancer diagnosis, have completed treatment within six months or be in need of cancer screening.

21stcenturycare.org/physicians.asp
888-850-1622

Breast & Cervical Cancer Treatment Program

This program provides needed cancer treatment to eligible individuals diagnosed with breast and/or cervical cancer and who are in need of treatment. Low-income California residents who have breast and/or cervical cancer can enroll at a doctor’s office to get no-cost cancer treatment coverage as soon as possible after diagnosis.

dhcs.ca.gov/services/medi-cal/Pages/BCCTP.aspx
800-824-0088

The Breast Cancer Charities — *The Help Now Fund*

This program is designed for breast cancer patients who are in active treatment and are in need of emergency financial assistance for rent, mortgage and/or utility bills (electric, water and gas). Applications are only processed online. The application process opens on the first of each month and closes on the fifth of each month.

thebreastcancercharities.org/help-now-fund-application
936-231-8460

Cancer Financial Assistance Coalition

This coalition of financial assistance organizations joining forces to help cancer patients experience better health and well-being by limiting financial challenges. Users can search a national database for organizations that help with a specific cancer diagnosis, or find resources for a specific type of assistance or need.

cancerfac.org
CancerCare Co-Payment Assistance Foundation
CancerCare Co-Payment Assistance Foundation is a nonprofit organization dedicated to helping people afford co-payments for chemotherapy and targeted treatment drugs.

cancercarecopay.org/apply
866-55-COPAY (866-552-6729)

Cervivor
Cervivor is a community, a learning tool, an advocacy resource and an online retreat for healing, connecting and thriving. The website provides information about cervical cancer, its link to the human papillomavirus, and provides resources for wellness and advocacy.
cervivor.org
info@cervivor.org

HealthWell Foundation
The HealthWell Foundation provides financial assistance to eligible individuals to cover co-insurance, co-payments, health care premiums and deductibles for certain medications and therapies. Eligibility requirements are based on the individual’s medical, financial and insurance situation.
healthwellfoundation.org
800-675-8416

Kristy Lasch Miracle Foundation
This foundation provides financial assistance to women under 30 living with breast cancer. They reimburse for medical expenses and amount is dependent on evidence of bills submitted. Applicants must be legal residents.
kristylasch.org
412-872-4125

The Leukemia & Lymphoma Society’s Co-Pay Assistance Program
This program helps with insurance premiums and co-pay obligations. The program offers financial help toward blood cancer treatment-related co-payments, private health insurance premiums, Medicare Part B, Medicare Plan D, Medicare Supplementary Health Insurance, Medicare Advantage premium, Medicaid Spend-down or co-pay obligations.
lls.org/support/financial-support/co-pay-assistance-program
877-557-2672

Leukemia & Lymphoma Society Patient Financial Aid Program
This program offers financial reimbursement for some medications, transportation, and procedures for those in need. Patients must qualify both medically and financially for this program.
leukemia.org
Modest Needs
Modest Needs offers grants to low-income but generally self-sufficient households despite a temporary, unexpected financial set-back related to their medical conditions. The average grant is $750. Applicants must be a legal resident and must apply online.
modestneeds.org/for-applicants

My Hope Chest
This group provides breast reconstruction surgery assistance to uninsured women who meet the following criteria: must be 69 years of age or under, free of medical complications that would preclude safe surgery, and a legal resident or citizen of the U.S. Spanish information is available.
myhopechest.org/patients/patient-application
727-642-4243
727-488-0320

Net Wish
Net Wish accepts requests for immediate and pressing financial aid every month. The specific focus of Net Wish is on how the aid will help children, older adults and other vulnerable members of our community. The more specific the request the better chance of a helping hand. The maximum request is $500.
netwish.org

Triple Step Toward the Cure
(For those diagnosed with triple-negative breast cancer)
Triple Step Toward the Cure provides both general and financial support through its Community Resource Program for women diagnosed with triple-negative breast cancer and their families. Programs include The Pink Shoe Posse (peer support, help locating clinical trials and other medical resources), support for caregivers and family members, and referrals to organizations that provide additional resources.
triplesteptowardthecure.org/home.php
510-562-1889
424-258-0313
PRESCRIPTION ASSISTANCE PROGRAMS
These patient assistance programs are designed to support low income U.S. residents with free or low cost prescriptions. The programs usually cover brand name drugs only and are administered individually by the pharmaceutical companies that manufacture the drugs.

Children’s Organ Transplant Association
The Children’s Organ Transplant Association helps children and young adults who need a lifesaving transplant by providing fundraising assistance and family support.

cota.org
800-366-2682

Good Days
This nonprofit organization works closely with health care providers, as well as specialty pharmacies, to provide patients instant access to the medication and treatments that can drastically improve their lives. They provide direct financial assistance, prescription medication and travel assistance.

mygooddays.org/apply
877-968-7233

National Children’s Cancer Society Emergency Assistance Fund
The Emergency Assistance Fund provides $200 in emergency assistance per year to families who have a child that has been inpatient or away from home for 30 consecutive days within the past three months. Assistance may be used for mortgage, rent, utility payments, childcare, health insurance premiums, car expenses or treatment-related expenses such as meals away from home, prescriptions and parking.

thenccs.org/financial-aid
314-241-1600

National Children’s Cancer Society Transportation Fund
This fund helps with the financial burden of travel and lodging for families who have a child with cancer, including transportation expenses such as mileage and airfare and lodging when a child needs to stay near the hospital for treatment and nonprofit lodging is unavailable.

thenccs.org/financial-assistance
314-241-1600

National Organization for Rare Disorders
This organization assists uninsured or under-insured individuals in securing lifesaving or life-sustaining medications including Trisenox, Theracy and Matulane. They offer co-payment assistance for advanced renal cell carcinoma, Hodgkin’s lymphoma, hepatocellular carcinoma and paroxysma.

rarediseases.org
800-999-6673 (voicemail only)
Partner for Prescription Assistance
This partnership offers a single point of access to more than 475 public and private patient assistance programs, including more than 150 programs offered by pharmaceutical companies, including assistance for the uninsured.

pparx.org
888-477-2669

Patient Access Network Foundation
The Patient Access Network Foundation is a national nonprofit organization dedicated to helping insured people living with chronic, life-threatening and rare diseases with the out-of-pocket costs for their prescribed medications.

panapply.org
866-316-7263

Patient Advocate Foundation
This foundation provides mediation and arbitration service to patients that help remove obstacles to health care such as medical debt, insurance access issues and employment issues. Resources and publications are available.

patientadvocate.org
800-532-5274

Patient Advocate Foundation’s Co-Pay Relief Program
This foundation provides direct co-payment assistance for pharmaceutical products to insured patients (including Medicare Part D beneficiaries) who financially and medically qualify. They offer assistance for the following specific conditions: breast cancer, colon cancer, head and neck, lung cancer, lymphoma, kidney cancer, malignant brain tumors, multiple myeloma, pancreatic cancer, prostate cancer, sarcoma, as well as secondary issues as a result of cancer treatment.

copays.org
866-512-3861

Patient Services Incorporated
This group assists patients in locating health insurance policies. They provide health insurance premium assistance (including COBRA) and co-payment assistance (including helping satisfy Medicare Part D true-out-of-pocket). They offer assistance for the following specific conditions: bone metastases, cutaneous T cell lymphoma, chronic myeloid leukemia, chronic myelocytic leukemia and gastrointestinal issues.

uneeedpsi.org
800-366-7741

RXassist Patient Assistance Program Center
This center provides a comprehensive database of patient assistance programs offered by pharmaceutical companies.

rxassist.org
RxHope

RxHope is a patient advocacy organization that makes the patient assistance process as easy and comfortable as possible for the patient, the health care provider and the pharmaceutical company. As a web-based patient assistance resource, RxHope helps patients complete patient assistance applications and processes, fulfills and tracks requests for patient assistance programs for people needing help paying for their medications.

A physician, office manager or social worker completes the Patient Assistance Application on RxHope and submits it to the pharmaceutical companies on the patient’s behalf. Patients can also start the application process, but their physician’s office must complete the application.

rxhope.com
FINANCIAL ASSISTANCE: UTILITIES AND GENERAL ASSISTANCE
Organizations that provide financial support to people in economic need

Brenda Mehling Cancer Fund
The Brenda Mehling Cancer Fund provides financial assistance for medical bills, legal services, temporary housing, supplementary disability, home health care, travel-related expenses, phone bills, transportation, education and counseling. Patients must be currently undergoing treatment and between the ages of 18 and 40 to apply.

bmcf.net/apply.htm
661-310-7940

Busy Box
Busy Box is a Sharsheret Program for Parents of Younger Children. Sharsheret is a national not-for-profit organization supporting young Jewish women and their families facing breast cancer. Their mission is to offer support to people of all Jewish backgrounds, diagnosed with breast cancer or at increased genetic risk, by fostering culturally relevant individualized connections with networks of peers, health professionals and related resources.

sharsheret.org
866-474-2774

Catholic Charities LA
Catholic Charities LA helps people of all races and religions. They provide services and resources which include job training or job search assistance, career development, guidance in applying for state-sponsored health care, free diapers and transportation assistance.

catholiccharitiesla.org
213-251-3400

Cleaning for a Reason
This group offers free professional housecleaning services (one time per month/four months max) to improve the lives of women undergoing treatment for cancer. Available in limited areas — the cleaning services that are registered to do this will travel 10 to 15 miles from their business location. Cleaners are bonded and insured. Physician verification is required. Apply online.

cleaningforareason.org
877-337-3348
Foothill Unity Center
Foothill Unity Center is the primary provider of food, case management/crisis help, and access to health care resources across 11 San Gabriel Valley cities in Los Angeles County. As the federally designated Community Action Agency for the Foothill area, it operates two locations in Monrovia and Pasadena, serving clients in Pasadena, Altadena, South Pasadena, Sierra Madre, Arcadia, Monrovia, Bradbury, Duarte, Azusa, Baldwin Park and Irwindale. Their services include a transportation program, food stamps outreach, Medi-Cal enrollment and food programs.

fothillunitycenter.org
626-358-3486 (Monrovia)
626-548-7420 (Pasadena)

Low Income Home Energy Assistance Program
This program assists low-income families with their home energy bills.

csd.ca.gov/Services/FindServicesinYourArea.aspx
866-675-6623

Modest Needs Foundation
This organization offers three types of grants to qualified individuals experiencing a documented financial set back due to illness: Independent Living grants, Self-Sufficiency grants and Back-to-Work grants.

modestneeds.org

National Association for the Terminally Ill
This foundation gives financial assistance to the children and families of those suffering from a terminal illness, whose life expectancy is two years or less. They help with day-to-day living expenses such as rent or mortgage, groceries, utilities, car payments and insurance payments. They evaluate the need of each family on a case-by-case basis.

866-668-1724
502-220-4601

 Padres Contra El Cancer
This organization offers services and resources to help families with the financial burdens they may encounter when their child is diagnosed with cancer. They provide translation services, transportation assistance, grocery vouchers, phone cards and hospital meal vouchers.

3479 Cahuenga Blvd.
Los Angeles, CA 90068

iamhope.org/programs/services.php
323-850-7901
800-266-4186
The Pink Fund
The Pink Fund distributes short-term financial aid for basic living expenses on behalf of breast cancer patients who have lost all or a part of their income during active treatment. Payments are made directly to the patient’s creditors. Basic living expenses considered are health insurance premiums, mortgage or rent payments, car payments, car insurance, utilities and car repairs.

The Pink Fund does not make payments for any medical treatments, prescription drugs (including hormone therapy), medical co-pays, insurance deductibles, prostheses, wigs, food and gasoline. Short-term is defined as a period of up to three consecutive months of non-medical financial assistance with a cap of $3,000, based on available funding.

pinkfund.org/do-i-qualify
877-234-PINK (7465)

Toberman Neighborhood Center
This center offers programs to assist Harbor area residents with after school children’s programs, counseling for youth, utility bill assistance, personal goods, holiday assistance and emergency food.

toberman.org
310-832-1145
FOOD ASSISTANCE

Cal Fresh (Formerly known as the Supplemental Nutrition Assistance Program)
CalFresh issues monthly debit cards to qualified individuals that can be used to purchase food at designated stores and farmers markets. Benefit amounts vary up to $200 a month based on need and household.

dss.cahwnet.gov/foodstamps
877-847-3663

Feeding America
Feeding America is the nation's leading domestic hunger-relief charity whose mission is to feed America's hungry through a nationwide network of member food banks.

feedingamerica.org
feedoc.org
949-653-2900 (Orange County)

First United Methodist — Redondo Beach
243 S. Broadway
Redondo Beach, CA 90277
First United Methodist offers warm meals on Wednesdays from 6 to 7 p.m., as well as clothing, a food pantry and hygiene items, as available.
310-372-8445
## Free Meals and Food Pantries

### Pasadena Church
- **Address:** 404 E. Washington Blvd. Pasadena, CA 91104
- **Phone:** 626-794-2951
- **Dinner:** Mondays, Wednesdays and Fridays, 6 to 7 p.m.

### Foothill Unity Center
- **Address:** 191 N. Oak
- **Phone:** 626-584-7420
- **Tuesdays:** 9 to 11:30 a.m.
- **Wednesdays:** 1 to 3:30 p.m.
- **Thursdays:** 9 to 11:30 a.m. (once monthly)

### Central Park-Pasadena
- **Address:** 275 S. Raymond Ave.
- **Phone:** 626-584-7420
- **Breakfast:** Sundays, 8:30 a.m.
- **Dinner:** Saturdays, 4 p.m.
- **Dinner:** First Sunday each month, 2 to 4 p.m.

### Acts Food Pantry
- **Address:** Altadena Community United Church of Christ
- **Phone:** 626-798-1185
- **Access:** through the upper parking lot. Saturdays, 10 a.m. to noon.

### Lincoln Avenue Baptist Church
- **Address:** 1180 Lincoln Ave.
- **Phone:** 626-798-9163
- **Bread program:** Mondays and Thursdays, 10 a.m.
- **Groceries:** third Wednesday 10 a.m. to noon.

### Pasadena Church of the Nazarene
- **Address:** 3700 E. Sierra Madre Blvd.
- **Phone:** 626-351-9631
- **Wednesdays and Thursdays:** 2 to 4 p.m. (once weekly)
- **CA ID required**

### All Saints Episcopal Church
- **Address:** 132 N. Euclid Ave.
- **Phone:** 626-796-1172
- **Mondays:** 9 a.m. to 3 p.m.

### Lake Avenue Church
- **Address:** 393 N. Lake Ave.
- **Phone:** 626-817-4505
- **Sundays:** 4:30 p.m.
- **Skyroom — second, third and fourth Sundays**

### St. Andrew’s Catholic Church
- **Address:** 42 Chestnut St.
- **Phone:** 626-792-4183
- **Picture ID required**
- **Tuesdays and Saturdays** (once monthly), 9:30 to 11 a.m.

## LA County Community and Senior Services

### Home-delivered Meals Program

The Home Delivered Meals Program is designed specifically for home-bound seniors. This valuable program not only delivers a nutritious meal on a daily basis, but also serves as a mechanism to check up on the client, thereby providing an additional safety inspection and furthering the ability for him or her to remain in the home.

Although the Home Delivered Meals Program does not require seniors to pay for meals, a donation ranging between $1.50 and $2.50 per meal is appreciated.

**800-510-2020**
LAX Food Pantry
355 E. Beach Ave.
Inglewood, CA 90302
The LAX Food Pantry provides emergency, short-term assistance to families and individuals in need of food.
310-677-5597

Los Angeles Regional Food Bank
1734 E. 41st St.
Los Angeles, CA 90058
lafoodbank.org
323-234-3030

Meals to Heal
Meals to Heal offers healthy, convenient and delicious meals customized for people with cancer. They deliver directly to homes or hotels.
meals-to-heal.com
888-721-1041

Pasadena Meals on Wheels
This group provides a bag lunch and a hot dinner for $6 a day.
626-449-6815

Project Angel Food
For patients undergoing chemotherapy treatment, Project Angel Food volunteers and staff cook and deliver nutritious meals, free of charge, to homes throughout Los Angeles County.
922 Vine St.
Los Angeles, CA 90038
323-845-1810

Salvation Army Corps Community Center — Pasadena
This organization provides emergency food services for families, couples and individuals who live in Altadena, Arcadia, Pasadena, Sierra Madre and South Pasadena. A three-day supply of groceries is provided; the amount of food provided varies according to family size. A typical bag of food may include USDA food products and canned goods. People may receive assistance every three months.
1000 E. Walnut St., Suite 102
Pasadena, CA 91106
pasadena.salvationarmy.org
626-773-4425
Salvation Army (LA County)
The Salvation Army serves Los Angeles county residents with emergency food assistance and holiday assistance
salvationarmy-socal.org/southern-california/LA_County

Salvation Army (Long Beach)
The Salvation Army serves Long Beach and Lakewood residents with emergency food assistance and holiday assistance. They are open Monday through Friday from 8 a.m. to 3:30 p.m.
562-426-7637

YWCA Meals at Home Program
This program delivers hot lunches daily or frozen meals weekly for $2 per meal donation. This program is designated for those who are homebound. If you are able to drive, mention any valid symptoms that limit your driving when applying. Delicious and nutritious Senior Cafe lunches are also offered at 32 YMCA locations.
ywcasgv.org/senior_dining_locations.pdf
626-214-9465
Health Insurance, Disability and Social Security

Benefits CalWin
This group offers assistance with applying for social support services including food assistance, health insurance and medical services.
mybenefitscalwin.org

Community Enhancement Services (CES)
This nonprofit organization assists people with education, training, employment services, naturalization and refugee services. Residents of Los Angeles County can apply for food, shelter, health care without having to visit a DPSS Office. Access CES’s benefits website now for services in English, Spanish, Armenian, Cambodian, Chinese, Korean, Russian, Tagalog and Vietnamese.
Service Office CES
401 S. Glenoaks Blvd., Suite 211
Burbank, CA 91502
cesinla.org/dpss.html
818-563-9822

Covered California
Covered California is the marketplace where Californians can purchase health insurance under the Affordable Care Act. Federal assistance is available for those who qualify to help buy private insurance. That means qualifying for a discount on private insurance, or getting health insurance through the state’s Medi-Cal program. Be sure to check if physicians and health care facilities are an in-network provider on the health plan you chosen.
coveredca.com
800-300-1506

Disability and Social Security
SDI (State disability insurance): Short Term Disability is available for up to 12 months; California SDI is a partial wage-replacement insurance plan for California workers. The SDI program is state-mandated, and funded through employee payroll deductions. SDI provides affordable, short-term benefits to eligible workers who suffer a loss of wages when they are unable to work due to a non-work related illness or injury, or a medically disabling condition. If you have been disabled for longer than six months you may be referred to SSDI.
800-480-3287
866-658-8846 (En Español)
edd.ca.gov

SSDI (Social Security Disability Insurance): Long Term Disability pays benefits to you and certain members of your family if you are “insured,” meaning that you worked long enough and paid Social Security taxes. SSDI must determine that you will be disabled for a year or longer.
SSI (Supplemental Security Income): Pays benefits based on financial need. SSI makes monthly payments to people who have low income and few resources and are age 65 or older, blind or disabled (as determined by the Social Security Administration).

[SSA website]  
800-722-1214

Health Consumer Alliance  
This alliance is a project of Neighborhood Legal Services of Los Angeles. They assist residents with navigating the health care system. The Health Consumer Alliance offers free assistance online, over-the-phone or in-person to help people who are struggling to get or maintain health coverage and resolve problems with their health plans, including Medi-Cal.

[Health Consumer Alliance website]  
800-896-3203

Health Insurance Counseling & Advocacy (HICAP)  
HICAP provides community education and counseling assistance with Medicare, Medi-Cal and related health insurance issues through advocacy or legal representation. For individuals who are home bound, in-home consultation is also available. Appointments are required.

[CSS website]  
213-383-4519

Medi-Cal  
Medi-Cal is California’s Medicaid health care program. This program pays for a variety of medical services for children and adults with limited income and resources. If you are found (or determined) eligible, you can continue to get Medi-Cal as long as you continue to meet the eligibility requirements.

[Medi-Cal website]  
877-597-4777 or 866-613-3777 (Los Angeles County)  
855-478-5386 (Orange County)  
877-410-8829 (San Bernardino)  
800-274-2050 (Riverside County)

Medicare  
Medicare is a federal insurance program that pays for certain health care expenses for people aged 65 or older and certain younger individuals with specific disabilities. For general Medicare information, ordering Medicare booklets and information about health plans, contact 800-MEDICARE 24 hours a day, seven days a week for assistance. English and Spanish-speaking customer service representatives at this number can answer questions about the original Medicare Plan and provide up-to-date information regarding the health plans available in their area. You may also visit medicare.gov.
Fertility Preservation: Sperm Banking, Egg and Embryo Storage

Cancer treatments may often damage the reproductive organs which may lead to infertility after the treatments. Patients undergoing cancer treatment may also need to consider preserving their future fertility by freezing their sperm, eggs or embryos prior to cancer treatment.

California Cryobank Inc.
This group provides information on sperm, egg banking and storage.
11915 La Grange Ave.
Los Angeles, CA 90025
crybank.com
800-977-3761

California Fertility Partners
11818 Wilshire Blvd., Suite 300
Los Angeles, CA 90025
californiafertilitypartners.com
310-828-4008

Care Fertility
1500 E. Chevy Chase Drive, Suite 450
Glendale, CA 91203
818-230-7778
carefertility.net
510 N. 13th Ave., Suite 304
Upland, CA 91786
909-920-3883
289 W. Huntington Drive, Suite 307
Arcadia, CA 91007
626-445-8877

The Center for Fertility and Gynecology
Fertility Preservation
18370 Burbank Blvd., Suite 301
Tarzana, CA 91356
center4fertility.com
818-881-9800

Fertile Future
California Cryobank
This group offers sperm banking, egg and embryo storage.
fertile-future.com
866-477-3762
HRC Fertility
15503 Ventura Blvd., Suite 200
Encino, CA 91436
818-788-7288

HRC Fertility
8112 Miliken Ave., Suite 101-1
Rancho Cucamonga, CA 91730
909-941-1120

HRC Fertility
333 S. Arroyo Parkway, 3rd Floor
Pasadena, CA 91105
626-440-9161

Innovative Fertility
3500 N. Sepulveda Blvd., Suite 130
Manhattan Beach, CA 90266
innovativefertility.com
310-648-2229

LiveStrong Foundation — Fertility
Lance Armstrong Foundation provides information, resources and support to cancer patients and survivors at risk for infertility as a result of cancer treatment.
fertilehope.org

Loma Linda Infertility Department
This group offers fertility preservation for people undergoing cancer treatment.
11370 Anderson St., Suite 3950
Loma Linda, CA 92354
lomalindafertility.com
909-554-3003

OC Fertility
1401 Avocado Ave., Suite 403
Newport Beach, CA 92660
ocfertility.com
949-706-2229

The Oncofertility Consortium
This consortium represents a nationwide, interdisciplinary and interprofessional network of medical specialists, scientists and scholars who are exploring the relationships between health, disease, survivorship and fertility preservation in young cancer patients.
oncofertility.northwestern.edu/find-a-clinic-or-center
Pacific Reproductive Center
3720 Lomita Blvd, Suite 200
Torrance, CA 90505
310-376-7000
10 Post
Irvine, CA 92618
949-341-0100
116 E. Broadway, #300
Glendale, CA 91205
818-844-2690
951-371-9200
pacificreproductivecenter.com

Reproductive Fertility Center
723 S. Garfield Ave.,
Suite 203
Alhambra, CA 91801
reproductivefertilitycenter.com
949-453-8600
9448 Magnolia Ave.,
Suite 103
Riverside, CA 92503
23525 Golden Springs
Drive, Suite D
Diamond Bar, CA 91765
16300 Sand Canyon Ave.,
Suite 901
Irvine, CA 92618

UCLA Fertility and Reproductive Health Center
200 UCLA Medical Plaza, Suite 220
Los Angeles, CA 90084
obgyn.ucla.edu/fertility
310-794-7274

USC Fertility
1127 Wilshire Blvd., Suite 1400
Los Angeles, CA 90017
uscfertility.org/fertility-preservation
213-975-9990

Western Fertility Institute
16260 Ventura Blvd., Suite 210
Encino, CA 91436
westernfertility.com
888-261-4574
818-292-2242
Transportation Assistance and Services

*It can be hard to get to and from your medical treatments. If you cannot drive, or do not have a car or someone to drive you to and from your appointments, there are some resources that may be able to provide transportation support for you.*

**CITY, COUNTY AND STATE GOVERNMENT AGENCIES**
These agencies can arrange for low-cost or free local transportation for people who are disabled and meet income criteria. They can provide you with information on Dial-A-Ride, Access and local nonprofit organizations near your home.

**ACCESS**
Access is the Americans with Disabilities Act complimentary para transit service for individuals with disabilities who live in L.A. County. Preregistration and evaluation are required.

*accessla.org*
800-827-0829  TDD 800-827-1359

**ACCESS Services Los Angeles County**
For more information and the application process, contact Access Services Inc.

800-827-0829
Orange County: Orange County ADA PARATRANSIT
714-560-5956, Ext. 2

**American Cancer Society’s Road to Recovery**
This program provides a ride to and from treatment for people with cancer who do not have a ride or cannot drive themselves. Drivers give their time and the use of their cars so that patients can get the medical care they need. Note: It takes seven to 10 business days to set this up.

cancer.org
800-227-2345

**Angels Wheels to Healing**
This nonprofit charity provides non-emergency, long-distance ground transportation to financially disadvantaged patients who can walk without help. They don’t normally make local drives and the long distance trips are not more than 300 miles each way. For cancer patients traveling daily for treatment, each case will be reviewed and some exceptions may apply.

angelwheels.org/about-us
DIAL-A-RIDE
This is a county based service and more information is available by dialing 211.
dpw.lacounty.gov/PDD/Transit/index.cfm?id=1 (Los Angeles County)
800-795-7887 (Riverside County)

Eldercare Locator
Eldercare Locator is a public service of the U.S. Administration on Aging connecting you to services for older adults and their families.
eldercare.gov
800-677-1116

Uber and Lyft Rideshare Services
Uber and Lyft provide on-demand rides anywhere you want to go, for a fee. You will need a smart phone to download the apps. For more information, please visit:
Uber: get.uber.com
Lyft: lyft.com
AIR TRAVEL ASSISTANCE

Air Charity Network
Air Charity Network (formerly AFA) provides access for people in need who are seeking free air transportation to specialized health care facilities or distant destinations due to family, community or national crisis.
aircharitynetwork.org

Corporate Angel Network
Cancer patients fly free to treatment on empty seats of corporate jets.
corpangelnetwork.org

LifeLine Pilots
LifeLine Pilots’ mission is to facilitate free air transportation through volunteer pilots for financially distressed children and adults with medical and humanitarian needs.
lifelinepilots.org

Miracle Flights
Miracle Flights for Kids is the nation’s leading nonprofit flight organization. Since 1985, they continue to deliver on their mission to help families overcome obstacles in order to get access to the proper medical care and treatment for their seriously ill children.
miracleflights.org

National Patient Travel Center
This center provides information about all forms of charitable, long-distance medically-related transportation and provides referrals to the national charitable medical transportation network. They help patients in financial need receive access to distant specialized medical evaluation, diagnosis or treatment for lack of a means of long-distance medical transportation. This is a referral service and there is no cost for the information. Programs include:

Airline Tickets for Patients/Escorts: This is the only source in the nation for full information on all available charitable or deep-discount airline ticket programs for patients and patient escorts. Ambulatory patient travel in excess of 1,000 miles necessitates the use of airline resources.

Long Distance Ground Transportation: This provides non-emergency long-distance ground transportation for financially needy ambulatory patients traveling for treatment. Transportation provided by commercial means (Greyhound, Amtrak, etc.) as well as the provision of gas cards. Typical trip does not exceed 250 miles (one-way).
patienttravel.org
800-296-1217

Patient Airlift Services
PatientAirlift Services arranges free air transportation based on need to individuals requiring medical care and for other humanitarian purposes.
palservices.org
Scholarships for Survivors

**American Cancer Society Scholarships**

*Survivors of Childhood Cancer*

The American Cancer Society will help with the cost of attending college.

**800-ACS2345**
**800-877-1710, ext 221** (CA Div. for scholarships)

**Beyond the Cure Scholarship**

The National Children's Cancer Society (NCCS) offers college and vocational scholarships to childhood cancer survivors. Through the Beyond the Cure Program, the NCCS will award stipends of up to $5,000 per academic year to survivors who have illustrated the ability to overcome the difficult challenges of childhood cancer. Applicants must be 25 years of age or younger and have been diagnosed before 18. See criteria and application on website.

[thenccs.org/scholarship](http://thenccs.org/scholarship)
**800-532-6459**

**Brian Morden Foundation**

This foundation offers an awards for a $1,000 individual scholarship. See website for details.

[brianmordenfoundation.org](http://brianmordenfoundation.org)
**800-997-7278**

**Cancer for College**

This group awards scholarships to current and former cancer patients who are currently attending either a four-year accredited university and/or attending a junior college.

[cancerforcollege.org](http://cancerforcollege.org)
**760-599-5096**

**Cancer Survivors Fund**

Scholarships are granted for the college education of cancer survivors. See website for eligibility requirements.

[cancersurvivorsfund.org](http://cancersurvivorsfund.org)
**281-437-7142**

**Carolyn’s Compassionate Children Scholarship**

This nonprofit provides a comprehensive database with over 3,000 scholarships for young adult cancer survivors cancer patients.

[info@ccc.scholarships.org](mailto:info@ccc.scholarships.org)
**866-540-1392**
Friends of Scott Foundation
This foundation offers two scholarships per year, one per semester, to cancer patients currently being treated or to cancer survivors.

friendsofscott.org
619-223-7268

Michael A. Hunter Memorial Scholarship
This award is for a $1,000 individual scholarship. Applicants should be a U.S. citizen. The Michael A. Hunter Memorial Scholarship provides two $5,000 scholarships to high school seniors and college students who are leukemia patients or children of a nonsurviving leukemia patient. Candidates must have a minimum GPA of 3.0 on a 4.0 scale and must be a resident of Orange County, California. Download the application from the website.

oc-cf.org
949-533-4202

National Collegiate Cancer Foundation
The National Collegiate Cancer Foundation was established to provide Services and support to young adults whose lives have been impacted by cancer and who have continued with their education throughout treatment or after their treatment. These $1,000 competitive awards will be judged on criteria set by the foundation (see website). Applicants must be between 18 to 35 years of age.

collegiatecancer.org
717-215-0943

Patient Advocate Foundation’s Scholarship for Survivors
Patient Advocate Foundation offers several $3,000 scholarships. Please see website for eligibility requirements. Applicants must be under the age of 25 and a survivor/current patient of cancer or a critical or life-threatening disease.

patientadvocate.org
800-532-5274

Pediatric Brain Tumor Foundation of the United States (PBTFUS)
PBTFUS offers college scholarships for brain tumor survivors. Please see website for additional criteria or call directly to the foundation.

National Family Support Program Coordinator
Pediatric Brain Tumor Foundation of the United States
302 Ridgefield Court
Asheville, NC 28806

pbtfas.org
800-253-6530
Ronald McDonald House Charities
This organization offers scholarships to students who face limited access to educational and career opportunities. Scholarships are for students living in the United States and living in areas where there are participating local chapters. Please check website.

rmhc.org
630-623-7048

SAMFund: Surviving and Moving Forward
The SAMFund provides financial assistance to young adults as they move forward with their lives after cancer. Survivors are empowered to achieve their educational, professional and personal goals. Grants and scholarships provided by the SAMFund cover a wide range of post-treatment financial needs such as (but not limited to): graduate tuition, student loans, car and health insurance premiums, rent, utilities, current and residual medical bills, fertility-related expenses, gym memberships and transportation costs. Applicants must be between 21 and 39, finished with active treatment and residents of the United States. Application process is once a year, beginning in June. Please see website for details.

thesamfund.org
617-938-3484

Susan Komen for the Cure College Scholarship Award Program
This program offers college scholarships. Must be no older than 25 years of age and be a U.S. citizen. Scholarships vary from state to state.

komen.org
877-465-6636

Ulman Cancer Fund for Young Adults
Two scholarships are open nationwide. One is for nursing students and one is for young adult cancer survivors.

ulmanfund.org
888-393-3863

Working Against Cancer Scholarship Program
This program assists young cancer survivors (30 years and younger) by providing awards toward academic and vocational education. A candidate must be a cancer survivor or recently diagnosed with cancer, but does not need to be currently receiving treatment to qualify.

workingagainstcancer.org
626-914-2914

Young Cancer Survivor Scholarship Program, California Division Office
800-877-1710
Please contact Victoria Hudson.
vhudson@cancer.org
510-893-7900, Ext. 223
Legal Assistance

Organizations that assist cancer patients with medical/legal issues, including Medi-Cal, Medicare and disability rights

California Department of Fair Employment
611 W. 6th St., Suite 1500
Los Angeles, CA 90017

dfeh.ca.gov
800-884-1684

Cancer Legal Resource Center
This nonprofit, public interest advocacy organization champions the civil rights of people with disabilities, as well as those affected by cancer and other serious illness. They offer assistance for patients with issues dealing with Medical/Medicare.
cancerlegalresources.org
866-843-2572

Inner City Law Center
This center provides free legal services/aid in housing issues, veterans’ benefits and homelessness prevention. They represent low-income tenants, working poor families, immigrants, people who are living with HIV/AIDS or are disabled, and veterans. They offer assistance in Section 8 Housing.
innercitylaw.org
213-891-2880

Legal Aid Foundation
This foundation provides civil legal aid to low-income residents of Los Angeles County.
lafla.org
562-435-3501
800-399-4529
Support Groups and Emotional Support

Alma Family Services
This clinic specializes in providing mental health services and support groups to persons diagnosed with major illnesses. Locations are in East L.A. and Long Beach.
9101 Whittier Blvd.
Pico Rivera, CA 90660
almafamilyservices.com
562-801-4626

American Cancer Society (ACS)
The ACS provides information on cancer prevention, treatment options, clinical trials, advocacy, local community resources and online educational workshops. Free wigs, turbans and breast prostheses may be available and limited transportation assistance is offered. Services are available 24 hours a day, seven days a week.
cancer.org
800-ACS-2345

Brain Tumor Support Group
Glendale Adventist Medical Center
Cancer Center Conference Room
Glendale, CA 91206
818-409-3530

Breast Cancer Support Group
Northridge Hospital Medical Center
Northridge, CA 91328
818-885-8471, ext. 2336 (Contact Doras)

Breast Cancer Support Group — African American
St. Mary Medical Center, 2nd Floor
Long Beach, CA 90813
mysistermyfriendbcs.net
866-542-6312

Camp Kesem
Camp Kesem is a nationwide community driven by passionate college student leaders that supports children through and beyond their parents’ cancer. A program of Camp Kesem operates free summer camps for children who have been impacted by a parent’s cancer.
campkesem.org
260-225-3736
Cancer Care
This group provides professional support for people affected by cancer. Learn how to receive free counseling from compassionate, professional oncology social workers. Participate in “Connect Education” interactive telephone workshops. Join online, telephone and/or face-to-face support groups. Seek financial assistance and more.

cancercare.org
info@cancercare.org
800-813-HOPE (800-813-4673)

Cancer Hope Network
This nonprofit organization matches adult cancer patients with trained volunteers who have undergone and recovered from a similar cancer experience. One-on-one telephone support is available.

cancerhopenetwork.org
877-467-3638

The Cancer Support Community
This group offers a resources help line, support groups, online groups and educational programs led by professionals for people with cancer and their loved ones.

cancer.org
888-793-9355

Carcinoid & Neuro-Endocrine Support Group
Glendale Adventist Medical Center
Cancer Center Conference Room
1509 Wilson Terrace
Glendale, CA 91206
818-409-3530

Carcinoid & Neuro-Endocrine Tumor Networking Group
Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277
310-376-3550

Celebrando La Vida
Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277

cancersupportredondobeach.org
310-376-3550
Celebrate Life Cancer Ministry
This multicultural health ministry for all cancer types offers support and education to cancer fighters, survivors, their caregivers and family.
2851 W. 20th St., Suite E185
Hawthorne, CA 90250
424-258-5433

Community Senior Services
This community based agency hosts support groups for family caregivers of people with chronic illnesses, including cancer, dementia and Alzheimer’s.
Claremont, California
gtaylor@communityseniorservices.org
(909) 621-9900

General Cancer Support Group
Glendale Adventist Medical Center
Cancer Center Conference Room
1509 Wilson Terrace
Glendale, CA 91206
glendaleadventist.com
818-409-3530

Grupo de Apoyo
Cancer Support Community
Benjamin Center at California Hospital
1401 S. Grand Ave.
Los Angeles, CA 90015
310-314-2555, para más información.

Grupo Fuerza Y Esperanza
Cancer Support Community
Pasadena, CA 91105
cscpasedena.org
626-796-1083

Grupo para Mujeres con Cancer del Seno
Cancer Support Community — Benjamin Center
White Memorial Medical Center
Cecelia Gonzalez De La Hoya Cancer Center
1720 E. Cesar E. Chavez Ave.
Los Angeles, CA 90033
310-314-2555, para más información
Gynecologic Cancer Foundation
Gynecologic Cancer Foundation encourages women to join the sisterhood to connect with others facing similar challenges.

gfoundationforwomenscancer.org
FWCinfo@sgo.org
312-578-1439

Gynecological and Ovarian Cancer Support Group
Long Beach Memorial Medical Center
2810 Long Beach Blvd.
Long Beach, CA 90806

memorialcare.org
562-933-0900

Head and Neck Support Group
City of Hope
Duarte, CA 91010

CityofHope.org
626-256-4673, ext. 32273

HER2Support Group
HER2 Support Group are patients, caregivers, mothers, daughters, sons and husbands of breast cancer survivors who are HER2 positive. Patients and loved ones gather here to seek information about illness, and find newly diagnosed patients and long term survivors willing to share their experiences and knowledge.

her2support.org

Hope for Two: The Pregnant with Cancer Network
Hope for Two: The Pregnant with Cancer Network is an organization dedicated to providing women diagnosed with cancer while pregnant with information, support and hope.

pregnantwithcancer.org
800-743-4471

Imerman Angels
This group offers one-on-one cancer support. They connects a person fighting cancer, survivors and caregivers with someone who is familiar with the same experience. The service is free and helps anyone touched by any type of cancer, any age, living anywhere in the world.

imermanangels.org
877-274-5529
Kidney Cancer Support Group
Cedars-Sinai Medical Center
Samuel Oschin Comprehensive Cancer Institute
Los Angeles, CA 90048
cedars-sinai.edu
310-423-1582

Kids Konnected
This group offers support for children of cancer patients.
kidskonnected.org
800-899-2866

Latino Cancer Support Group for Survivors and Caregivers
Cancer Support Community
St. John’s Cancer Center of Ventura County
Oxnard, CA 93030
CancerSupportVvsb.org
805-988-2641

The Leukemia & Lymphoma Society
This organization provides information, support and limited financial assistance to patients with blood cancers. Patients must qualify both medically and financially.
lls.org
800-955-4572

The Leukemia & Lymphoma Society Networking Group
This group meets at John’s Cancer Center of Ventura County in Oxnard, California.
Cancer Support Community
Westlake Village, CA 91361
805-379-4777

Leukemia, Lymphoma and Multiple Myeloma Networking Group
Cancer Support Community — Redondo Beach
Redondo Beach, CA 90277
310-376-3550

Leukemia, Lymphoma and Multiple Myeloma Support Group
City of Hope
Duarte, CA 91010
CityofHope.org
626-256-4673, ext. 32273
Leukemia, Lymphoma and Myeloma Support Group
Pomona Valley Hospital Medical Center
Robert and Beverly Lewis Family Cancer Care Center
Pomona, CA 91767
pvhmc.org
909-865-9907

Little Company of Mary Women’s Wellness Center
This center offers breast cancer support for patients.
514 N. Prospect Ave.
Redondo Beach, CA 90277
310-937-1984

Lung Cancer Networking Group
Cancer Support Community — Redondo Beach
Redondo Beach, CA 90277
310-376-3550

Lung Cancer Support Group
City of Hope
Duarte, CA 91010
CityofHope.org
626-256-4673, ext. 32273

Lung Cancer Support Group
Orange Coast Memorial Medical Center
Fountain Valley, CA 92708
memorialcare.org
714-378-7650 or 714-378-7000

Lymphedema Networking Group
Torrance Memorial Medical Center
Torrance, CA 90505
Contact CSC-Redondo Beach.
310-376-3550

Mommy Has Breast Cancer
Mommy Has Breast Cancer helps raise money to help struggling families and single mothers fight breast cancer.
mommyhasbreastcancer.org
Multiple Myeloma Support Group
Cancer Support Community
Westlake Village, CA 91361
805-379-4777

National Ovarian Cancer Coalition
National Ovarian Cancer Coalition provides information to assist newly diagnosed patients, hope to survivors and support to caregivers.

ovarian.org
nocc@ovarian.org
888-682-7426 or 214-273-4200

Neuro-Endocrine Support Group
Cedars-Sinai Medical Center
Samuel Oschin Comprehensive Cancer Institute
Los Angeles, CA 90048
cedars-sinai.edu
310-423-1582

Oral, Head and Neck Cancer Support Groups
spohnc.org
800-377-0928

Ovarian Cancer Research Fund Alliance
Ovarian Cancer Research Fund Alliance provides education about ovarian cancer, supportive services to persons affected by ovarian cancer and fosters alliances to further those purposes.

ocrfa.org
info@ocrfa.org
212-268-5652

Pancreatic Cancer Drop-In Group
Cancer Support Community-Benjamin Center
Los Angeles, CA 90025
310-314-2555

People in Pain Network
This network offers pain self-management education and support groups.

pipain.com
Pink-Link: Online Support for Breast Cancer
Pink-Link is a nonprofit organization whose mission is to empower women in obtaining a healthy survivorship of breast cancer. An online support service for women, the website creates an intimate and personal link among the patient, survivor, friends and family, using an online searchable database, as well as other supportive services. The resulting connections give women the knowledge needed to promote life and enhance the quality of living with breast cancer.

pink-link.org
310-995-5204

Pomona Valley Hospital
The Robert & Beverly Lewis Family Cancer Care Center
This center offers support groups, wellness programs, American Cancer Society's Look Good Feel Better classes, wig salon, yoga, deep relaxation and other programs.
1910 Royalty Drive
Pomona, CA 91767
pvhmc.org/#About_Cancer_Care_Center
909-865-9907

Prostate Cancer Group of Los Angeles
3824 Hughes Ave.
Culver City, CA 90034
310-743-2116

Prostate Cancer Support Group
Lutheran Church of the Master
Lancaster, CA 93535
661-942-3900

Prostate Cancer Support Group
MemorialCare Todd Cancer Institute
Long Beach, CA 90806
memorialcare.org
562-933-0900

Prostate Cancer Support Group
Orange Coast Memorial Medical Center
Fountain Valley, CA 92708
memorialcare.org
714-378-7950
Prostate Cancer: Gay Men’s Prostate Group
L.A. Gay & Lesbian Center
The Village at Ed Gould Plaza
Los Angeles, CA 90038
310-314-2555

San Antonio Community Hospital
Women’s Breast Imaging Center
Cancer Resource Center
901 San Bernardino Road, 3rd floor
Upland, CA 91786
909-579-6700

Sarcoma Alliance Networking Group
Cancer Support Community
Redondo Beach, CA 90277
310-376-3550

Sarcoma Support Group
Cedars-Sinai Medical Center
Samuel Oschin Comprehensive Cancer Institute
Los Angeles, CA 90048
cedars-sinai.edu
310-423-8045

Spanish Groups with Cancer Support Community
St. John’s Regional Medical Center
Cancer Center of Ventura County
1700 N. Rose Ave., Oxnard, CA 93030
Contact Dian Martell.
dmartell@cancersupport22sb.org
805-988-2641 (cell)

Spanish Speaking Group
Harbor-UCLA Medical Center
Oncology Primary Care Diagnostic Center
Torrance, CA 90502
Contact CSC-Redondo Beach.
cancersupportredondobeach.org
310-376-3550
Stage IV — A Discussion Group
Cancer Support Community
Westlake Village, CA 91361
805-379-4777

Teen Impact
This group is for teens and young adults with cancer.
Children’s Center for Cancer & Blood Diseases
Children’s Hospital Los Angeles
4650 Sunset Blvd., #99
Los Angeles, CA 90027
chla.org/blog/teen-impact
info@teenimpactprogram.com

Telling Kids About Cancer
tellingkidsaboutcancer.com
tellingkids@rti.org
800-334-8571, ext. 25128

Thyroid Cancer Networking Group
Cancer Support Community
Redondo Beach, CA 90277
310-376-3550

Torrance Memorial Health System/Hunt Cancer Institute
This group’s services include image enhancement services, Look Good Feel Better classes, Evelyn’s Corner Cancer Survivor, Oncology Caregiver and Friends, Cancer Survivorship Support Group for Women, Bereavement Support, Cancer Survivors in Transition and Caregiver Support Group.
3330 Lomita Blvd., West Tower
Torrance, CA 90505
torrancememorial.org
310-517-4665

Well Spouse Association
This association provides peer support and education about special challenges and unique issues facing “well” spouses every day.
wellspouse.org
weSpark Cancer Support Center
This center offers a post-treatment support group for cancer patients who have completed treatment. Topics addressed concern how the cancer diagnosis has affected all areas of one’s life. Some of the areas discussed are fear of recurrence, familial relationships, intimacy and sexuality, body image, career, finances and medical issues. Overall this group focuses on how to better adjust to life after cancer. Spanish groups are available.
13520 Ventura Blvd.
Sherman Oaks, CA 91423
WeSPARK.org
818-906-3022

When Cancer Enters Your Life Support Group
Pomona Valley Hospital Medical Center
Robert and Beverly Lewis Family Cancer Care Center
Pomona, CA 91767
pvhmcc.org
909-865-9907

Woman to Woman
City of Hope
Woman to Woman is a unique support program that pairs gynecologic cancer patients with trained survivor volunteers who provide one-to-one emotional support and mentoring to women when they need it most. From the moment of diagnosis through the end of treatment, Woman to Woman survivor volunteers have helped hundreds of women and their families cope with gynecologic cancer.
City of Hope
Duarte, CA 91010
Program Coordinator: Michele Ochoa, M.S.W.
mochoa@coh.org

Women of Color
This group addresses African-American women with breast cancer.
301 N. Prairie Ave., Suite 420
Inglewood, CA 90301
310-330-5140

Women’s Cancer Support Group
Cancer Support Community
Redondo Beach, CA 90277
cancersupportredondobeach.org
310-376-3550
Wonders & Worriers: A Family’s Illness. A Child’s Journey
Wonders & Worries helps ensure that children and teens continue succeeding even though their parent is going through an illness.

wondersandworries.org
info@wondersandworries.org
512-329-5757

Young Adult Drop-In Group
Cancer Support Community — Benjamin Center
1900 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

cancersupportcommunitybenjamincenter.org
310-314-2555

Young Adult Survivors Networking Group
Cancer Support Community
Westlake Village, CA 91361

CancerSupportVvsb.org
805-379-4777

YWCA Harbor Area
This group provides bilingual breast cancer support.
437 W. 9th St.
San Pedro, CA 90731

310-547-0831
LGBTQ Affirmative Resources

GLMA’s LGBTQ-affirming health care provider directory
glma.org/index.cfm?fuseaction=Page.viewPage&pageId=939&grandparentID=534&parentID=938&nodeID=1

GLMA’s Transgender Health Issues and Resources
glma.org/index.cfm?fuseaction=Page.viewPage&pageId=938&parentID=534

Health and Aging resources
hrc.org/topics/health-and-aging

BISEXUAL MEN AND WOMEN

Bisexual Resource Center
The Bisexual Resource Center envisions a world where love is celebrated, regardless of sexual orientation or gender expression. Because bisexuels today are still misunderstood, marginalized and discriminated against, the center is committed to providing support to the bisexual community and raising public awareness about bisexuality and bisexual people.
biresource.net

TRANSGENDER AND GENDERQUEER

National LGBT Cancer Network
The National LGBT Cancer Network is the only program in the country addressing the needs of all LGBT people with cancer and those at risk. Their work focuses on education, advocacy and training.
cancer-network.org
Take Care of That Body: Cancer Screening Program:
cancer-network.org/screening.php

National Resource Center on LGBT Aging
This center is a project of SAGE (Services and Advocacy for GLBT Elders) offering both physical and virtual resources and training for LGBT elders and the organizations that serve them.
lgbtagingcenter.org

Transgender Legal Defense & Education Fund
Transgender Legal Defense & Education Fund is committed to ending discrimination based upon gender identity and expression and to achieving equality for transgender people through public education, test-case litigation, direct legal services and public policy efforts.
transgenderlegal.org
Prostheses and Wigs

Organizations that offer free or reduced cost wigs and prosthetic equipment for individuals undergoing cancer treatment

Active Life
This group offers postmastectomy certified fitters and services, lymphedema garments and products, breast forms, bras and products.

4activelife.com
818-835-9441 (Canoga Park)
818-495-4610 (Glendale)

The ALL4ONE Alliance
This alliance provides financial assistance for breast prosthesis, postmastectomy bras and garments, and compression apparel for lymphedema. If you have had surgery to treat or prevent breast cancer, you may qualify. Eligibility is based on your financial situation and your diagnosis. Inquire at their website.

all4onealliance.org/support-4-women

American Cancer Society Wig Bank
Southern California Locations
One-on-one consultations include one free wig per patient, finding a wig that will fit your lifestyle, and suggestions for using wigs, turban and scarves. Appointments are required.

cancer.org
800-227-2345

Pasadena
50 N. Hill Ave., Suite 200
Pasadena, CA 91106
Inside Huntington Memorial Hospital

Burbank
500 N. Victory Blvd.
Burbank, CA 91502

Long Beach
936 Pine Ave.
Long Beach, CA 90801

Sylmar
14445 Olive View Drive, Room 4D
Sylmar, CA 91342
Inside Olive View Hospital UCLA Medical Center

Valencia
25020 W. Ave. Stanford,
Unit 170
Valencia, CA 91355

Riverside
7209 Arlington Ave., Suite D
Riverside, CA 92503
Inside The Pink Ribbon Place
BeauBeau Scarves
This online resource sells head scarves designed specifically for hair loss due to chemotherapy, alopecia or other medical conditions. They also sell head scarves, sleep caps, headband scarves, swim caps and other items.
4women.com
941-362-0250

Beauty Bus Foundation
This foundation provides in-home beauty and grooming services free of charge, to men, women and children whose illness or condition prevents them from accessing a salon or spa. Please call or visit the website for service area in Los Angeles County. Please ask about Pop-Up Salons and the Bags of Beauty Program.
2716 Ocean Park Blvd., Suite 1062
Santa Monica, CA 90405
beautybus.org
beauty@beautybus.org
310-392-0900

Chemocessories
This group warms hearts one accessory at a time by collecting new and gently used scarves, turbans and jewelry, putting them into matching “sets” and donating them to women going through chemotherapy and hair loss.
chemocessories.org
chemocessories@gmail.com

Created Hair
This group provides wigs and medical hair loss solutions.
10390 Wilshire Blvd., Suite 306
Los Angeles, CA 90024
createdhair.com
877-367-9447
Crown City Orthopedic
This group offers breast prosthesis, bras and lymphedema products.
980 S. Arroyo Parkway, Suite 100
Pasadena, CA 91105
crowncityortho.com
626-431-2890

Fuzzy Navel Hair & Wig Salon
This salon offers private appointments and customized wigs.
7204 Melrose Ave.
Los Angeles, CA 90046
fuzzynavelsalon.com
323-939-4862

Godiva’s Secret
This group offers wigs, hair loss products and accessories, as well as make-up for chemotherapy patients.
2412 E. Thousand Oaks Blvd.  
22700 Ventura Blvd.
Thousand Oaks, CA 91362  
Woodland Hills, CA 91364
godivassecretwigs.com
818-591-0883, for all locations

Good Samaritan Hospital; Helen’s Room
Helen's Room offers free hats, wigs, scarves, breast prostheses and mastectomy bras that help with self-esteem and body image concerns. By appointment only.
goodsam.org
213-977-2429

Good Wishes
This nonprofit agency provides free of charge, one beautiful It's a Wrap or Good Wishes scarf to anyone experiencing the thinning or loss of hair as a result of illness or treatment. Request item online or by phone.
888-778-5998  (Toll Free)
goodwishesscarves.org

Headcovers Unlimited
This group offers a specialty selection of wigs, turbans, scarves and hats for cancer and other medical patients.
headcovers.com
800-264-4287
Helen’s Room
860 Parkview Drive
North El Segundo, CA 90245
310-524-9429

Hip Hats with Hair
An alternative to wigs, Hip Hats with Hair are handcrafted, comfortable and stylish ways to address hair loss needs.
hipwithhair.com
877-447-4287

JC Penney
This store has mastectomy bras, breast forms, swimwear, accessories and trained fitters.
jcp.jodee.com
800-932-4115

Just in Time
By catalog and internet only, this store offers a variety of soft hats and turbans.
justinhats.com
215-977-7777

Lymphedivas
This group offers medically correct fashion sleeves at half price! All of their garments are printed to order by hand, and sometimes errors occur in the printing process such as misprints or fading. They in turn sell these garments as seconds. All of their seconds provide the specified standard graduated compression for Class 1 and Class 2.
lymphedivas.com
866-411-3482

Nordstrom Prosthesis Program
This program’s certified and confidential fitters are specially trained to fit women for all intimate apparel following a mastectomy, lumpectomy or other reconstructive surgery. Doctors’ referral is requested. Please ask for the lingerie department.
shop.nordstrom.com/c/breast-prosthesis-program

Newport Beach — Fashion Island
949-610-0700
Irvine — Irvine Spectrum Center
949-255-2800
Arcadia — Santa Anita
626-821-6363
Redondo Beach — South Bay Galleria
310-542-9440
Thousand Oaks
805-418-4500

Glendale — Glendale Galleria
818-502-9922
Cerritos — Los Cerritos Center
562-924-0940
Santa Monica
310-752-2701
Los Angeles — The Grove
323-930-2230
Los Angeles — Westside Pavilion
310-470-6155
Pink Heart Funds
This nonprofit agency offers free breast prostheses and wigs for children and adults in the United States who do not have sufficient insurance coverage or are unable to afford the purchase of wigs or breast prostheses. A nominal shipping/handling fee may apply. Please call or visit the website for eligibility requirements.

pinkheartfunds.org
228-575-8299

Sears Roebuck & Co.
This store has mastectomy bras and breast prosthesis by catalog and internet.

sears.com
800-326-1750

Tender Loving Care
This not-for-profit website and catalog of the American Cancer Society has wigs, hats, turbans and mastectomy products available for purchase. Call for orders or catalog.

tlcdirect.org
800-850-9445

Wigs for Kids
This nonprofit organization provides free hair replacement systems and support for children around the world who have lost their hair due to chemotherapy, radiation therapy, alopecia, trichotillomania, burns and other medical issues; for children ages 18 or younger who qualify.

wigsforkids.org
440-333-4433
In-home Supportive Services

In Home Supportive Services Program
This program helps pay for services to enable individuals who are 65 years of age or older, have disabilities or are blind to remain in their own homes. Eligibility is based on income.
ladpss.org/dpss/ihss
888-944-IHSS (888-944-4477)

State of California Home Health Service Referrals/In-Home Supportive Services
This organization provides referrals for in-home care, day care programs, care management services, meal programs, home modifications, transportation services, home health programs, health insurance counseling and other community resources.
888-944-IHSS (4477) or 213-744-4477
Integrative Therapies: Yoga, Acupuncture and other Mind-Body Practices

Blue Heart Acupuncture
This group offers treatments on a sliding scale of $20 to 50, where patrons choose what they can afford.
1912 N. Batavia St., Suite J
Orange, CA 92865
blueheartacu.com
info@blueheartacu.com
714-798-4325

Cancer Fitness Program
Glendale Adventist Medical Center
2560 Colorado Blvd.
Los Angeles, CA 90041
glendaleadventist.com
323-255-5409

Center Point Community Acupuncture
6324 Coldwater Canyon Ave.
North Hollywood, CA 91606
cpacupuncture.com
cpcafrondesk@gmail.com
818-358-2178 (Spanish speaking)

Comedy Night
Cancer Support Community
530 Hampshire Road
Westlake Village, CA 91361
CancerSupportVvsb.org
805-379-4777

Dynamic Strength Training
Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105
cscpasadena.org
626-796-1083
Eagle Rock Community Acupuncture
This group’s services are provided by licensed acupuncturists in community or common room; private rooms are available at an additional cost.
2042 Colorado Blvd.
Los Angeles, CA 90041
rcaclinic.com
ercaclinic@gmail.com
323-255-2700

The Feldenkrais Method
Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025
cancersupportcommunitybenjamincenter.org
310-314-2555

Kids Drum Circle
Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025
cancersupportcommunitybenjamincenter.org
310-314-2555

“Knotty Knitters”
Cancer Support Community — Ventura
530 Hampshire Road
Westlake Village, CA 91361
CancerSupportVvsb.org
805-379-4777

Long Beach Community Acupuncture
This group offers treatments on sliding scale fee of $15 to $40 with an initial consultation fee of $10 for new patients.
301 Atlantic Ave., Suite D
Long Beach CA, 90802
longbeachcommunityacupuncture.com
infolongbeachca@gmail.com
562-477-5045
Meditation Circle
Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105
cscpasadena.org
626-796-1083

Meditation Group: Open Sitting
Cancer Support Community
530 Hampshire Road
Westlake Village, CA 91361
CancerSupportVvsb.org
805-379-4777

Mindfulness
Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025
cancersupportcommunitybenjamincenter.org
310-314-2555

Mindfulness Meditation
Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277
cancersupportredondobeach.org
310-376-3550

Pilates
Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025
cancersupportcommunitybenjamincenter.org
310-314-2555

Return to Wellness
This series of weekly meet-ups offers healthy lifestyle and physical activity for cancer survivors.
Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277
cancersupportredondobeach.org
310-376-3550
Robert Chu Acupuncture/Herbal Therapy
Robert Chu, Ph.D., L.Ac.
1028 N. Lake Ave., Suite 107
Pasadena, CA 91104
acuchu.com
chusauli@gmail.com
626-345-0441 (Clinic)

Singing Circle
Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025
cancersupportcommunitybenjamincenter.org
310-314-2555

Slo-Poke Acupuncture
1000 Fremont Ave., Suite 130A
South Pasadena, CA 91030
(Enter Fremont Center Theatre from El Centro doors)
slopokeacupuncture.com
slopokeacupuncture@gmail.com
626-427-7653 (POKE)

Stress Reduction Group
Glendale Adventist Medical Center
Glendale, CA 91206
glendaleadventist.com
818-409-3530

Walking for Wellness at the Rose Bowl
Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105
cscpasadena.org
626-796-1083

Watercolor Art Class
Cancer Support Community — Valley/Ventura/Santa Barbara
530 Hampshire Road
Westlake Village, CA 91361
CancerSupportVvsb.org
805-379-4777
Watercolor Painting
Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105

cscpasadena.org
626-796-1083

Writing Drop-In Group
Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025

cancersupportcommunitybenjamincenter.org
310-314-2555

Writing for Wellness
Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277

cancersupportredondobeach.org
310-376-3550
YOGA

Cancer Fitness Program
This free program is for cancer patients following surgery, radiation, and/or chemotherapy.
Glendale Adventist Medical Center (Outpatient Physical Therapy)
Eagle Rock Plaza
2560 Colorado Blvd.
Eagle Rock, CA 90041
323-255-5409

Chair Yoga for Cancer Survivors
The class teaches gentle yoga movements and relaxation techniques. It’s good for any level of fitness. Wear comfortable clothing. This class is located near the Staff Training Center, next to the Cancer Center.
Glendale Adventist Medical Center
Merrill Ave.
Glendale, CA 91206
818-409-8218

Mary Beth LaRue Yoga
Will work with young adult survivors on a sliding scale on a case-by-case basis, as well as pro bono with young adult survivors on a case-by-case basis.
mblarue.com
melarue@gmail.com
202-669-2063

Mission Street Yoga and Pilates
Yoga Therapeutics (for injury and cancer)
1017 Mission St.
South Pasadena, CA 91030
Visit the website for pricing and schedule.
missionstreetyoga.com
626-441-1144

Sara Zuboff, Peace in Practice Yoga & Massage Therapy
Providing yoga and massage therapy for people with conditions including Guillain Barre, breast cancer, rheumatoid arthritis, multiple sclerosis and pelvic dysfunction. Will work with young adult survivors on a sliding scale on a case-by-case basis.
Peace In Practice
Pilates Westwood
1309 Westwood Blvd.
Los Angeles, CA 90024
peaceinpractice.com
sara@peaceinpractice.com
310-867-4891
Therapeutic Yoga for Cancer
Yoga House
11 W. State St.
Pasadena, CA 91105
This group is one block north of City of Hope | South Pasadena. The cost is free to patients with cancer.
626-403-3961

Yoga at Cancer Support Community
The Cancer Support Community (CSC) offers a comprehensive supportive and educational environment to help people going through the cancer journey. Services include weekly support groups, educational seminars, stress reduction, yoga and strength training. Orientation is a first step to accessing CSC's many community based services.
cancersupportcommunity.org/find-affiliate
888-793-9355

Cancer Support Community — Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025
310-314-2555

Cancer Support Community — Pasadena
200 E. Del Mar Blvd., Suite 118
Pasadena, CA 91105
626-796-1083

Cancer Support Community — Redondo Beach
109 W. Torrance Blvd.
Redondo Beach, CA 90277
310-376-3550
Welcome to Wellness Meeting is required prior to attendance.

Cancer Support Community — San Fernando Valley
The Granada Pavilion
11128 Balboa Blvd.
Granada Hills, CA 91344
818-468-8606

Cancer Support Community — Ventura
530 Hampshire Road
Westlake Village, CA 91361
805-379-4777

Gilda’s Club Desert Cities — A Cancer Support Community Affiliate
73555 Alessandro Drive
Palm Desert, CA 92260
gildasclubdesertcities.org
760-770-5678
This organization is an essential complement to medical care, providing network and support groups, workshops, education and social activities. Visit website for details.
ZUMBA

Zumba is a Latin-inspired dance fitness class that incorporates Latin and international music with simple dance movements.

Cancer Support Community-Benjamin Center
1990 S. Bundy Drive, Suite 100
Los Angeles, CA 90025
6:15 to 7 p.m., every Tuesday
310-314-2555
Life After Cancer: Survivorship Support

ABCD: After Breast Cancer Diagnosis
This national nonprofit offers support from a survivor mentor via a national helpline staffed by ABCD Mentors and former Y-ME Peer Counselors.

[Website: abcdbreastcancersupport.org]  
800-977-4121 — Breast Cancer Helpline  
414-977-1780 — Main/Program Services

American Cancer Society’s Cancer Resource Center
Provides educational materials and American Cancer Society program information to assist patients and families with understanding cancer treatment and enhance quality of life. Please call for locations.

cancer.org  
800-227-2345

Bloch Cancer Hot Line
This program of the R.A. Bloch Cancer Foundation is for people with cancer and their families. Call toll free to speak with a survivor of your type of cancer.

[blochcancer.org]  
800-433-0464

Breast Cancer Support — “Reach to Recovery”
A Program of the American Cancer Society
Contact with a woman facing a diagnosis of breast cancer by a breast cancer survivor. All visitors are trained and certified by Reach to Recovery standards.

cancer.org  
800-227-2345

Cancer Hope Network
Cancer Hope Network is a national, nonprofit support organization which offers free, one-on-one emotional support to adult cancer patients and their families. This support is provided via telephone by 400 trained volunteers who have all been through a similar cancer experience, have recovered and are once again leading productive lives. By giving recently diagnosed patients the gift of hope, they help them to successfully cope with their cancer and its treatment.

cancerhopenetwork.org  
908-879-4039
Cancer Survivors Network
This network is an internet-based emotional support system created by and for cancer survivors and caregivers. The Cancer Survivors Network allows you to communicate with people nationwide to find encouragement and support from those who have lived the cancer experience.

cancer.org/csn

Living Beyond Breast Cancer (LBBC)
This nonprofit organization is dedicated to empowering all women affected by breast cancer to live as long as possible with the best quality of life. Find up-to-date information whether you are newly diagnosed, in treatment, recently completed treatment, are years beyond or are living with metastatic breast cancer.

When you have questions, need someone to listen or don’t know where to turn, call LBBC Helpline. Your call will be answered by another woman who knows what you’re feeling — a woman who has experienced breast cancer. Whatever your circumstances, we can help.

lbcc.org
888-753-5222

MetaCancer — a community of survivors and caregivers.
This group provides resources and online support for metastatic cancer survivors and their caregivers.

metacancer.org

Metastatic Breast Cancer Network
The Metastatic Breast Cancer Network produces and offers a wide variety of up-to-date information and resources for people dealing with metastatic breast cancer.

mbcn.org

Online Support: Group Loop for Adults Affected by Cancer
At this safe and fun online community, teens affected by cancer can meet and connect. It has 24-hour-a-day live discussion boards, instant messenger, video journals, a personal blog and access to other teens.

grouploop.org
888-793-9355

Stupid Cancer
Stupid Cancer is a nonprofit organization that empowers young adults (15 to 39) affected by cancer through innovative and award-winning programs and services. They offer age-appropriate support to cancer directories, blogs, webcasts and advocacy tools. Their charter is to ensure that no one goes unaware of the assistance they are entitled to so they can get busy living. Links are provided to many financial resources.

stupidcancer.org/index.shtml
Susan G. Komen for the Cure Affiliates
This group offers education, information and resources. Their Linking A.R.M.S. (Assistance & Resources Made Simple) program is dedicated to providing financial assistance, education and support services to low-income, underinsured or uninsured breast cancer survivors. Those eligible may receive limited financial assistance for treatment, pain and anti-nausea medication, child care, transportation, lymphedema care and durable medical equipment.

komen.org
877-465-6636 (national hotline)
951-676-7465 (Inland Empire)
310-575-3011 (Los Angeles)
714-957-9157 (Orange County)
858-573-2760 (San Diego)

TNBC — Triple Negative Breast Cancer Foundation
The helpline is staffed by experienced oncology social workers with specific knowledge of triple-negative breast cancer. They are a credible source for triple-negative breast cancer information, a catalyst for science and patient advocacy groups, and a caring community with meaningful services for patients and their families.

tnbcfoundation.org
646-942-0242
Lodging Assistance

Extended Stay America
The American Cancer Society has a partnership with Extended Stay America, to offer free or reduced rate overnight hotel stays to cancer patients who must travel for outpatient treatment and need assistance with lodging. The program is open to cancer patients of all ages, including pediatric patients accompanied by a parent and patients traveling with children. All accommodations are provided based on eligibility requirements and are subject to availability and to restrictions imposed by the participating hotels. Requests for lodging are met on a first-come, first-served basis.

800-227-2345

Joe’s House — A Lodging Guide for Cancer Patients
Joe’s House works with hotels and other lodging facilities to centralize inventory and provide medical discounts to cancer patients. The website offers a consolidated accommodations list that caters to cancer patients, their families and caregivers. Some of their lodging options accept any patient, regardless of illness. Please visit the website and click on “Lodging” to find a location.

joeshouse.org
877-563-7568
Grief and Bereavement Support

Some organizations offering grief and bereavement support may have a religious affiliation. Please check with the organization before attending.

City of Hope Bereavement Support Group
This group has 12 weekly meetings where spouses, close relatives, parents, siblings and children learn about grief, mourning, healing, communication and coping strategies. Maybe more important, they find companionship and validation from others experiencing similar profound loss, disconnect and confusion about how to move forward. Dates vary; please contact Tiffany Yang.

tiyang@coh.org
626-218-0243

The Compassionate Friends
The Compassionate Friends offer support groups for parents who have lost a child. The organization has chapters across the state of California.

compassionatefriends.org/find-support/chapters/chapter-locator
630-990-0010

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Address</th>
<th>Phone</th>
<th>Contact</th>
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<tbody>
<tr>
<td>Inland Empire Chapter</td>
<td>5500 Alessandro Blvd. Riverside, CA 92506</td>
<td>951-265-3820 (Kristan)</td>
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<tr>
<td>Orange Coast/Irvine Chapter</td>
<td>20 Lake Road Irvine, CA 92604</td>
<td>714-504-7042 (Janice)</td>
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<tr>
<td>Orange County Chapter 1</td>
<td>1119 Lambert Drive South Fullerton, CA 92833</td>
<td>562-943-2269 (Yolanda)</td>
<td>714-335-4763 (George)</td>
</tr>
<tr>
<td>Orange County Chapter 2</td>
<td>820 W. Imperial Highway Brea, CA 92821</td>
<td>562-943-2269 (Yolanda)</td>
<td>714-335-4763 (George)</td>
</tr>
<tr>
<td>Pomona-San Gabriel Valley Chapter</td>
<td>5500 Francis Ave. Chino, CA 91710</td>
<td>626-919-7206</td>
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<tr>
<td>San Fernando Valley Chapter</td>
<td>5601 De Soto Ave. Woodland Hills, CA 91367</td>
<td>818-267-6105</td>
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<tr>
<td>Santa Clarita Valley Chapter</td>
<td>26889 Bouquet Canyon Road Santa Clarita, CA 91350</td>
<td>compassionatefriends-scv.org</td>
<td>661-252-4654 (Diane) 661-373-5070</td>
</tr>
<tr>
<td>South Bay/LA Chapter 1</td>
<td>415 Paseo Del Mar Palos Verdes Estates, CA 90274</td>
<td>tcfsbla.org</td>
<td>310-963-4646</td>
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</table>
South Bay/LA Chapter 2
25343 Crenshaw Blvd.
Torrance, CA 90505
tcsbla.org
714-504-7042 (Janice)

TCF of Antelope Valley
1608 W. Ave., K8
Lancaster, CA 93534
661-609-0634 (Stacey)

TCF of Los Angeles
5870 W. Olympic Blvd.
Los Angeles, CA 90036
tcfla.org
310-474-3407

TCF of Newport Beach
801 Narcissus Ave.
Newport Beach, CA 92625
917-703-3414 (Basia)

TCF of South Los Angeles
1801 E. Century Blvd.
Los Angeles, CA 90002
323-546-9755

TCF Redlands CA Chapter
2 W. Olive Ave.
Redlands, CA 92373
800-717-0373

Verdugo Hills Chapter
1812 Verdugo Blvd.
Glendale, CA 91208
818-236-3635
tcf-verdugo.org

Victor Valley Chapter
17150 C St.
Victorville, CA 92395
760-486-1212 (Olga)

The Gathering Place
5315 Torrance Blvd., Suite B-1
Torrance, CA 90503
griefcenter.info/welcome.html
310-546-6407

GriefShare
GriefShare seminars and support groups can be found across the United States and Canada.
griefshare.org/findagroup
800-395-5755

New Hope Grief Support Community
This group charges $40 for a nine-week series. They offer a sliding-scale; fees can be waived.
No one is turned away.
3443 San Anselme Ave.
Long Beach, CA 90808
newhopegrief.org
562-429-0075

Pathways Hospice
3701 Michelson St.
Lakewood, CA 90712
pathwayshospice.org/grief-support
562-531-3031 (grief counselor)
Online Social Networking: Stay Connected Along the Cancer Journey

City of Hope's Hopeful.org
A place for patients, families, survivors and caregivers to connect with each other, receive support and find City of Hope resources, information and education.

City of Hope on Facebook
facebook.com/cityofhope

The Sheri & Les Biller Patient and Family Resource Center on Facebook
facebook.com/cityofhope.billerresourcecenter

American Cancer Society's Circle of Sharing
cancer.org/circleofsharing

CaringBridge
caringbridge.org

Colorectal Cancer Community
ccalliance.org

The Leukemia & Lymphoma Society Community
community.lls.org

Lots a Helping Hands
lotsahelpinghands.com

Planet Cancer
Livestrong
livestrong.org

Share the Care
sharethecare.org

Youth Survival Coalition
younsgsurvival.org
ADDITIONAL ONLINE RESOURCES
There are many other online resources with useful information for people with breast cancer and their families. Take advantage of all the information to help you learn more and stay well-informed.

Association of Cancer Online Resources
acor.org

National Breast Cancer Coalition
stopbreastcancer.org
800-622-2838

National Cancer Institute
cancer.gov
800-4-CANCER (800-422-6237)

National Coalition for Cancer Survivorship
canceradvocacy.org

People Living Through Cancer
centerfornonprofitexcellence.org/mdd-project/people-living-through-cancer/2014-7-22

Susan G. Komen for the Cure
komen.org

Young Survival Coalition
youngsurvival.org
877-972-1011
Community Health Centers and Primary Care Providers

Having a regular primary care physician (family doctor or nurse practitioner) is very important for staying healthy. Regular follow-up visits with your primary care provider, even when you feel healthy, can help prevent small problems from becoming big.

Most of the clinics, doctors and other health care centers listed below provide high quality medical and social services at reduced prices. They accept health insurance, Medicare, Medi-Cal and low-income county-based health coverage programs. Many also offer sliding scale fees for doctor/nurse visits and medications. Their health advocates can help you and your family find what health care coverage programs you may be eligible for, including Covered California or cancer detection and prevention programs.

AltaMed Health Services — Los Angeles County
This nonprofit community health center provides comprehensive primary care health services.

888-499-9303
altamed.org

AltaMed Medical Group
2219 E. 1st St.
Los Angeles, CA 90033

AltaMed Medical Group at Hollywood Presbyterian Medical Center
Patient Tower, First Floor
1300 N. Vermont Ave.
Los Angeles, CA 90027
323-454-6940

AltaMed Medical Group — Commerce
5427 Whittier Blvd.
Los Angeles, CA 90022

AltaMed Medical Group — Estrada Courts
1305 S. Concord St., Suite 18
Los Angeles, CA 90023

AltaMed Medical Group — Pico Rivera, Slauson
9436 E. Slauson Ave.
Pico Rivera, CA 90660
562-949-6069

AltaMed Medical and Dental Group — West Covina
1300 Sunset Ave.
West Covina, CA 91790
626-960-6999

AltaMed Health Insurance Resource Center
5436 Whittier Blvd.
Los Angeles, CA 90022
877-462-2582

AltaMed Medical and Dental Group — Bell
6901 Atlantic Ave.
Bell, CA 90201
323-562-9222 (Dental)

AltaMed Medical Group — East Los Angeles, 1st Street
2219 E. 1st St.
Los Angeles, CA 90033

AltaMed Medical Group — Huntington Park
1900 E. Slauson Ave.
Huntington Park, CA 90255

AltaMed Medical Group — Pico Rivera, Passons
6336 Passons Blvd.
Pico Rivera, CA 90660
562-949-0965

AltaMed Medical Group — Westlake
2105 Beverly Blvd., Suite 117
Los Angeles, CA 90057
213-413-8742
AltaMed General Pediatrics at
Children’s Hospital Los Angeles
4650 Sunset Blvd., MS 76
Los Angeles, CA 90027
323-669-2113

AltaMed Medical and Dental Group — Boyle Heights
3945 Whittier Blvd.
Los Angeles, CA 90023
323-307-0449 (Dental)

AltaMed Medical and Dental Group — El Monte
10418 Valley Blvd., Suite B
El Monte, CA 91731
626-453-8466 (Dental)

AltaMed Medical Group — Ramona Gardens
1424 Crusado Lane, Suite 168
Los Angeles, CA 90033
323-226-0623

AltaMed Medical Group — Montebello
2321 W. Whittier Blvd.
Montebello, CA 90640
323-724-5232

AltaMed Medical Group — William Mead
268 E. Bloom St., Suite 322
Los Angeles, CA 90012
323-276-0267

AltaMed Medical and Dental Group — Anaheim, Lincoln
1814 W. Lincoln Ave.,
Anaheim, CA 92801
Dental 714-399-0487

AltaMed Medical and Dental Group — Huntington Beach
8041 Newman Ave.
Huntington Beach, CA 92647
714-500-0400 (Dental)

AltaMed Medical Group — Santa Ana, Central
1155 W. Central Ave.,
Suites 104-107
Santa Ana, CA 92707

AltaMed Medical Group — Orange County
888-499-9303
altamed.org

AltaMed Health Insurance Resource Center
2720 S. Bristol St., #104
Santa Ana, CA 92704
877-462-2582

AltaMed Medical Group — Garden Grove
12751 Harbor Blvd.
Garden Grove, CA 92840

AltaMed Medical Group — Santa Ana, Bristol
2720 S. Bristol St., #101
Santa Ana, CA 92704

Antelope Valley Community Clinic
avclinic.org
661-942-2391

LANCASTER LOCATIONS:
Antelope Valley Community Clinic,
Health and Wellness
Services Provided: Primary Care, Dental
Services, Mental Health, Psychiatry, Podiatry,
Endocrinology and Cardiology
45104 10th St. West
Lancaster, CA 93534

Antelope Valley Community Clinic,
Urgent Care/Walk-In Clinic
Urgent Care/Walk-in clinic is for conditions that require prompt attention, but do not pose an immediate, serious threat to your health or life.
45104 10th St. West
Lancaster, CA 93534
AVCC Adult Day Health Care
At this facility, services provided include respite, therapeutic recreation and activity programs for adults with physical impairments, including those who have had strokes, traumatic brain injuries, other physical disabilities, mental illness or memory impairment.
858 Jackman St., #101
Lancaster, CA 93534
661-942-1228

PALMDALE LOCATION:
Antelope Valley Community Clinic — Palmdale
At this clinic, services provided include primary care, dental, mental health and psychiatry.
2151 E. Palmdale Blvd.
Palmdale, CA 93550

Arroyo Vista Family Health Center
This nonprofit community health center provides comprehensive primary care health services.
arroyovista.org

LOCATIONS:
Arroyo Vista Family Health Center
6000 N. Figueroa St.
Los Angeles, CA 90042

Arroyo Vista Family Health Center — Loma Drive
303 S. Loma Drive, Suite 202
Los Angeles, CA 90017

Arroyo Vista Family Health Center — Huntington Drive
4837 Huntington Drive North, Suite A
Los Angeles, CA 90032

Arroyo Vista Family Health Center — El Sereno
4815 Valley Blvd, Suite C
Los Angeles, CA 90032

Arroyo Vista Family Health Center — Lincoln Height
2411 N. Broadway
Los Angeles, CA 90031

Bartz-Altadonna Community Health Center
43322 Gingham Ave., Suite 105
Lancaster, CA 93535
661-874-4050
Central City Community Health Center
This nonprofit community health center provides comprehensive primary care health services.

centralcityhealth.org

Anaheim Health Center
2237 W. Ball Road
Anaheim, CA 92804
714-490-2750

El Monte Clinic
10050 Garvey Ave., #111
El Monte, CA 91733
626-652-0790

Baldwin Park Clinic #1
4126 N. Maine Ave.
Baldwin Park, CA 91706
626-653-0800

Baldwin Park Clinic #2
4160 N. Maine Ave., Suite B1
Baldwin Park, CA 91706
626-384-2400

Indio Health Center
81709 Dr. Carreon Blvd.
Suite D-1 Indio, CA 92201
760-342-3336

La Puente Clinic
13742 Amar Road
La Puente, CA 91746
626-919-0400

Garden Grove Health Center
12511 Brookhurst St., 2nd Floor
Garden Grove, CA 92840
714-643-7176

Norco Health Center
1860 Hamner Ave.
Norco, CA 92860
951-479-0070

Central Neighborhood Health Foundation
This nonprofit community health center provides comprehensive primary care health services.

cnhfclinics.org

Central
2707 S. Central Ave.
Los Angeles, CA 90011
323-234-5000

Inglewood
2710 W. Manchester Blvd.
Inglewood, CA 90305
323-778-4310

Grand
2614 S. Grand Ave.
Los Angeles, CA 90007
323-234-5000

H Street
1329 N. H St.
San Bernardino, CA 92405
909-381-0803

Fontana
7965 Sierra Ave.
Fontana, CA 92336
909-356-4459

Chinatown Service Center Family Health Clinic
This nonprofit community health center provides comprehensive primary care health services.

767 N. Hill St., Suite 200
Los Angeles, CA 90012
cscla.org
213-808-1700
Clinica Monsenor Oscar A Romero
This nonprofit community health center provides comprehensive primary care health services.

clinicaromero.com

Boyle Heights
2032 Marengo St.
Los Angeles, CA 90033
213-989-7700

Pico-Union
23 S Alvarado St.
Los Angeles, CA 90057
213-989-7700

Comprehensive Community Health Center
This nonprofit community health center provides comprehensive primary care health services.

cchccenters.org

Highland Park
5059 York Blvd.
Los Angeles, CA 90041
323-344-4144

North Hollywood
12157 Victory Blvd.
North Hollywood, CA 91606
818-755-8000

Glendale
801 S. Chevy Chase Drive, Suite 250
Glendale, CA 91205
818-265-2264 (Medical)
818-265-2259 (Dental)

Eagle Rock
1704 Colorado Blvd.
Los Angeles, CA 90041
323-256-4116 (Medical)
323-543-2444 (Dental)

Crenshaw Community Health Center
This nonprofit community health center provides comprehensive primary care health services.

3756 Santa Rosalia Drive, Suite 400
Los Angeles, CA 90008
wattshealth.org
323-568-5460

Eisner Pediatric & Family Medical Center
This nonprofit community health center provides comprehensive primary care health services.

1530 S. Olive St.
Los Angeles, CA 90015
pedcenter.org
213-747-5542
Hubert Humphrey Comprehensive Health Center
5850 S. Main St.
Los Angeles, CA 90003
323-897-6000
818-846-4312 (appointments)
Urgent care is available until midnight.
dhs.lacounty.gov/wps/portal/dhs/humphrey

Los Angeles Christian Health Centers
311 Winston St.
Los Angeles, CA 90013
lachc.com
213-893-1960

Los Angeles Christian Health Centers-Pico Aliso
1625 E. 4th St.
Los Angeles, CA 90033
lachc.com

Magnolia Community Health Center
chsica.org/magnolia.htm

LOCATIONS:
Bloomington Community Health Center
18601 Valley Blvd.
Bloomington, CA 92316
909-546-7520

Fallbrook Family Health Center
1328 S. Mission Road
Fallbrook, CA 92028
760-451-4720

Magnolia Community Health Center
9380 Magnolia Ave.
Riverside, CA 92503
951-373-5620
951-373-5630 (Dental)

Moreno Valley Family Health Center
22675 Alessandro Blvd.
Moreno Valley, CA 92553
951-571-2350
951-571-2365 (Dental)

University Community Health Center
2933 University Ave.
Riverside, CA 92507
951-224-8220
951-224-8230 (Dental)
Mission City Community Network Inc.  
mccn.org  
818-895-3100

LOCATIONS:

La Puente Clinic  
1025 N. Willow Ave.  
La Puente, CA 91746

Northridge Clinic  
8363 Reseda Blvd., Suite 11  
Northridge, CA 91324

Parthenia Clinic  
15206 Parthenia St.  
North Hills, CA 91343

Mission Hills Clinic  
10200 Sepulveda Blvd., #300A  
Mission Hills, CA 91345

Orange Grove Clinic  
1818 N. Orange Grove, #205  
Pomona, CA 91767

Panorama Clinic  
8771 Van Nuys Blvd.  
Panorama, CA 91402

Monrovia Clinic  
513 E. Lime St., Suite 103  
Monrovia, CA 91016

Northeast Community Clinic  
northeastcommunityclinics.com  
888-311-6322

LOCATIONS:

Northeast Community Clinic  
5428 N. Figueroa St.  
Los Angeles, CA 90042  
323-256-3884

Northeast Community Clinic — Foshay Clinic  
1414 S. Grand Ave., Suite 380  
Los Angeles, CA 90015  
213-222-1300

Northeast Community Clinic — Women’s Health Clinic  
5820 N. Figueroa St.  
Los Angeles, CA 90042  
323-255-6000

Northeast Community Clinic — Grand  
1400 S. Grand Ave., Suite 700  
Los Angeles, CA 90015  
213-765-7500
Northeast Valley Health Corporation
nevhc.org

LOCATIONS:
SAN FERNANDO VALLEY
818-270-9777

Canoga Park Health Center
7107 Remmet Ave.
Canoga Park, CA 91303
818-340-3570

San Fernando Health Center
1600 San Fernando Road
San Fernando, CA 91340
818-365-8086

Pacoima Health Center
12756 Van Nuys Blvd.
Pacoima, CA 91331
818-896-0531

Sun Valley Health Center
7223 N. Fair Ave.
Sun Valley, CA 91352
818-432-4400

SANTA CLARITA VALLEY
661-705-2040

Santa Clarita Health Center
18533 Soledad Canyon Road
Santa Clarita, CA 91351
661-673-8800

Valencia Health Center
23763 Valencia Blvd.
Valencia, CA 91355
661-287-1551

QueensCare Health Centers
queenscarehealthcenters.org
323-635-1140

QueensCare Health Centers — Hollywood
4618 Fountain Ave.
Los Angeles, CA 90029
323-953-7170

QueensCare Health Centers — East Third Street
4816 E. 3rd St.
Los Angeles, CA 90022
323-780-4510

QueensCare Health Centers — Echo Park
150 N. Reno St.
Los Angeles, CA 90026
213-380-7298

QueensCare Health Centers — Eagle Rock
4448 York Blvd.
Los Angeles, CA 90041
323-344-5233
Riverside Community Health Foundation
rchf.org
951-788-3471

LOCATIONS:
Eastside Health Center
1970 University Ave.
Riverside, CA 92507
951-213-3450 (Medical)
951-213-3460 (Dental)

Arlanza Family Health Center
8856 Arlington Ave.
Riverside, CA 92503
951-710-3970 (Medical)
951-710-3980 (Dental)

Riverside Neighborhood Health Center
rivco-familycarecenters.org

LOCATIONS:

Riverside Neighborhood Health Center
7140 Indiana Ave.
Riverside, CA 92504
951-358-6000

Corona Family Care Center
505 S. Buena Vista Ave., Suite #101
Corona, CA 92882
951-272-5445

Jurupa Family Care Center
9415 Mission Blvd.
Riverside, CA 92509
951-360-8795

Banning Family Care Center
3055 W. Ramsey St.
Banning, CA 92220
951-849-6794

The Saban Free Clinic — Beverly Health Center
8405 Beverly Blvd.
Los Angeles, CA 90048
sabancommunityclinic.org
323-653-1990

South Central Family Health
4425 S. Central Ave.
Los Angeles, CA 90011
scfhc.org
323-908-4200

St. Anthony Medical Center — Hollywood Clinic
6368 Hollywood Blvd.
Los Angeles, CA 90028
stanthonymedical.org
323-469-5555
St. Anthony Medical Center — Imperial
837 W. Imperial Highway
Los Angeles, CA 90044
stanthonymedical.org
323-755-9555

St. Anthony Medical Center — Pico Clinic
2515 W. Pico Blvd.
Los Angeles, CA 90006
stanthonymedical.org
213-384-4555

St. John’s Well Child & Family Center
5701 S. Hoover St.
Los Angeles, CA 90037
wellchild.org
323-541-1616

St. John’s Well Child & Family Center
808 W. 58th St.
Los Angeles, CA 90037
wellchild.org
323-541-1400

T.H.E. Clinic at Ruth Temple Health Center
3834 S. Western Ave.
Los Angeles, CA 90062
tohelpeveryone.org
323-730-1920

Umma Community Clinic
711 W. Florence Ave.
Los Angeles, CA 90044
ummaclinic.org
323-789-5610

United American Indian Involvement
1125 W. 6th St., Suite 103
Los Angeles, CA 90017
uaii.org
213-202-3977
Universal Community Health Center
1005 E. Washington Blvd., Suite A
Los Angeles, CA 90021
uchcla.org
213-745-3626

Watts Health Center
10300 Compton Ave.
Los Angeles, CA 90002
wattshealth.org
323-564-4331

Wesley Health Centers — JWCH Institute
This nonprofit community health center provides comprehensive primary care health services.
jwchinstitute.org

LOCATIONS:

Weingart Center
515 E. 6th St.
Los Angeles, CA 90021
213-689-2131

Center for Community Health Downtown
522 S. San Pedro St.
Los Angeles, CA 90013
213-486-4050

Wesley Health Centers — Bellflower
14371 Clark Ave.
Bellflower, CA 90706
562-867-7999 and 866-733-5924

Wesley Health Centers — Downey
8530 Firestone Blvd.
Downey, CA 90241
562-867-7999

Wesley Health Centers — Hacienda Heights
15898 E. Gale Ave.
Hacienda Heights, CA 91745
562-867-7999

Wesley Health Centers — Lynwood
3591 E. Imperial Highway
Lynwood, CA 90262
562-867-7999 and 866-733-5924

Wesley Health Centers — Norwalk
12360 Firestone Blvd.
Norwalk, CA 90650
562-867-7999 and 866-733-5924

Wesley Health Centers — East Hollywood
954 N. Vermont Ave.
Los Angeles, CA 90029
562-867-7999 and 866-733-5924

Wesley Health Centers — Bell Gardens
6912 Ajax Ave.
Bell Gardens, CA 90261
562-867-7999 and 866-733-5924
Free Computer Use And Other Public Library Services

Public libraries are an excellent place for finding resources in both the community and also inside the library itself. Many branches have free computer access for public use, including internet use, word processing and printing services (at a small cost per page), photocopy and faxing services.

To find your nearest public library, visit the Southern California Libraries Cooperative at socallibraries.org/libraries.

Los Angeles Public Library

Word processing services offered include Microsoft Word, Wordpad and Adobe PDF software. Bring your own flash drive; save to Google Docs.
lapl.org/collections-resources/word-processing

ONLINE LEARNING RESOURCES
lapl.org/collections-resources/online-learning

SERVICES FOR PEOPLE WITH DISABILITIES
lapl.org/about-lapl/ada

Programs include:

Homebound Friends and Neighbors: Homebound library patrons may choose a friend or neighbor to pickup and return library materials. To apply for a homebound library card, or if you need additional information about this service, contact your local branch, call the Circulation Support Office 213-228-7065, or visit lapl.org/sites/default/files/media/pdf/homebound_card_app.pdf to print out and mail in an application.

Audiobook and e-Audiobook Collection: Audiobooks are available from the Central Library and branches of the Los Angeles Public Library in all subject areas. In addition, e-audiobooks are accessible through the Library’s e-Media lapl.org/collections-resources/e-media home page.

Large Type Book Collection: Large type books are available from the Central Library and many Los Angeles Public Library branches. The Central Library collection is located in the Literature and Fiction Department on the third floor. Contact your local branch to find out how you can request for large type books to be delivered to your local branch.

Sheri & Les Biller Patient and Family Resource Center

City of Hope — Duarte Campus
1500 E. Duarte Road
Duarte, CA 91010

In Main Medical Building, behind the fountain
Work, School and Cancer: Legal and Financial Resources and Information

Cancer and Careers
This organization provides resources and information on returning to work after treatment, searching for a new job and other resources.
cancerandcareers.org

Cancer Legal Resource Center
Cancer Legal Resource Center (CLRC) provides education and advocacy services for people with disabilities, cancer and other serious illness. Services and education include job protection during treatment, how to access health care and government benefits, taking medical leave and estate planning.
(866) THE-CLRC (843-2572)
213-487-2106
CLRC@drlcenter.org