



Cancer Awareness Program

2019 Healthy Living Conference

Tzu Chi Medical Foundation



Background

With the cancer specialties, and up to date therapeutic information, deliver to the public to promote cancer awareness early checkup, early treatment, try to achieve the best program for the patients.

Cancer Awareness Program (CAP) aims to enhance the knowledge of cancer and cancer prevention.

This includes:

- Cancer awareness workshops
- Early detection screenings
- Monthly cancer support groups

Program

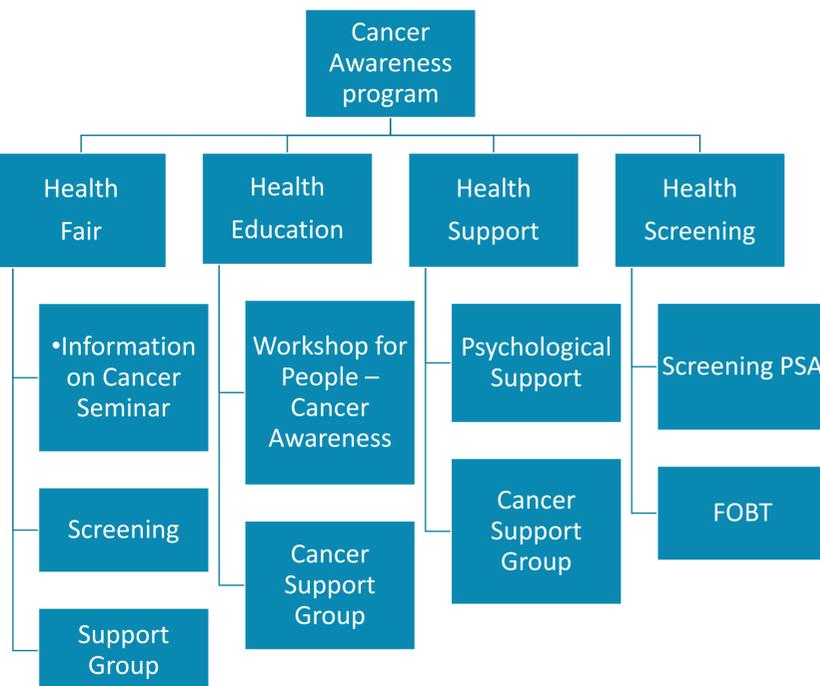


Figure 1



Figure 2



Figure 3

Figure 1 & 2 : In this photo, members are participating in the cancer support group.

Figure 3: During each workshop, there is a break to keep the participants engaged and also promote them to have stretch breaks.

Cancer Awareness Workshop

CAP is a significant bridge to connect with the community residence to address their needs.

The workshop is held in the bimonthly every last Sunday of the month to provide updated cancer information, knowledge of cancer prevention and, improve the overall wellness of cancer among the community.

Cancer Support Group

Cancer Support Group is one of the historical programs that Tzu Chi provides for the last 20 years. The Cancer Support Group invites health professionals to help cancer patients as well as their caregivers in the areas of cancer and mental assistance. We provided a platform of Chinese cancer patients to share their experience with cancer without the language barrier. Sharing their experience provides the newly diagnosed patients and their families hope, strength and coping mechanisms to fight the disease.

Tzu Chi Zero Cancer Mobile Clinic

- Provide free PSA screening for Asian senior population who has high risk of getting prostate cancer.
- Drive cancer mobile clinic to senior communities, churches and homeless shelters.
- Educate the population on the importance of early screening of prostate cancer.
- Draw blood on-site



Figure 4: One of the vans that goes into the community to promote cancer screenings

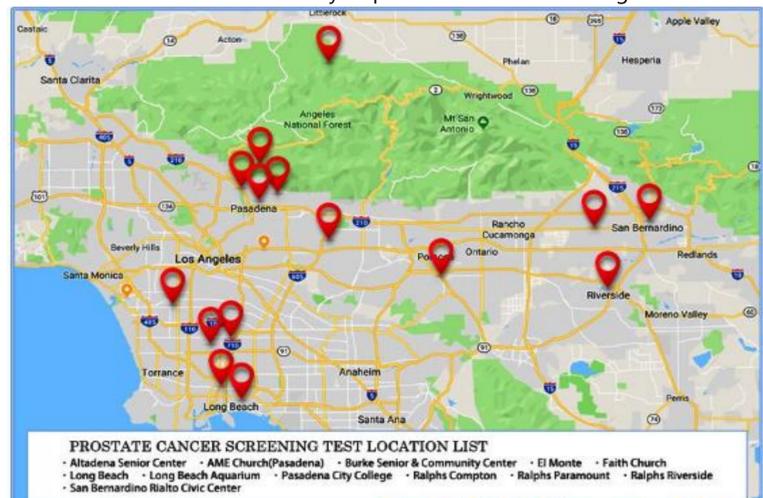
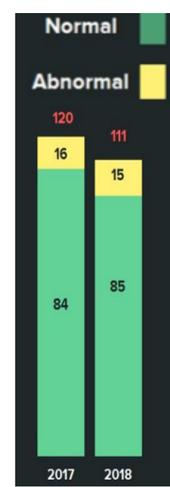
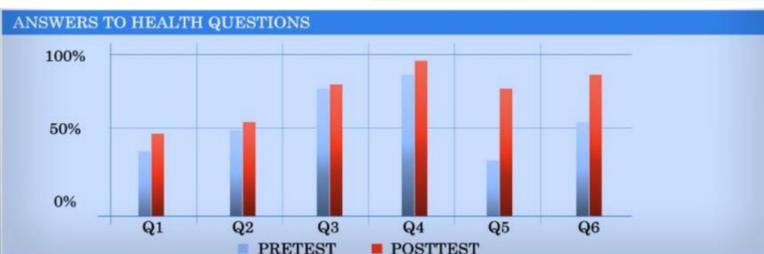
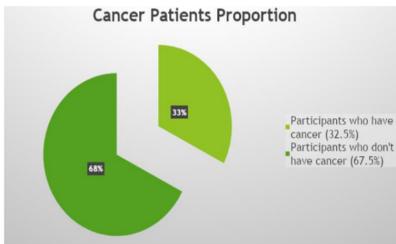
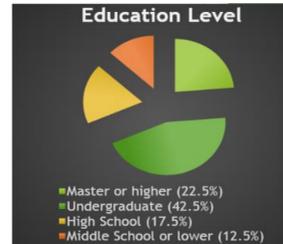


Figure 5: The map that illustrates the communities that the vans would go to for mobile cancer screenings.

Data



Lessons Learned

- Without the language barriers, the audiences participated with the Q & A sections that provided great feedback to the lecture.
- 87% of the participants in CAP showed they learned useful cancer prevention information through the diverse cancer related topics.
- The Health Education lecture has been attracting new audiences.
- Over 78% of the participants are willing to attend the health lecture series continuously and invite friends to join.
- The audience showed strong interest in stretching exercise which were taught to periodically the lecture.
- Partnerships with other cancer prevention organizations provided cancer screenings at fixed locations for underinsured residence.

Conclusion

- CPA achieved in providing free Prostate Cancer Screenings to 111 Community residents in 2018 and offered free medical consultations to 15 people with abnormal PSA results.
- Educated 231 people regarding cancer prevention and cancer awareness.
- Created a platform for 37 cancer patients and their families which reduced stress caused from cancer.
- Need to expand our cancer services to other demographics for other communities to extend their overall quality of life.