

## 2015 **COMMUNITY BENEFIT** REPORT

WELCOME TO HOPE









## **Table of Contents**

	Page
EXECUTIVE SUMMARY	3
WHO WE ARE: CITY OF HOPE  • Mission Statement  • Social Responsibility  • Whom We Serve - Defining Our Community	4
ORGANIZATIONAL COMMITMENT  Oversight and Management of Community Benefit Activities	10
<ul> <li>COMMUNITY BENEFIT PLANNING PROCESS</li> <li>Summary of Community Benefit Planning Process</li> <li>○ Interview Process, Participants, and Tool</li> <li>Addressing the Needs of Our Community</li> <li>○ Monitoring and Evaluation</li> </ul>	12
<ul> <li>COMMUNITY NEEDS ASSESSMENT PROCESS AND RESULTS</li> <li>2013 Community Health Needs Assessment Methodology</li> <li>Summary of 2013 Community Health Needs Assessment Results</li> <li>Prioritization of Community Health Needs</li> <li>Other Health Needs</li> </ul>	15
<ul> <li>COMMUNITY BENEFIT INITIATIVES</li> <li>Overview of Program Identified in the Implementation Strategy</li> <li>Key Community Benefit Initiatives         <ul> <li>Workforce Development</li> <li>Seamless Continuum of Care - Community Capacity Building</li> <li>Healthy Living</li> </ul> </li> </ul>	22
<ul> <li>COMMUNITY BENEFIT INVESTMENTS</li> <li>How Benefits Were Defined</li> <li>Methods Used to Collect Data and Derive Values</li> <li>Value of Quantifiable Benefits</li> </ul>	40
CONCLUSION	42
<ul> <li>APPENDIX</li> <li>Appendix A: Needs Assessment Tools         <ul> <li>Stakeholder Letter</li> <li>Survey Tool</li> </ul> </li> <li>Appendix B: Full Community Benefit Needs Assessment Results</li> <li>Appendix C: Community Partners - FY 2013 Community Health Needs Assessment</li> <li>Appendix D: Patient Financial Assistance Program</li> </ul>	46

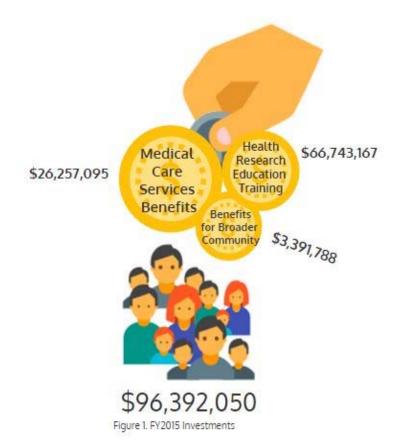
### **EXECUTIVE SUMMARY**

In response to the State of California's Community Benefit Law (SB 697), we at City of Hope are pleased to submit a report of our community benefit activities for fiscal year 2015 (October 1, 2014-September 30, 2015). This law requires non-profit hospitals to address the needs of their communities through programs designed to help prevent diseases and improve the health status of citizens.

City of Hope is proud to share the results of our efforts to ensure that we remain responsive to the needs of our local communities. Throughout this report, you will see an understanding of the diverse needs of the

multicultural communities we serve; an extensive investment in the future of our health workforce: care commitment to the creation of the infrastructure necessary to carry out an extensive array of community projects. Our traditional community education efforts in cancer prevention and cancer risk reduction are also reflected. Our total value of community benefit investments for FY 2015 is \$96,392,050 (Figure 1).

We invite you to be active partners in helping us meet the needs of



our communities. Please take the time to explore our report. We welcome you to share your comments with us or make requests for additional data. This report, as well as our implementation strategy, is available for

download via our website at: <a href="http://www.cityofhope.org/community-benefit">http://www.cityofhope.org/community-benefit</a>

## WHO WE ARE: CITY OF HOPE

Founded in 1913, City of Hope is one of only 45 comprehensive cancer centers in the nation. This National Cancer Institute designation reinforces our leadership role in cancer care, basic and clinical research, and the translation of research into practical benefit.

City of Hope has been a pioneer in patient- and family-centered care and remains committed to the tradition of delivering exceptional, compassionate care for patients and families. Each day, we live our credo:

"There is no profit in curing the body if, in the process, we destroy the soul."

Our cutting-edge research program, centered in Beckman Research Institute of City of Hope, has led to many groundbreaking discoveries:

- Numerous breakthrough cancer drugs, including Herceptin, Rituxn, Erbitux, and Avastin, are based on technology pioneered at City of Hope and are saving lives worldwide.
- Millions of people with diabetes benefit from synthetic human insulin, developed through research conducted at City of Hope.
- As a leader in bone marrow transplantation, City of Hope has performed more than 12,000 bone marrow and stem cell transplants and operates one of the largest and most successful programs of its kind in the world.

To further support our mission of excellence, City of Hope helped found the National Comprehensive Cancer Network (NCCN), an alliance that defines and sets national standards for cancer care. A primary goal of NCCN is to ensure that the largest number of patients in need receive state-of-the-art treatment.

Although City of Hope is a destination for patients from around the world, we also serve our community and are proud to serve it well. We have a healthy history of rich programs with community partners-programs that

continue to thrive and grow. Because cancer and diabetes are complex, multifaceted and all-too-common in our area, partnerships for community benefit are an integral part of our mission.

#### Mission Statement

City of Hope is transforming the future of health. Every day we turn science into practical benefit. We turn hope into reality. We accomplish this through exquisite care, innovative research, and vital education focused on eliminating cancer and diabetes. ©2012 City of Hope

#### Statement of Social Responsibility

At City of Hope, social responsibility is more than our duty— it is our calling. Our commitment to community benefit is shaped by our legacy of compassion. Our workforce reflects the diversity of our patients and their families. Our "green" campus has energy-efficient equipment and low-emission vehicles, and we operate an innovative water-use program. We express compassion through community outreach, addressing health education, disease prevention and more. We take pride in a social partnership that benefits the world today and will continue do so for future generations. To obtain a copy of our Social Responsibility Report, please visit <a href="https://www.cityofhope.org/social-responsibility-report">www.cityofhope.org/social-responsibility-report</a>.

#### Our Community: Whom We Serve

City of Hope is located in Duarte, California, a richly diverse community of 21,500 situated at the base of the San Gabriel Mountains approximately 21 miles northeast of Los Angeles (Figure 2). Duarte is recognized as a leader in community health improvement efforts, as demonstrated by its charter membership in California's Healthy City initiative. Additionally, Duarte has taken a leadership role in community health improvement and is a willing partner with City of Hope in multiple initiatives.

Our primary service area extends far beyond Duarte to include Los Angeles, San Bernardino, Riverside, Orange and Ventura counties. Patients from these counties comprise 95 percent of our total discharges. Together, these five counties are home to the majority of California's multi-cultural and ethnic residents (Figure 3). Among these counties, San Bernardino County has the highest percentage of Hispanics (49.9%) and Blacks (8.3%),

Venture County has the highest percentage of Whites (48.1%), and Orange County has the highest concentration of Asians (18.2%).

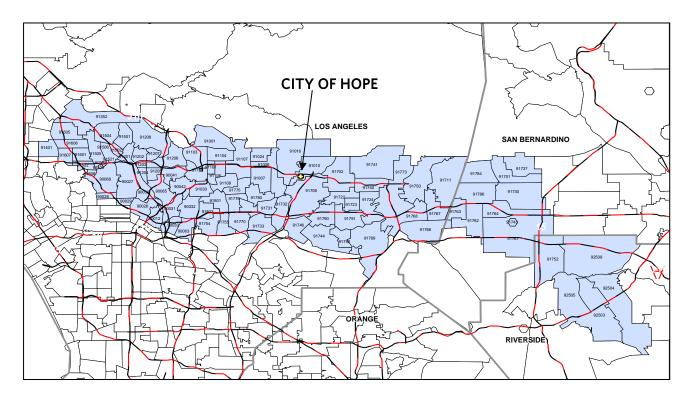


Figure 2 - City of Hope's Primary Service Area

Projections for the counties in our Service Area suggest that the number of Hispanic or Latino residents will continue to rise, and the number of white residents will continue to fall. Hispanics are expected to represent the majority population (over 50%) by 2020 in Los Angeles and San Bernardino counties and by 2030 in Riverside County. The number of Black residents living in LA County is expected to decline. The Asian populations in LA and the other four counties is expected to remain stable. (Source: State and County Population Projections by Race/Ethnicity, 2010-2060. State of California, Department of Finance; Dec. 2014.

http://www.dof.ca.gov/research/demographic/reports/projections/p-1)

#### Language

In our five-county Primary Service Area, less than half the residents (49.8%) speak only English in the home. This is a lower rate than that the state average of 56.3%. Spanish is spoken in more than one-third of

homes (35.4%), a larger percentage than the state average (28.8%). The percentage of total households within our catchment area speaking an Asian language is the same as the state average (9.5% vs 9.6%).

When language is examined by place in the Service Planning Area 3 (SPA3), Sierra Madre has the highest percentage of population speaking only English in the home (80%). South El Monte has the lowest percentage of population speaking only English (12.8%), and the highest rate of speaking Spanish in the home (77.1%). The highest percentage of speaking an Asian or Pacific Islander language at home is found in Rosemead (57.9%). Duarte (7.2%) and Pasadena (7.1%) have the highest percentage of those who speak some other Indo-European Language. (Source: US Census Bureau, 2009-2013 American Community Survey, 5-year estimates, B16002. <a href="http://factfinder.census.gov">http://factfinder.census.gov</a>). City of Hope recognizes the importance of offering health care information in a patient's native language and prints materials in the three major threshold languages (English, Chinese, Spanish) for our region.

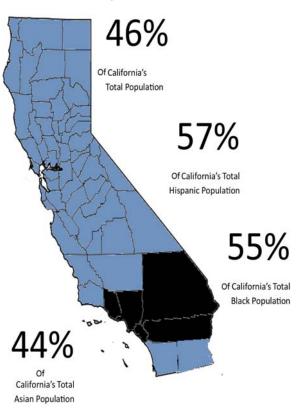


Figure 3. Ethnic populations in service area. Source: US Census. Quick Facts. www.census.gov/quickfacts/table/PST045214/06.06037,06059,06065,06071. Retrieved 11/19/15.

#### **Poverty**

Poverty thresholds are used for calculating official poverty population statistics, which are updated yearly by the Census Bureau. For 2015, the Federal Poverty Level (FPL) was \$24,250 for a family of four and \$11,170 for an individual (California Department of Health Services. 2015 Federal Poverty Levels. <a href="http://www.dhcs.ca.gov/services/medical/eligibility/Documents/ACWDL2015/ACWDL15-14.pdf">http://www.dhcs.ca.gov/services/medical/eligibility/Documents/ACWDL2015/ACWDL15-14.pdf</a>. Retrieved on 11/25/15).

In SPA 3, the highest level of poverty can be found in El Monte, where almost one-quarter (24.3%) of the population is living below the FPL. Over 50% of the population in El Monte, Pomona and South El Monte are low-income (>200% of FPL). San Marino has the lowest levels of poverty in the SPA, with only 8% of the population

living below the FPL. (U.S. Census Bureau, 2010-2014 American Community Survey 5-Year Estimates. <a href="http://factfinder.census.gov/faces/nav/jsf/pages/community\_facts.xhtml">http://factfinder.census.gov/faces/nav/jsf/pages/community\_facts.xhtml</a>. Retrieved on 01/22/16).

In the broader five-county regional service area Ventura and Orange counties have the lowest rates of poverty. San Bernardino, Los Angeles, and Riverside counties all have poverty rates higher than the state average.

#### Social Determinants of Health

Social determinants of health are conditions in the environment where people live, work and play that affect a wide range of health and quality-of-life outcomes and risks (<a href="http://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-health">http://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-health</a>). For example, the relationship between living in poverty and not having a high school diploma can have a major impact on health outcomes. The map of SPA 3 (Figure 4) below shows where the residents of these neighborhoods have not graduated from high school and live in poverty. Communities where 30% of more of the residents live in poverty are shown in orange. Communities where 25% or more of the residents do not have a high school education are shown in purple. The overlap of high poverty and low education attainment is shown in brown. The brown areas are where City of Hope is concentrating on identifying the root causes of health and health inequality.



Figure 4. Most vulnerable residents in City Hope's service area. (Source: Community Commons. Vulnerable Populations Footprint Tools. <a href="http://assessment.communitycommons.org/Footprint/">http://assessment.communitycommons.org/Footprint/</a> Retrieved on 02/11/16)

The unique composition of these five counties make them vulnerable on many levels and reinforces the need for community benefit programs. In the work we are conducting in preparation for our 2016 Community Health Needs Assessment (CHNA), we learned that in these counties:

- Cancer deaths are highest in San Bernardino County, driven mostly by lung, breast, prostate, and colorectal cancers.
- Los Angeles County has the highest rates of cancer deaths due to liver-bile duct and stomach cancers.
- Cancer rates and mortality tend to be lowest among Asians; the rate of death from cancer tends to be highest among blacks.
- The rate of cancer diagnosis is highest among whites.
- Black women and black men in all five counties are diagnosed later and more likely to die from cancer, than adults of other races.
- In Riverside County, 39.2% of teenagers (ages 12-17 years) are overweight.
- The heaviest adults live in San Bernardino County, where 34% of all adults are obese.
- In Los Angeles County, Asian/Pacific Islander women have the lowest rate of receiving a Pap smear in the last three years (65.9%), as compared with whites (83.9%), Latinas (86.3%), and blacks (89.3%).
- All five counties in the service area (76.9%) exceed the Healthy People 2020 objective for colorectal cancer screening (70.5%). However, only 67.4% get the exam at the recommended age.



10<sup>th</sup> Graders from San Gabriel High School teaching fitness through dance.

It is no secret that poverty is linked to poor health and shortened life expectancy. Residents in certain ZIP codes have a higher incidence of poverty, crime, and violence, which negatively impact health. In Riverside (17.1%) and San Bernardino (20.4%) counties, the number of people living in poverty, while relatively

stable, are still very high when compared to other counties with (<a href="http://www.census.gov/quickfacts/table/PST045215/06071,06065,00">http://www.census.gov/quickfacts/table/PST045215/06071,06065,00</a> Retrieved 02/11/16). While City of Hope is a leading research and treatment center for cancer, diabetes, HIV/AIDS, and other life-threatening diseases, we do our best to incorporate what we know about our communities into strategies that address other root causes of health disparity on a broader basis.

## ORGANIZATIONAL COMMITMENT

#### Oversight and Management of Community Benefit Activities

Because community health improvement is a key component of City of Hope's mission, a large number of employees in a variety of departments participate in planning and implementing community benefit activities. To coordinate these efforts, City of Hope has a designated Department of Community Benefit. This enables us to leverage all resources necessary to foster a collaborative work environment that relies on the connections between the Medical Center and all other entities that are part of the City of Hope enterprise.

Nancy Clifton-Hawkins, MPH, MCHES, is City of Hope's community benefit manager. Ms. Clifton-Hawkins is available to answer questions regarding the delivery and accountability of community benefit programs and services at City of Hope and can be reached at comm\_benefits@coh.org.

To assist in the oversight of all community benefit activities, City of Hope relies upon the expertise of our Community Benefit Advisory Council (CBAC). The CBAC was established in November 2014 and is comprised of members from the community organizations and health care providers listed below:



2015-2017 Community Benefit Advisory Council Members.

- American Cancer Society
- El Consilio (City of Hope Spanish Language/Cultural patient, family and caregiver group)
- Men Educating Men About Health
- Duarte Unified School District
- Neighbors Acting Together Helping All (NATHA)
- Planned Parenthood Pasadena & San Gabriel Valley
- Methodist Hospital
- Cancer Detection Program Cecilia G. De La Hoya Cancer Center White Memorial Medical Center
- Susan G. Komen Los Angeles
- Walden University Public Health Data Expert
- SoCal Women's Health Conference

To ensure council members represent local vulnerable populations, or are experts in issues important to vulnerable communities, we sought individuals with the following areas of expertise:

- Residence in a local community with disproportionate unmet health-related needs
- Knowledge and expertise in primary disease prevention
- Experience working with local nonprofit community-based organizations
- Knowledge and expertise in epidemiology
- Expertise in the analysis of service utilization and population health data

The Community Benefit Department also established an internal hub comprised of City of Hope staff members who are responsible for contributing to community benefit programs and services. They meet on a

quarterly basis to discuss federal reporting requirements, receive technical assistance, and learn about City of Hope's processes for ensuring programs address priorities outlined in the Implementation Strategy. Additionally, this group has an internal website that provides links and resources to community benefit best practices and internal tools for sharing and building collaborations that strengthen the quality of staff contributions.

At the initial meeting in January 2015, the new CBAC members received training on community benefit standards and best practices. They also elected co-chairs (Viki Goto from Pasadena/San



Patricia Duff Tucker, left, and Viki Goto are co-chairs of City of Hope's new Community Benefit Advisory Council. With their help, and that of the other council members, City of Hope is determined to improve the health of its community.

Gabriel Valley Chapter of the American Cancer Society and Patricia Duff Tucker, a community advocate) for twoyear terms. These talented women will lead the CBAC's efforts to address the objectives identified and prioritized in the 2014-2017 Implementation Strategy. In addition to helping guide City of Hope's many community benefit programs and services, the CBAC aided in designing a special grant program called the Healthy Living Grant. The Healthy Living Grant will extend our community health improvement activities into new topic areas and neighborhoods. CBAC members participated in the design and review of grant applications and final selection of CBAC members conduct site visits. the grantees. Moving forward, will also

## COMMUNITY BENEFIT PLANNING PROCESS

All community benefit programs at City of Hope are filtered through the lens of the Five Core Principles established by the Public Health Institute:

- 1. Emphasis on populations with disproportionate unmet health needs within City of Hope's Primary Service Area ("vulnerable populations"), as measured by culture, race or language disparities, age, poverty and lack of education.
- 2. Emphasis on primary prevention: health education, disease prevention and health protection.
- 3. Building community capacity by mobilizing community stakeholders as full partners and engaging them in sustainable strategies that address both symptoms and underlying causes.
- 4. Building a seamless continuum of care to optimize the ability of community resources to manage cancer and diabetes, prevent patients from falling through the cracks and minimize the need for future medical care.
- 5. Collaborative governance to ensure the community has a voice in, and partners in, projects initiated with City of Hope.

The Community Benefits Advisory Council (CBAC) met four times in FY 2015. At the January 2015 meeting, all members agreed to the charter in. In addition to ensuring our CBAC members gain fluency in our community benefit language and best practices, we want to ensure they understand the scope of their work and find value in the time they spend on the CBAC. At the end of the year the members were assessed to gauge the impact of their participation. We were encouraged by the results (Figure 5).

In an effort to ensure the CBAC members understand the scope of their work and find value in the time they spend as members of the CBAC we conducted a year-end review. What follows are the results our of 2015 assessment of CBAC members.



Q1—Do you find value in the time you spend as a member of the CBAC?

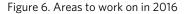
Q2—Do you believe that as a member of the CBAC, you are making an impact on our local vulnerable communities?

Q3—Do you believe that you are strengthening COH's ability to address health inequities in our local area?

Figure 5. Belief in impact as CBAC member

When asked to identify the Five Core Principles that City of Hope follows to ensure focus on vulnerable communities, 100% of the CBAC members identified them correctly. However, when they were asked if they could explain how City of Hope is living out its 2014 – 2017 Implementation Strategy, or if they could tell the difference between a community benefit program and a marketing program, they were not as confident (Figure 6):







90% are either very confident or confident in their ability to tell the difference between a community benefit program and one that is specifically for marketing

10% were not confident in telling the difference

Their responses are helping frame the agenda for the CBAC in FY 2016. More exposure to the programs and how they relate to the Implementation Strategy will be provided. Training to help CBAC members understand

the difference between a community benefit and a marketing program will be offered to ensure that the members are able to discern the difference and validate future programs.

While the CBAC is helping to guide City of Hope's community benefit programs and services, the group is expanding into new territory. As mentioned earlier, the CBAC aided in designing, implementing and evaluating the Healthy Living Grant program that extends City of Hope's community health improvement activities into new areas. This experience provides the CBAC members with the opportunity to learn more about the communities we serve as well as build upon their own program planning and leadership skills. Furthermore, this firsthand experience will allow our members to provide to speak to the work City of Hope is doing to address issues in identified in our 2013 Community Health Assessment.



Community Benefit Advisory Council Member, Dr. Susan Nyanzi visits the San Gabriel High School Health and Wellness program. Pictured with Dr. Nyanzi is Program Coordinator, Jesse Chang.

# COMMUNITY NEEDS ASSESSMENT PROCESS AND RESULTS

Moving forward with our 2016 Community Health Needs Assessment (CHNA), we are incorporating the results of the 2013 CHNA into our programs. Below is a recap of these findings and an explanation of the pathways that were created through the Implementation Strategy to guide our efforts to meet the identified needs of the communities with disproportionate unmet health needs.

#### 2013 Community Health Needs Assessment Methodology

As a nonprofit hospital, City of Hope conducts a CHNA every three years. The 2013 CHNA collected data related to cancer and diabetes in our primary service area by interviewing more than 200 community individuals and organizations about unmet health needs. Two health educators in City of Hope's Department of Supportive Care Medicine interviewed colleagues inside and outside City of Hope and reviewed lists of participants from the 2010 CHNA to identify interviewees for the 2013 CHNA. The list included a cross-section of the community representatives chosen from advocacy groups, cancer-related organizations, community hospitals, health departments, mental health agencies, culturally focused organizations, schools, libraries, local governments, religious organizations, and other community-based agencies.

In February 2013, an interview questionnaire was mailed to 80 organizations with a cover letter from City of Hope's president and CEO asking community members to participate in the needs assessment (see Appendix A). Having the questionnaire in advance enabled recipients to decide whether they wanted to participate. Many who agreed made notes on the questionnaire in preparation for the interview.

To make the interview process more convenient, potential participants were invited to answer the interview questionnaire online, rather than over the phone. This allowed them to respond at their convenience. Approximately two weeks after the invitation was mailed, a City of Hope representative contacted each recipient

by phone to schedule an interview. The 66 participants who scheduled appointments were interviewed by a health educator or intern, achieving a response rate of 83%. Fifty-five participants were interviewed by phone, and 11 individuals completed the needs assessment questionnaire on line, returned it in the mail, faxed it back, or were interviewed in person. Phone interviews took approximately 20 minutes and were completed between February and April 2013.

To increase collaboration with public health agencies in identifying and addressing community health needs, representatives from the Los Angeles County and Pasadena health departments were included in the interviews. The 66 completed interviews included representatives from the following organizations, who were knowledgeable about the needs of the medically underserved, low-income and/or minority populations:

- Asian Pacific Healthcare Venture
- Azusa Health Center
- Buddhist Tzu-Chi Foundation
- Cancer Legal Resource Center
- Center for Health Care Rights
- Claremont Graduate University- Weaving and Islander Network for Cancer Awareness,
- Research and Training (WINCART) Center
- Herald Cancer Association
- Latino Health Access
- Little Tokyo Service Center
- Kommah Seray Inflammatory Breast Cancer Foundation
- Our Savior Center
- PADRES Contra el Cancer
- PALS for Health
- Pomona Health Center
- San Gabriel Mission
- St. Vincent Medical Center- Multicultural Health Awareness and Prevention Center
- The G.R.E.E.N. Foundation
- United Cambodian Community

City of Hope's community needs assessment questionnaire focused on cancer-related needs and was based on the questionnaire used in the previous assessment. Questions about community assets and a quantitative component were added to enhance the quality of data obtained. Questions targeted the following areas:

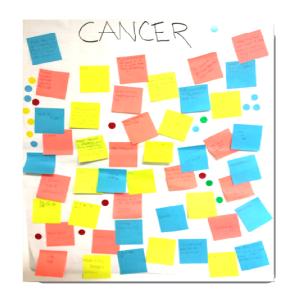
1. Services provided by the respondent's agency, including language-specific and culturally appropriate services

- 2. Unmet needs in the areas of cancer prevention, early detection, treatment, support for cancer patients and their families and other cancer-related needs
- 3. Major barriers to meeting cancer-related needs
- 4. Suggestions for meeting cancer-related needs
- 5. Ideas on how to work with City of Hope to improve community health
- 6. The qualities of a healthy community
- 7. How the respondent would like to see the community change over the next five years in order to become healthier
- 8. The importance of 10 cancer education and support issues
- 9. Satisfaction with current education and support efforts

The responses were entered into an electronic version of the interview form. Data from all interviews were subsequently entered into Excel spreadsheets. Quantitative data was analyzed using the statistical software SPSS. Health educators reviewed the spreadsheets and prepared a summary of interview themes for each of the nine content sections. Original comments were included in the report in order to retain the richness of the responses.

#### Summary of 2013 Community Health Needs Assessment Results

Participants in the CHNA were asked to identify needs in four areas: cancer prevention, early detection, cancer treatment, and cancer support. The largest number of comments were related to the need for linguistically and culturally appropriate education, support, and resources. Specific populations that were identified as needing culturally and linguistically tailored services included Latinos and Asians/Pacific Islanders (See Appendix B for detailed responses).



Assessing community thoughts regarding cancer: Who has it, what are the barriers to getting care, and what resources are available the help people access care for cancer.

#### **Cancer Prevention and Early Detection**

When asked to identify barriers to cancer prevention and early detection, respondents most often cited a lack of education about cancer prevention in specific cultures or linguistic groups, as well as a lack of resources.

Cancer prevention and early detection needs identified by participants were grouped into the following categories:

- 1. Lack of education about cancer prevention among specific groups defined by culture or language
- 2. Lack of resources for prevention and screening
- 3. Need for more education about cancer prevention (e.g., diet and exercise)
- 4. Limited awareness of community resources
- 5. Lack of programs for the uninsured resulting in poor access to care

#### **Cancer Treatment**

When asked about barriers to cancer treatment, many respondents cited:

- Lack of access to care/financial issues
- Lack of resources for education about cancer treatments
- Language/cultural barriers to accepting treatment
- Lack of knowledge
- Respondents identified Latino and uninsured populations as being the most affected by these barriers to cancer treatment.

It is important to note that the Affordable Care Act may have eased some of these concerns, but did not eliminate them. Since its implementation, we have heard from community partners that some patients have been dropped from their health coverage, while others who have obtained health insurance but don't know how to use it. Regardless, our 2014-2017 Community Benefits Program is dedicated to meeting needs identified before the Affordable Care Act was implemented.

#### **Cancer Support**

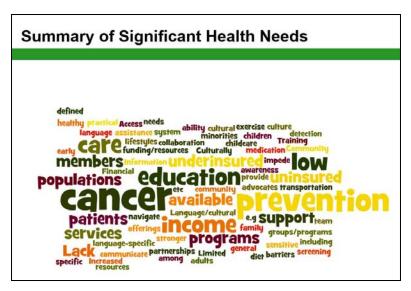
When asked about roadblocks to support for cancer patients and their families, respondents identified a lack of support services related to mental health, a lack of support groups, and a need for support groups in languages

other than English. Respondents also identified the need for more resources and financial support, more educational programs, greater access to care, and more collaborations and partnerships to increase support services for cancer patients and their families.

#### Prioritization of Community Health Needs

In preparation for implementing the Community Benefits strategy for 2014, community members from the Foothill Fitness Challenge planning committee were invited to help set the community benefit agenda for the next three years.

In December 2013, these individuals were given the August 2013 CHNA and asked to rank priorities based on criteria presented in the U.S. Department of Health and Human Services' Guide for Establishing Public Health Priorities (1989). Because City of Hope is a specialty hospital, they were asked only about issues relating to cancer and its early detection and prevention. They were



asked to apply the following criteria to those issues, ranking them in importance from 1 (not important) to 5 (very important):

- Size of the problem (i.e., number of people per 1,000, 10,000, or 100,000)
- Seriousness of the problem (i.e., impact at individual, family, and community levels)
- Economic feasibility (i.e., cost, internal resources and potential external resources)
- Available expertise (i.e., can we make an important contribution?)
- Necessary time commitment (i.e., overall planning, implementation, evaluation)
- External salience (i.e., evidence that it is important to diverse community stakeholders)

By January 2014, the community participants had established five priorities, which City of Hope's executive leadership team immediately adopted (see Appendix B):

1. Research alliances (RA)

- 2. Cancer prevention and early detection, specifically related to lung, colorectal, prostate, and women's cancers (CP)
- 3. Healthy living, specifically related to how nutrition and physical activity impact cancer and diabetes (HL)
- 4. Culturally relevant community partnerships and education (CRCP)
- 5. Smoking cessation and its impact on lung cancer (SC)

Within these focus areas, the community members identified the following specific issues as important to pursue over the next three years. Because the focus areas identified by the community stakeholders are interrelated, many existing City of Hope programs touch on more than one core principle and meet more than one strategic priority. We believe this is a sign of a robust program that is likely to meet a large number of needs.

- Reduction of obesity (HL)
- Increase in physical activity (HL)
- Culturally competent and culturally specific health education (CRCP/HL)
- Culturally sensitive support (CRCP)
- Assistance in navigating the health care system (CRCP)
- Cancer advocacy training (CRCP)
- Increase in community partnerships (CRCP)
- Barriers that prevent vulnerable populations from accessing services, including poverty, lack of transportation and cultural/linguistic issues (CRCP)

To add more focus on addressing the needs of the local community, all community benefit programs at City of Hope must be associated with one of the Public Health Institute's Five Core Principals discussed earlier in this report. We are actively seeking to enhance existing programs to include additional principles and priorities. Details are included under each program on the pages that follow.

#### Other Health Needs

As a comprehensive cancer center, City of Hope is not in a position to provide services that address other health needs of the community. However, we are committed to building relationships with other community organizations that are capable of meeting those needs. This will allow us to refer vulnerable individuals for the care they need, should we not be able to provide it.

#### Monitoring and Evaluation

We believe that taking a business approach to planning and evaluating the identified initiatives will ensure their long-term sustainability. We realize that evaluation is necessary to measure success, as well as to identify areas needing improvement. The process can result in more effective initiatives. City of Hope is working to identify the best methods of monitoring and evaluating the impact of the initiatives identified in this document. In order to efficiently deploy resources and maximize results, City of Hope's annual budget will include the operating funds required to manage, track, and report the outcomes of all community benefit programs and initiatives.

## **COMMUNITY BENEFIT INITIATIVES**

#### Overview of Programs Identified in the Implementation Strategy

City of Hope currently offers a wide variety of initiatives to meet a large number of diverse needs. Each initiative has specific goals that benefit the community. Some of the initiatives have been thriving for years; others are new. Some are organization-wide, while others are conducted through a specific department. A quick glance of our 2015 programs/services are below (Figure 7).

		Core	Principles	6		Sti	rategic Prio	rities	
Program Activity *Beckman Research Center	Vulnerable Populations	Primary Prevention	Seamless Continuum of Care	Community Capacity Building	Cancer Prevention Early	Healthy Living	Culturally Relevant Partnerships	Smoking Cessation	Research
Workforce Development									
Regional Occupational Program Student Mentoring/Interns Train, Educate and Accelerate Careers in Healthcare Science Education Partnership Award Program* Job Shadowing Community Science Festival Diversity Healthcare Career Expo	x	×		x			×		
Community Health Awareness/He	ealthy Liv	ing (Screen	ing, Lectures	/Classes, Su	ipport Gro	ups)			
Eat Move Live* Community Nutrition and Diabetes Classes Healthy Living Grants Ask The Experts BRAC1 and BRAC2* Genetic	x	x	x	x	x	x	×	x	
Diversity Initiatives  Latino Outreach Strategy  Latino's Living Healthy (LULAC)  Healthy Hispanic Living  Chinese Outreach	x	x				x	x		
Health Care Support Services  • Patient Resources									
Coordination  Adopt-A-Family  Community Blood Drives  Village Stays	x	x	x				x		
Seamless Continuum of Care									
Transition of Care Comm Coalition Bereavement Support Grp	x	x		x		x	×		х
Medical Professionals Education									
Pharmacy Rehabilitation Nursing Nutrition Social Work Continuing Medical Educ.	x	x	x	x	x		x		

Figure 7. 2015 CB Programs/Services

#### **Key Community Benefit Initiatives**

Community Benefit programming at City of Hope is working through a transition phase. Some programs have been created and provided to the community on an annual basis. While others have a more ad hoc approach to address needs or requests on a more reactionary basis. As we continue our exploration into the hidden gems of community benefit investment, throughout the institution, we may find that some programs no longer make sense or should be redesigned to ensure impacts are focused on the needs of our local community. What follows is a status report on the main focus areas of our 2015 fiscal year community benefit programs and services: Workforce Development, Seamless Continuum of Care, and the Healthy Living Community Grant program. The colorful boxes in each section are meant to provide a snapshot. At-a-glance, the reader will be able to identify what core principle and strategic priorities are addressed through each focus area.

#### Workforce Development

According to the U.S. Centers for Disease Control and Prevention (2013), achieving health equity, eliminating health disparities, and improving the health of all Americans will be necessary to improve and protect the nation's health. To ensure access to care, it is vital that City of Hope retains a workforce that reflects the cultural and linguistic composition of our local community. In addition to preventing disease, upholding sustainable environmental practices, and fostering a broad range of partnerships to collaboratively advance the health of our communities, City of Hope is committed to increasing educational opportunities that can lead to careers in health care for underrepresented ethnic/cultural groups.

_	Impacts	
	Vulnerable Populations	Ø
Core Pi	Primary Prevention	
Core Principle	Seamless Continuum of Care	
	Community Capacity Building	Ø
Strategic Priorities	Research	
	Cancer Prevention Early Detection	
	Healthy Living	
	Culturally Relevant Partnerships	V
	Smoking Cessation	

A summary of important activities designed to improve the cultural diversity of our workforce is listed below. Through strong internal relationships and important collaborations with our local community we are delivering a variety of programs with the potential to increase interest in health care fields among high school students and adults living in our service area. These programs are in the process of being centralized, simplified, and coordinated to ensure that vulnerable students are specifically targeted for participation.

#### Health Care Career Videos

In the future, City of Hope wants to ensure we have a workforce that can address the needs of its vulnerable communities and make a significant impact in medical research and science. In addition, we will need a workforce that can provide the infrastructure necessary to deliver health care. To these ends, we created a series of five videos that promote careers in nursing, the sciences, pharmacy, facilities engineering, and philanthropy. We placed these videos on YouTube so more people could learn about these opportunities. To view these videos click on the picture below.



#### Groundhog Day/Job Shadow Day

Every year, a group of students from Duarte High School shadow City of Hope employees for one day in February. This program enables the students to explore career options and gain practical insights into how a hospital operates. The students spent a part of a day shadowing doctors, researchers, health educators, human resource professionals, dieticians, patient coordinators, finance professionals and other specialists, depending on

each student's interests and desires. The relationships continue beyond the single day, as students are encouraged to view these employees as mentors and contact them for support and direction throughout high school. In February 2015, 13 students from Duarte High School participated in the program.

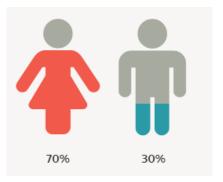
#### **Duarte High School Science Field Trip**

Local students are invited to tour the laboratories at Beckman Research Institute of City of Hope, where they meet with scientists, learn the science behind disease prevention, and conduct hands-on science projects to increase their interest in scientific research. In 2015, 39 AP students from Duarte High School attended the event.

#### **Diversity Healthcare Career Expo**

City of Hope hosted a Diversity Healthcare Career Expo in September 2015, which drew approximately 500 attendees. The Expo was created to build awareness about the large number of career opportunities available in health care and to provide resources and advice to students and their parents. The Expo included workshops on networking, goal setting, dressing for success, resume writing, and leveraging social media to find employment. Representatives from more than 30 organizations helped attendees learn about available opportunities, internships, specialty associations, diversity resource groups, and healthcare training programs available in Southern California.

In 2015, a surprising 70% of attendees were women (Figure 8). As anticipated, 35% were between the ages 21-30 years old. However, 19% were ages 41-50 which may indicate the attendees may be searching for a second career (Figure 8). More than 75% indicated that attending the expo helped them decide that they wanted to pursue a career in health care. Nearly 30% said they learned that the healthcare field would value someone with their cultural and/or language background (Figure 9).



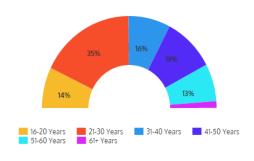
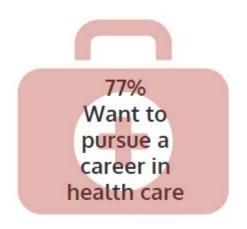


Figure 8. Gender and age of attendees at Diversity Healthcare Expo.



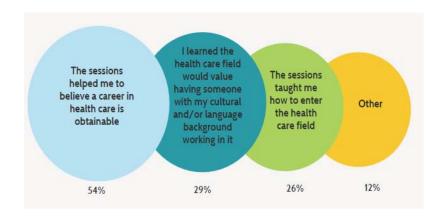


Figure 9. Healthcare Diversity Expo. Evaluation Results.

The Expo was successful in generating an interest in health care (Figure 9). More importantly, the Expo influenced belief in the ability to achieve a career in health care (Figure 9). Additionally, almost one-third learned that the health care field would value someone with their cultural or language abilities. An important finding, due to the need for a more diverse, multicultural workforce.

#### The T.E.A.C.H. (Train, Educate and Accelerate Careers in Healthcare) Project

The T.E.A.C.H. Project is a corporate partnership between City of Hope, Duarte High School, and Citrus College. The program helps public school students prepare for high-demand jobs in health care information technology by providing college-level courses in high school. The students can earn half the college credits needed for an associate's degree in information technology at no or minimal cost. In addition to providing input on the coursework, City of Hope provides projects, training, and internship/mentoring opportunities. This intensive program provides unprecedented job training and learning opportunities for students in a largely minority school

district and helps to build a committed, diverse workforce to meet the growing needs of the STEM (science, technology, engineering and math) fields. In 2015, 21 students were enrolled in the program.

Over this last year, Citrus College made available to the Duarte High School students a Computer Science 130 class. After taking this class for one year at their school, the Duarte High School students were certified by Microsoft. They also received credit from Citrus College for having completed the class. Next year, the program will add the A+ certification in collaboration with the company CISCO, along with a network certification pathway.

City of Hope provided a pathway for "real world" integration by sponsoring a field trip to our technology center. We also provided customer service training during the summer internship program for both T.E.A.C.H. and Regional Occupational Program students (see ROP explanation below). Qualitatively, in 2015, the T.E.A.C.H. team learned that some of the students recruited into the program were not very interested in participating. Adding the opportunity to earn Microsoft certification helped increase enrollment. To learn more about what lies ahead for the T.E.A.C.H. program, please visit: <a href="http://www.accessduarte.com/?option=com\_content&view="http://www.accessduarte.com/?option=com\_content&view="article&id=892:teach-projectlaunch&catid=3:latestnews-category&Itemid=150">http://www.accessduarte.com/?option=com\_content&view=</a>

#### Regional Occupational Program (ROP)

In 2015, 21 local high school students participated in this 6-week program designed to expose high school students to the wide variety of medical and nonmedical professions associated with a medical center. Students from Duarte High School and surrounding communities were matched with City of Hope professionals in mutual areas of interest within human resources, finance, information technology, marketing, fundraising, public health, clinical medicine, research, and other professions. For six weeks, the students were mentored two days a week and attended class on the third day, for which they earned five academic credits. The goals were to help the students identify areas of career interest, while helping City of Hope build a future workforce that includes students from underserved populations. When opportunity presents, ROP field trips are conducted in tandem with the T.E.A.C.H. program. Sharing these resources helped reduce duplication of costs related to implementing both programs.

#### The San Gabriel Valley Science Education Partnership Award Collaborative (SEPAC)

SEPAC is a partnership between City of Hope and the Duarte Unified School District. A five-year grant from the National Institutes of Health underwrites the salary of Susan Kane, Ph.D., a science educator who develops the curriculum and implements all program activities. Under her direction, City of Hope faculty, scientists, and predoctoral students donate their services to provide hands-on biomedical science education to 2<sup>nd</sup>, 5<sup>th</sup> and 8<sup>th</sup> graders throughout the year. Additionally, SEPAC runs an in-depth summer research program for interested high school students. The program enables students to learn about the latest advances in cancer, diabetes, and stem cell research from world-class scientists and educators. The goal of SEPAC is to increase understanding of the connection between science and health through age-appropriate, interactive, hands-on activities, and to grow the pipeline of underrepresented minority students pursuing college majors and careers in the sciences and technology. Multiple interactions provided over the course of K-12 schooling help build and maintain interest, while preparing students to enter college with real-world research experience. SEPAC videos are available on http://www.cityofhope.org/students-and-youth/science-education-partnership-award#Media

#### Impacts: Summer Internship Program

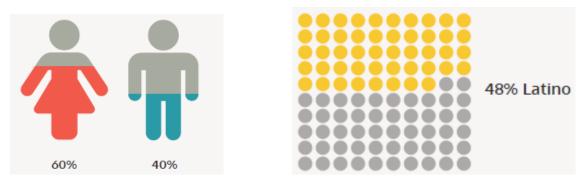


Figure 10. Participants in the SEPAC program by gender and ethnicity.

Since 2012, the SEPAC program has followed the students after they graduate. In 2015, we found that 90% of students who responded to the survey were enrolled in college. The remaining 10% had not yet entered college (either still in high school or a recent high school graduate).

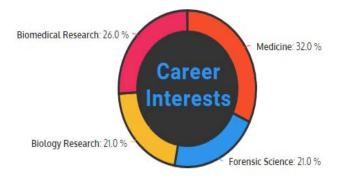
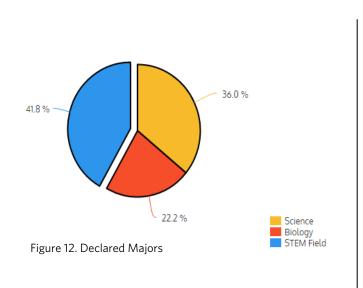


Figure 11. Science career interests.

The aspirations of the students who enrolled in the program demonstrate a sincere desire to pursue a career in science. All of those students who enrolled in a four-year college declared a major in a field of science. A majority indicated a desire to continue with more schooling after attaining their bachelor's degree.



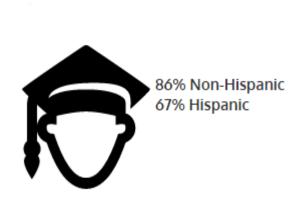


Figure 13. Continue education after college by ethnicity.

#### <u>City of Hope Department Partners</u> Government and Community Relations

Human Resources Beckman Research Center

#### **Community Partners**

Duarte School District Irwindale Education Foundation Duarte Education Foundation Duarte High School

#### Community Benefit Investment

\$200,934 \$297,557\*\*

Total Workforce Development \$498,491

\*\*Beckman Research Institute

#### Seamless Continuum of Care and Community Capacity Building

One of the most important things we can do for our community is to increase its capacity to care for patients with unique needs. We have learned the process is often far from smooth. We have also learned that when one person dies from cancer, the need to support and care for their loved ones must continue. In order to address both issues, City of Hope is proud to support two community programs that seek to ease the transition from hospital to home or facility care and to offer support to patients, loved ones, and providers of care: Transitions of Care Community Coalition and City of Hope Bereavement Support Group. These programs are described below.

Transitions of	f Care	Community	Coalition	(TC3)
----------------	--------	-----------	-----------	-------

Leaving the hospital is only one step on the road to recovery. To
ensure that recovery continues, properly trained at-home and
professional care workers are needed to help reduce hospital
readmissions. This is where City of Hope's Transitions of Care program comes in.

	Impacts	
	Vulnerable Populations	
Core Principle	Primary Prevention	
nciple	Seamless Continuum of Care	☑
	Community Capacity Building	☑
	Research	
Strategic Priorities	Cancer Prevention Early Detection	
c Priorit	Healthy Living	<b>\</b>
ies	Culturally Relevant Partnerships	abla
	Smoking Cessation	

Even with professional help, it is difficult to replicate the quality of care and treatment that patients receive at City of Hope at home or even in a professional care facility. Readmission to the hospital may be required to attend to issues that might have been resolved, had the original post-hospital care been better or caretaker training more comprehensive.

That was the situation that Brenda Thomson, City of Hope's Director of Case Management and Village Operations, observed about two years ago when she began looking at patient readmissions. She found that some care providers had gaps in training for caring for specialized needs. These gaps were present in providers at long-term acute facilities, skilled nursing facilities, acute rehab, and hospice care, as well as home care providers.

## Transitions of Care Community Coalition (TC3)

#### Vision

Safe and Compassionate Transitions (from Hospital to Home)

#### Mission

The Transitions of Care Community Coalition will ensure safe and compassionate transitions from hospital to home through: professional collaborations, clear communications and messaging, on-going education of staff, patients/ families/ caregivers, and continuous quality improvement processes.

#### Goals

- 1. Formalize professional collaborations.
- Creation of clear communications and messaging paths for all providers, patients, and their families/ caregivers.
- Provision of on-going education of staff, patients/ families/ caregivers.
- 4. A continuous quality improvement process.

Thomson began developing a training program to remedy the situation. Led by City of Hope, the program is now called the Transitions of Care Community Coalition (T3) and includes 90 individuals from 35 leading transitional health care organizations in Los Angeles, Riverside, San Bernardino, and Orange counties.

City of Hope hosts quarterly meetings of coalition members and periodic informal sessions. The formal meetings take place over one to two days.

At the next meeting, scheduled for September 2016, the group will discuss a wide array of best

practices on a variety of procedures ranging from specialized treatments for stem cell transplants to complex IV care to colostomy maintenance.

While other hospitals and health care providers offer similar programs, training is limited to personnel at skilled nursing facilities. By contrast, City of Hope is training the full scope of caregivers in home health care agencies, home infusion companies, skilled nursing facilities, long-term acute facilities, and acute rehab facilities, so that all patients might benefit. The goal is to ensure cancer patients throughout our region will enjoy a better quality of life.

**Program Impact**: Development of a strategic plan to guide the TC3 for the next 3-5 years

#### Plan Objectives/Strategies Created:

- 1. **Infrastructure (Executive Leadership Committee) -** To develop required infrastructure components (policy, fiscal, technological, quality) needed to ensure sustainability of the TC3.
- 2. **Professional Collaborations** Strengthen capacity to meet the needs of patients and caregivers through the development of strategic relationships with other providers in our region.

- 3. **Process and Communications –** Creation of communication pathways that reduce barriers to transitions patients between hospital, other care facilities, and home.
- 4. **Provider Education –** Increase capacity to deliver coordinated, purposeful and safe patient transitions through ongoing provider education opportunities.
- 5. Patient/Family/Caregiver Education To decrease PFC anxiety related to discharge transitions.
- 6. **Quality** Ensure the delivery of services across the transition are patient centered, based on identified needs (patient, family/caregivers and health care teams), and measureable to allow for continuous evaluation of needs and tracking of progress.

#### Bereavement Support Group (BSG)

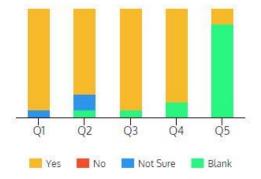
It is not easy to move from caregiving for a loved one to grieving after the loved one has passed. To address the need for support during grief, the Child Life Team from City of Hope created a 12-week bereavement support group that offers a safe place to explore and reconcile feelings while returning to a new normal life. Meetings are held at the Maryvale Family Resource Center. Any member of the community can register to attend. The groups are also meant to "witness," rather than "fix," someone's grief. The child life specialists, social worker



and chaplain who facilitate the meetings do not view themselves as experts, but talk of "companioning" people through the grieving process and back to reality. Companioning is an approach to bereavement counseling developed by the <a href="Center for Life & Loss Transition">Center for Life & Loss Transition</a>, where City of Hope's facilitators are being trained.

During FY 2015, three bereavement groups were held. The groups focused on loss of a child, a spouse or significant adult. All were tailored to cancer deaths, which have a particular grief and bereavement journey. At the end of each support group, a survey was taken. Overwhelmingly,

participants demonstrated an increased ability to use the communication skills taught in the class to express their needs to others. They also became confident in their ability to use the grief coping skills they learned in the classes.



- Q1 Believe the BSG has helped their communication skills when speaking with family, close friends, and co-workers, etc.
- Q2 Believe they can clearly communicate their needs to others as they move through the grieving process
- Q3 Are confident in using their coping skills learned in the BSG
- Q4 Found value in attending the support group
- Q5 Believe that the BSG was helpful for their child/teen

Figure 14. Belief and Confidence

All participants found value in attending the group, which was validated in our research on the need to receive support during the grieving process (Figure 14).

#### City of Hope Partners

- Case Management
- Community Benefit
- Patient, Family and Community Education
- Library Services
- Childlife Services
- Chaplaincy
- Social Work

#### **Community Partners**

- Duhaney Home Health
- El Encanto Healthcare
- Faith and Hope Hospice Care & Home Health
- Gentiva and Kindred at Home
- Heartland Home Health Care & Hospice
- Hollywood Home Health & Hospice
- Vitas Hospice
- VNA California
- West Covina Healthcare
- Casa Colina Hospital and Centers for Healthcare
- Companion Hospice Care
- Coram Specialty Infusion Services
- Maryvale Family Resource Center
- Able Hands Home Health
- Accredited Nursing
- Active Hospice Care, Inc
- Barlow Respiratory Hospital
- Bioscrip Infusion
- Bonum Home Health & Hospice Services
- Care Unlimited
- Casa Colina Centers for Rehabilitation

**Community Benefit Investment:** 

\$28,828

#### Healthy Living Community Grant Program

City of Hope, does not conduct population health interventions on a regular basis as there are organizations in our community that are experts in this area. But this year, we funded seven local non-profit organizations (including two schools and one university) in the delivery of innovative programs designed to address one or more of our strategic priorities around cancer prevention, health living, or smoking cessation. Our Community Benefit



	Impacts	
	Vulnerable Populations	Ø
Core Pi	Primary Prevention	Ø
Core Principle	Seamless Continuum of Care	Ø
	Community Capacity Building	Ø
	Research	
Strat	Cancer Prevention Early Detection	Ø
Strategic Priorities	Healthy Living	V
	Culturally Relevant Partnerships	Ø
	Smoking Cessation	

Advisory Council members made the selections for the Healthy Living Community Grant Program. As an added bonus, City of Hope gained insight into the needs of local vulnerable populations and can help support community efforts to tackle health disparities in a culturally appropriate, specific manner. We will continue to support these organizations by providing technical assistance and networking opportunities. (http://www.cityofhope.org/about-city-of-

hope/community/community-benefit/healthy-living-grant-program).

During FY 2015 the Healthy Living Community Grant Program gave out \$30,000 in small grants (\$5,000 each) to groups/organizations that demonstrated a creative, yet sustainable, approach to promoting healthy living through good nutrition, physical activity, cancer or diabetes prevention, or smoking cessation. Based on

our FY 2014 efforts, we discovered that \$5,000 was the breakpoint that enticed community organizations to apply for the grant.

The 2015 grantees included:

- Azusa Pacific University for its Neighborhood Wellness Center's Azusa Walks Program
- Pasadena Educational Foundation for Sharing a Healthy Start
- Day One for Walk/Bike to School
- AltaMed for Diabetes Group Visit Program
- American Heart Association for "Check. Change. Control."
- Bike San Gabriel Valley for Learn to Bike SGV
- San Gabriel High School Business and Technology Academy for its Health and Wellness Initiative

Outcomes will be reported next year, along with the announcement of the 2016 grantees. For now, the program descriptions for each grantee are found below:

#### Azusa Pacific University for its Neighborhood Wellness Center's Azusa Walks Program

This six-week program addresses physical inactivity in a predominately low-income, uninsured, Spanish-speaking community at high risk for diabetes and obesity. The program assesses personal risk for disease, creates individual disease-risk prevention plans, and provides support for a fitness program through athletic trainer sessions. It also integrates the participation of senior Exercise Science program students in the offering of physical assessments, including prescriptions for exercise.

## Pasadena Educational Foundation - Sharing a Healthy Start

The Pasadena Educational Foundation, together with the Pasadena Unified School District (PUSD), will address the rising obesity and diabetes rates in their community by expanding their "Sharing a Healthy Start" strategy that increases access to healthy food and nutrition education for families in the PUSD's



John Muir High School Community Garden provides produce to the families in the Healthy Start program.

highest poverty schools.

The foundation and the district will address the practical challenges and the perception that eating healthy is expensive by incorporating healthy food preparation and cooking workshops, school and community garden demonstrations, assisting with enrollment in Supplemental Nutrition Assistance Program (SNAP) and Market Match, and leading field trips to local farmers markets, supermarkets and neighborhood markets to compare the real costs of fresh food compared to fast food.

Moreover, the program will provide for work-based learning and paid internship opportunities at Muir Ranch for John Muir High School students and will increase a sense of connectedness to the school and community among local families and project partners.



Walk to School Day team at Madrid Elementary.

#### Day One for Walk/Bike to School

Day One will build upon ongoing efforts to increase opportunities for physical activity and access to wellness resources in the cities of El Monte and South El Monte. The Walk/Bike to School program aims to increase walking/bicycling to school, reduce greenhouse gas emissions, advance public health. This will be a pilot program at 12 schools (10 elementary, 1 intermediate, 1

middle) reaching approximately 7,400 K-8 students. To learn more about the program please visit this link: <u>Walk</u> to School Day

#### AltaMed for Diabetes Group Visit Program

AltaMed will address the root causes of diabetes-related health disparities, and the lack of prevention behaviors in people at high risk for diabetes and pre-diabetes through the expansion of its Diabetes Group Visit Program at AltaMed's West Covina site. The program will deliver diabetes education in combination with one-to-one medical evaluations by a physician.

The educational component is co-facilitated by a health educator and physician, from AltaMed, and is designed to encourage group participation and interaction that fosters learning among the participants. Additionally, AltaMed utilizes community health workers (promotoras) with similar cultural backgrounds and language preferences to AltaMed patients to establish trust. The promotoras deliver personalized health education on the self-management of chronic diseases. After participating in the Diabetes Group Visit Program, the patients are connected to the promotoras, who are instrumental in keeping them on track with the behavioral changes they have learned. In addition, program participants are linked as needed to internal partners (from AltaMed, including the Clinic Pharmacy, Behavioral Health and the PACE program, which serves frail seniors.

#### American Heart Association for Check.Change.Control.®

"Check. Change. Control." is an innovative program that focuses on the prevention of cardiovascular disease and stroke by utilizing local resources and collaborative partnerships with hospitals, clinics, and community organizations in the San Gabriel Valley (SGV). It is an evidence-based program targeting low-income adults and seniors of Asian and other descent. American Heart Association (AHA) Life's Simple 7 and Heart 360 (web-based health survey and health management tracking tools) will be incorporated into the program as a means to guide participants toward healthier lifestyles through proper nutrition, physical fitness, weight management, smoking cessation, and hypertension management. They will employ community health workers to deliver the culturally sensitive education and interventions to underserved and limited-English proficient adults,

throughout the San Gabriel Valley, in Mandarin, Cantonese and English.

#### Bike San Gabriel Valley for Learn to BikeSGV

Bike San Gabriel Valley (BikeSGV) seeks to increase the number of adolescents living in the San Gabriel Valley who meet current federal physical activity guidelines for needing aerobic physical activity and muscle-strengthening activity. The "Learn to



BikeSGV staff repair teach how to repair bikes at the Jeff Seymour Family Center.

Bike SGV" program is aimed at promoting regular physical activity in target communities by providing classes for youth, young adults, and other members of the public who never learned how to ride a bike, along with classes on how to repair and maintain a bike.

The El Monte City School District (EMCSD) was chosen for this project due to the high need for services within the city of El Monte, which has one of the highest rates of childhood obesity in Los Angeles County. The EMCSD provided Bike SGV with space to provide services to the community at the new Jeff Seymour Family Center, located at the now decommissioned Mulhall Elementary School. The campus already is home to Bike SGV's head office and soon-to-open SGV Bike Education Center, which will be the San Gabriel Valley's first community bicycle cooperative and education center. They have an established page on Facebook where you can learn more about what they do: <a href="https://www.facebook.com/San-Gabriel-Valley-Bicycle-Education-Center-952651388132172/?fref=ts">www.facebook.com/San-Gabriel-Valley-Bicycle-Education-Center-952651388132172/?fref=ts</a>

#### San Gabriel High School Business and Technology Academy for its Health and Wellness Initiative



San Gabriel High School Business and Technology Students tend to their superfood garden.

This student-led initiative will seek to enhance health-related knowledge and behavior in vulnerable communities in the San Gabriel Valley. Through a three-way strategy, the academy students will:

- Design and implement a health and wellness media campaign with memes\*, commercials, and slogans.
- Build movable raised-bed planters on campus for growing nutrient-dense "superfoods."
- Host an all-school "Garden to Table" health and wellness event, in which the entire student body can learn about and sample healthy foods and superfoods that taste good.

This project includes students and their teachers from the

Business & Technology Academy, Medical Academy, and culinary and woodshop classes. Throughout this project, students will track shifts in attitudes toward healthy food choices and increases in knowledge in how to incorporate healthier foods into their daily diet.

\*A meme is an image, a video, a piece of text, etc. that is passed very quickly from one Internet user to another, often with slight changes that make it humorous (http://www.oxforddictionaries.com/us/definition/learner/meme. Retrieved on 02/11/16)

#### **Building Community Capacity**

In order to build capacity, all grantees are being provided with ongoing technical assistance and mentoring support to ensure evaluation data is collected and the programs align with their funded outcomes. City of Hope's Community Benefit Advisory Council members will conduct site visits later in the year for each grantee and provide feedback where necessary. At the end of the funding cycle when new grants are awarded, the 2015 grantees will participate in a half-day conference, where they will share their program results with the community and act as mentors to the new round of Health Living Grant recipients. Ultimately this grant program is about building community and capacity around efforts that support health and wellness in our service area.

The important take-home message from this small Healthy Living Grant program is that "small is beautiful." Local organizations can benefit from smaller grants that boost them to another level, increase the scale of a previous effort, or help them launch a pilot program without making a large investment.

City of Hope Partners	Community Partners
<ul> <li>Marketing and Communications</li> <li>Community Benefits</li> </ul>	Community Benefit Advisory Council Azusa Pacific University American Heart Association AltaMed Bike San Gabriel Valley DayOne Pasadena Educational Foundation San Gabriel High School
Community Benefit Investment	
\$30,728	

## COMMUNITY BENEFIT INVESTMENTS

#### How Benefits Were Defined

The quantifiable community benefit provided by City of Hope in fiscal year 2015 are listed in Table 1.

Consistent with community benefit standards, only activities funded by the Medical Center (versus Beckman Research Institute of City of Hope or Philanthropy) are included.

The Catholic Health Association's publication, "A Guide for Planning and Reporting Community Benefit, 2015 Edition," was used to determine whether activities met criteria for inclusion as a quantified community benefit. The criteria meet Internal Revenue Service reporting and accounting requirements. Activities were grouped under the broad categories defined in SB 697 and were further divided into classifications consistent with IRS Schedule H.

#### Methods Used to Collect Data and Derive Values

Financial data on medical care services and health research were provided by City of Hope's finance department. The method used to calculate the value of Medi-Cal and Medicare services was cost per case, minus reimbursement received.

Data on benefits for the broader community were obtained by contacting individual Medical Center departments. To calculate the value of personnel services, estimated hours devoted to an activity were multiplied by hourly wage and the fringe benefits were added to that number. In-kind donations were calculated at face value. Dollars were rounded to the nearest hundred.

#### Value of Quantifiable Benefits

The total value of quantifiable community benefit provided by the Medical Center in fiscal year 2015 was \$96,392,050. This included:

- \$26,257,095 in medical care service benefits, which included Medicare shortfall.
- \$ 3,391,788 in benefits provided to the broader community
- \$ 66,743,167 in health research, education, and training programs

City of Hope also provided a wide range of benefits to our communities that are not reflected in Table 1, because they are included in the operational costs for community benefit. These include, but are not limited to, technical assistance provided to government agencies and community organizations, contributions to the research literature, and leadership of community boards.

Table 1

Economic Value of Community Benefit Provided by City of Hope Medical Center

Fiscal Year 2015

Category/Program Name	Total Expense	Offsetting Revenue	Net Community Benefit
A. Medical Care Services for Vulnerable Populations			
Medicare	237,669,034	168,109,099	69,559,935
Medi-Cal	122,919,976	79,514,390	43,405,586
Hospital Provider Fee Program	23,575,575	121,657,001	(98,081,426)
Charity Care	11,373,000		11,373,000
TOTAL MEDICAL CARE SERVICES BENEFITS,			
INCLUDING MEDICARE SHORTFALL	395,537,585	369,280,490	26,257,095
TOTAL MEDICAL CARE SERVICES BENEFITS,			
EXCLUDING MEDICARE	134,292,976	79,514,390	54,778,586
B. Benefits for the Broader Community			
1. Community Health Improvement Services			
a. Community Health Education			
AIDS Summit	5,014		5,014
Community Health Awareness (screenings, classes, support) Latinos Living Healthy (LULAC) and Healthy Hispanic Living	171,010 192.000		171,010 192,000
Smoking Cessation (Support Groups + Pharmacy Support)	52,984		52,984
Chinese Language Educational Events	19.644		19.644
Napolitano Mental Health Consortium	2,454		2,454
b. Health Care Support Services	2,404		2,404
Village Stays	260,720		260,720
Community Blood Drives	30,589		30,589
Patient Resources Coordination	73,298		73.298
Total Community Health Improvement Services	807,713		807,713
2. Community Benefit Operations	122,495		122,495
3. Cash and In-Kind Donations (consists of all cash donations)			
Education Foundations - Duarte	3.386		3.386
Health Consortium of San Gabriel Valley	2,500		2.500
California Health Foundation Trust (CHFT)	2,162,212		2,162,212
Total Cash and In-Kind Donations	2,168,098		2,168,098
4. Community-Building Activities			
Drought Tolerate Community Landscape Demonstration Project	41,000		
Groundhog Job Shadow Day and Career Day	2,409		2,409
2015 Health Care Expo+Career Videos	102,723		102,723
Regional Occupational Program - Summer High School	4,193		4,193
Community Science Festival	53,748		53,748
2015 Healthy Living Grants	30,000		30,000
Science Field Day	2,872		2,872
Transitions of Care Community Coalition TEACH	15,408 2,000		15,408 2,000
City GoVt and Chamber Events (EnvirAwards, Garden, Special Olympics	39,129		39,129
Total Community-Building Activities	293,482		293,482
TOTAL BENEFITS FOR BROADER COMMUNITY	3,391,788		3,391,788
C. Health Research, Education and Training Programs			
Medical Center non-funded cancer research	74,056,200	9,741,600	64,314,600
Training Programs (CME, Pharmacy, Nursing, Rehabilitation and	,,	-1	3.101000
Nutrition)	2,724,816	296,249	2,428,567
TOTAL HEALTH RESEARCH, EDUCATION and TRAINING PROGRAMS	76,781,016	10,037,849	66,743,167
	, , , , , , ,	,,	
TOTAL QUANTIFIABLE COMMUNITY BENEFIT PROVIDED, EXCLUDING MEDICARE	214,465,780	89,552,239	124,913,541
TOTAL QUANTIFIABLE COMMUNITY BENEFIT PROVIDED, WITH MEDICARE SHORTFALL	\$475,710,389	\$379,318,339	\$96,392,050

### CONCLUSION

City of Hope strives to decrease health disparities in our service area in multiple ways, from creating an institution-wide emphasis on community benefit to organizing thoughtful collaborations to address root causes of barriers to good health. This document explains key community benefit initiatives made in the areas of workforce development, healthy living, and programs that strive to build a seamless continuum of care.

It is important to note that some programs reported in our 2014-2017 Implementation Strategy were not included in this 2015 fiscal year summary. These include Clinical Research, Genetic Screening for Latinas at High Risk for Breast Cancer, Seeds of Hope, and Epidemiological Research in Minority Populations. These programs represent the work of the Beckman Research Institute of City of Hope. Although they are critically important to City of Hope, and make substantial contributions to eliminating health disparities, they are not considered when taking Medical Center's non-profit status into account. Therefore, this report focuses on programs directly attributed to the Medical Center's contributions to community benefit with one exception: the Science Education Partnership Award Collaborative (SEPAC). SEPAC's work is so strongly integrated into the Workforce Development initiative that it cannot be discussed separately. Of course, there are many other programs that contribute to our organization's investment in sustainable community benefit. These include: Healthy Hispanic Living (the first online health platform dedicated to the Hispanic culture, www.healthyhispanicliving.com; the Sheri & Les Biller Patient and Family Resource Center; Patient Resources Coordination; Medical Professionals Education; Adopt a Family, and our numerous cash and in-kind donations. While not highlighted in this report, they make an impact on the well-being of our community.

This fiscal year we made a few changes in our reporting. In FY2015, we realized the impact that the Center of Community Alliance for Research and Education (CCARE) program has had on the delivery of culturally appropriate and linguistically specific education on nutrition and fitness with the "Eat, Move, Live" program. As a result, we shifted these program costs to the Medical Center in order to provide greater visibility for the program's impact on our vulnerable communities.

Additionally, we began to take a closer look at Medical Center initiatives that aligned with community benefit standards and began to include those in our report. These included community blood drives and teaching classes on drought-tolerant landscaping in partnership with the City of Duarte. With further exploration, we discovered a number of programs that were providing community education or training future health care workers (Social Work, for example), which we had not reported in prior years – which resulted in a greater contribution in overall "Community Building" category.

This past year sparked the imagination of our workforce to think beyond the hospital walls and discover additional pathways to impacting the health of our broader community. Such "imagineering" culminated in the development of the Transitions of Care Community Coalition and the Bereavement Support Group. Two important endeavors that held build a "Seamless Continuum of Care" for patients and the greater community.

Finally, we would like to address the sharp differences between last year's report of contributions and the total for this year. One component of the community benefit that City of Hope delivers is providing care to Medi-Cal enrolled patients for substantially less than the cost to deliver that care. To help mitigate some of the funding shortfalls of the Medi-Cal program, all hospitals in California pay fees to the state (the "Provider Fee") that are used to obtain federal matching funds that supplement Medi-Cal payments. This helps us to continue to care for our service area's vulnerable patients. Please visit <a href="http://www.calhospital.org/hospital-fee-program">http://www.calhospital.org/hospital-fee-program</a> for more information on this Hospital Fee Program. For the year ending September 30, 2015, City of Hope's net Medi-Cal community benefit expense was lower than historical norms. This is due in large part to the timing of the federal government's approval of Provider Fee payments to hospitals, which included payment for six months of FY14 services in addition to all of FY15.

This past fiscal year we also see a significantly larger contribution in the "Community Building" reporting line of our report. This is due, in part, to a donation we made to the "California Health Foundation Trust" (CHFT) <a href="http://www.calhospital.org/profile/california-health-foundation-trust">http://www.calhospital.org/profile/california-health-foundation-trust</a>. This approximate \$2.1 million dollar donation will benefit sponsorship and support of health care, including access to health care,

research and education. While this is not a yearly donation we can expect to see our contributions to "Community Building" activities dip next year.

The designation of community benefit programs as an institutional priority has heightened the sense of urgency to create strong, useful programs that meet the needs of the vulnerable populations in our Service Area. We are now viewing existing and future programs through a lens that places vulnerable populations in the forefront of the planning process. We are confident this institutional commitment will foster collaboration among City of Hope employees participating in community benefit activities. Having priorities allows for a more strategic focus on areas that are critical to our Service Area, while creating pathways for health and healing. As we begin the process of analyzing the data for our Community Health Needs Assessment, we at City of Hope look forward to serving our community in ways that recognize the specialized needs of cancer prevention and detection, healthy living, smoking cessation, and the creation of research alliances and culturally relevant community partnerships that eliminate barriers to care.

## **APPENDIX**

## Appendix A Needs Assessment Tools

#### Letter to Stakeholders



City of Hope, as a National Cancer Institute-designated comprehensive cancer center, is dedicated not only to serving our patients and their families, but also our community at large. We are seeking your input on how to better meet the needs of our community related to cancer prevention, early detection, treatment, and support services. Specifically, we seek your ideas on how City of Hope could best partner with you to improve the health and well-being of our community.

City of Hope will conduct brief telephone interviews with a select group of approximately 60 community representatives. All responses will be used to determine the priorities for City of Hope's community partnership activities and programs. City of Hope will protect the respondents' confidentiality and will not associate specific comments with individual respondents or their agencies. A summary of the results will be sent to all participants.

I am writing to ask for your participation in a phone interview.

A City of Hope representative will contact you by telephone within two weeks to arrange an interview and to answer any questions that you may have. The interview lasts approximately 30 minutes and will be scheduled at your convenience. I have enclosed a copy of the interview questions for your review and consideration. If you prefer to contact us, please call Lina Mayorga, program manager in Patient, Family and Community Education, at (626) 256-4673, ext. 64053 or LMayorga@coh.org.

We appreciate and value your participation and look forward to hearing your thoughts on how City of Hope can best contribute to the health of our community

Sincerely,

Michael A. Friedman, M.D. Chief Executive Officer

Director, Comprehensive Cancer Center

Irell & Manella Cancer Center Director's Distinguished Chair

nichael a. Thedura

Robert Stone President City of Hope

#### **Needs Assessment Survey**

#### City of Hope

### Interview Regarding Community Health Assets and Needs February-March 2013

Date of Interview:	
Interviewee:	
Agency:	
Contact Information:	

Thank you for enabling City of Hope to more effectively serve our community by sharing your views regarding this community's health needs and how we can work together to meet those needs.

#### Part 1: Learning About Your Agency

- 1. I'd like to begin by learning more about your agency.
  - a. What services does your agency offer?
  - b. What population(s) does your agency serve?
  - c. What geographic area does your agency serve?
  - d. In what other languages does your agency provide services to the community?
  - e. Does your agency offer any services or programs that are culturally tailored to the needs of its community?
  - f. What are some barriers that your organization faces in meeting the needs of the community?

If you would prefer to mail or fax your completed Needs Assessment, please send to: Lina Mayorga, Patient, Family & Community Education (NW Y-8) 1500 E. Duarte Road, Duarte CA 91010

#### Part 2: Your Views on Cancer-related Needs in Our Community

2.	Now I'd	d like to ask your views on cancer-related needs in our community.
	a.	Beginning with <b>cancer prevention</b> and <b>early detection</b> (finding cancer at an early, most treatable stage), can you identify any unmet community needs? Which populations are most affected? Do you have any suggestions on how to meet our community's needs in the area?
	b.	In the area of <b>cancer treatment</b> , can you identify any unmet community needs? Which populations are most affected? Do you have any suggestions on how to meet our community's needs in the area?
	C.	In the area of <b>support for cancer patients and their families</b> , can you identify any unmet needs? ("Support" refers to clinical, psychological, emotional, financial or other needs.) Which populations are most affected? Do you have any suggestions on how to meet our community's needs in the area?
	d.	Are there any <b>other unmet cancer-related needs in our community</b> that you would like to identify? Which populations are most affected? Do you have any suggestions on how to meet our community's needs in the area?
	e.	Are there any other cancer-related needs that you can identify, that we have not covered? Do you have any suggestions on how to meet cancer-related needs in our community?
3.	In your a.	opinion, what are the three major barriers to meeting cancer-related needs in our community?
	b.	
4.		opinion, which one of the three barriers is the highest priority (is most important to address in o improve community well-being)? And why?

#### Part 3: Your ideas on How to Meet Our Community Cancer-Related Needs

- 5. What kinds of changes would you like to see over the next 5 years in order for our community to become a truly healthy community?
- 6. How would you like City of Hope to work with you/ your agency to improve the health of our community?

#### Part 4: Your Rating of Cancer Education and Support Issues

				How important is this issue to you?					How satisfied are you with current efforts in this area?				
		Not Imp	ortant			Vei Impo	ry ortant			ery Satisfied			
1.	. Culturally sensitive cancer education programs and materials are available to community members.		1	2	3	4	5	0	1	2	3	4	5
2.	<ol> <li>Culturally-sensitive cancer support groups and support services are available to community members.</li> </ol>		1	2	3	4	5	0	1	2	3	4	5
3.	3. Information on cancer prevention and early detection is available to community members.		1	2	3	4	5	0	1	2	3	4	5
4.	4. Free /low cost cancer screening is available to community members.		1	2	3	4	5	0	1	2	3	4	5
5.	<ol> <li>Information on various cancer treatments (chemotherapy, radiation therapy, etc.) is available to community members.</li> </ol>		1	2	3	4	5	0	1	2	3	4	5
6.	<ol> <li>Community members affected by cancer know what cancer support services are available in our community.</li> </ol>		1	2	3	4	5	0	1	2	3	4	5
7.	<ol> <li>Cancer education and support programs are available for cancer survivors in our community.</li> </ol>		1	2	3	4	5	0	1	2	3	4	5
8.	<ol> <li>Nutrition education programs are available to cancer patients and families who are undergoing treatment.</li> </ol>		1	2	3	4	5	0	1	2	3	4	5
9.	<ol><li>Education about the role of diet in preventing cancer is available in our community.</li></ol>		1	2	3	4	5	0	1	2	3	4	5
10.	10. Training is provided to people in our community with cancer so that they can be advocates for themselves.		1	2	3	4	5	0	1	2	3	4	5

#### Part 5: Closing Comments

Ture 5. Closing Comments	
1. Have we covered everything that you think is important?	
<ol> <li>Do you have any suggestions about other individuals or agencies that we should contact in determine cancer-related needs in our community?</li> <li>a.</li> </ol>	order to
b.	
C.	
Thank you for helping to identify community health needs and priorities. City of Hope appreciates your partnership in building a healthier community.	greatly

# Appendix B 2013 Community Health Needs Assessment Results

#### Major Barriers to Meeting Cancer Needs

#### Barriers faced by organizations

#### Major Barriers to Meeting Cancer-Related Needs in Our Community

Participants in the community consultation were asked to identify major barriers to meeting cancerrelated needs in our community. Participants most often identified lack of funding and resources as major agency barriers due to budget cuts and the economy.

When asked to identify major barriers within their agency or organization, the highest number of responses was observed in three indicator categories:

- 1. Lack of Funding
- 2. Lack of Resources
- 3. Lack of Knowledge/ Community Awareness

	Major Barriers to Meeting Cancer Needs of the Community As Identified by Respondents
1.Financial Needs	<ul> <li>Funding to develop programs</li> <li>Finances "never enough funding to meet everyone's needs"</li> <li>County budget cuts and hours of availability for the public</li> <li>Having sufficient financial support to recruit and retain staff</li> <li>Funding for resources for programs geared toward the Latino community</li> <li>Grant availability</li> <li>Funding-(non-profit) consistently identifying for sources of funding to continue to do work</li> <li>Budget/Grant limitations</li> </ul>
2. Lack of Resources	<ul> <li>Capacity of community to actually provide service</li> <li>Lack of resources &amp; changing direction of health care initiatives direction</li> <li>Resources to meet practical needs of patients and families: transportation, childcare, care</li> <li>Lack of staff to meet needs of LA County. Very large area to cover, not enough time or staff</li> <li>Ability to assist patients with practical needs: insurance, finances, housing, jobs</li> <li>Survivorship education and programs</li> <li>Limited resources at state and government level</li> </ul>

	Need for resources to refer clients for other kinds of services
	Community not having sufficient knowledge on services available to them
3. Lack of	Awareness of the existence of agency and resources
Knowledge/	<ul> <li>General understanding of diagnosis and resources available</li> </ul>
Community	Distribution of clinic services information and resources available
Awareness	<ul> <li>Increased education efforts to educate providers and other organizations on community</li> </ul>
Awareness	resources available- thus increasing patient access to resources
	Language and cultural stigma regarding cancer
	Language specific providers    Compared to the specific providers   Compared to
	• Financial support for new languages to better meet needs of emerging immigrant groups
4. Language &	Lack of resources/support groups for Spanish and Chinese languages
Cultural	Need for Chinese speaking staff needed and education materials
Barriers	Recruitment and education of ethnic populations for clinical trials
	Need for bilingual staff and volunteers
	Translation and interpretation services
	Lack of ability to develop much needed educational programs in Korean
	Lack of educational materials available in Spanish and Chinese
	Medical access to screening and follow-up care
	Government programs for low-income and illegal immigrants.
5.Access to	Coverage for screening and treatment
Care	Obama Care will cover documented people not undocumented
Care	<ul> <li>Access: Insurance coverage, fragmented system (i.e. most see several specialist)</li> </ul>
	Insurance constraints with health care reform
	Access to specialty care
	Lack of collaboration and partnership
6.Community	Lack of partnerships in community
Collaboration	Partnerships to gain broader access to the community
&	Collaboration and support from other organizations
<b>Partnerships</b>	Partnerships to increase marketing efforts and resources available to community
	Increased collaboration versus competiveness
	Lack of focus on prevention efforts
7.Cancer	Finances to provide cancer prevention education
Prevention	Budget cuts impacting cancer prevention programs
Efforts	Lack of mobile screenings
	Lack of ability to follow-up after prevention screenings

#### **Cancer-Related Needs in Our Community**

Participants in the community consultation were asked to identify unmet needs in our community in three topic areas:

Cancer Prevention and Early Detection

- Cancer Treatment
- Support Services

#### **Unmet Needs: Cancer Prevention and Early Detection**

When community representatives were asked to identify unmet needs in the area of cancer prevention and early detection, respondents most often cited a lack of education regarding cancer prevention of cancer among specific cultural or language groups and lack of resources.

#### Lack of education on the prevention of cancer amongst specific cultures or languages

- Tailored programs for Spanish and Chinese speaking population
- Filipino and Thai are the mostly affected and need increase awareness of importance for early detection, need more outreach and language services
- Language and cultural barriers, linguistically and culturally appropriate health/cancer prevention information and services are one of the greatest needs that is mostly unmet
- Limited English proficient populations are most affected
- There is a lack of cancer screening knowledge, access. Populations most affected are the Hispanic and Asian. Suggestion: Promotoras to spread the word and education
- Outreach to Spanish speaking community, culturally competent information. Latinas are most
  affected. Important to be sensitive to cultural needs of population-when talking about gender
  anatomy of our body, breasts. Be sensitive in the way we address the need to seek screening
- Awareness, Healthy lifestyle, cultures and trust (Chinese, Hispanic)
- Screening rates are lowest among API. We need programs that target this population
- In Asian community Hep B is an area that needs to be addressed. Early detection will help reduce liver disease
- Lack of education materials in Spanish and Vietnamese on prevention efforts for cancer
- Low screening rates in Breast and cervical cancer. Lack of Knowledge, information awareness. Also, lack o health beliefs about screening. Pop: underserved populations (minorities. Suggestion: more screenings (free)
- Cultural misperceptions or understandings that prevent or delay detection or care.
- Lack of health beliefs about screening

#### **Lack of education and prevention efforts**

 The general public does not understand the link between diet (particularly sugary nutritionally devoid foods), exercise, and cancer. They understand this causes obesity & diabetes, but less so cancer. Any public awareness is helpful. Also, paid time off work for preventative screenings (or

- doing them at employer sites) would ensure people can get them.
- Cancer prevention and healthier lifestyles for children -- in hopes to involve parents as well
- Nutrition/active living, education for seniors, policy level for youth, including school nutrition.
- Need: education most people do not know about prevention tactics
- Screenings is an unmet need. Pop: Minority populations, Suggestion: proving more education as far as screening guidelines.
- Cancer education and cancer screening programs for minority and underprivileged population. Provide accessible and low cost screening clinics
- In general, community needs more education on cancer prevention and early detection
- Offering programs and nutrition classes in schools and colleges. Exercise and eating well is part of cancer prevention.
- General lack of knowledge and education on prevention and early detection.
- Role of diet and nutrition. Role of being overweight or obese

#### Lack of programs for uninsured/ Access to Care

- Linking the uninsured o free programs and services for testing that are in their native language
- Low-income populations don't have access to medical care. Need free cancer screening for anyone who doesn't have health insurance. Suggestion: have mobile truck for screening
- Uninsured members of community-can't screen or obtain treatment. Suggestion: offer more free screening and charity surgeries
- Populations most affected are the poor who are without health insurance and do not have resources such as annual physical exams
- Not enough screening is available to those with no insurance (low and middle income populations need to go to where they are), Early education
- Undocumented residents obtaining health care
- Lack of access to regular medical care due to low-income, unemployment, under-insured or no health insurance
- Focusing on efforts for those without insurance that do not have resources for detection programs
- Access to health care to obtain information and education how to go about getting screened/treated. Population: low social economic
- Lack of primary care. Uninsured population. Suggestion: mobile screening, more follow-up and clinic access
- Young uninsured individuals without access to health insurance

#### Lack of resources available for prevention and screening

- Lack of resources and support for young adults
- Need for greater education efforts for blood cancers, and bring forth awareness.
- Little to no colonoscopy and prostate cancer screening available
- Limited resources for follow-up, focus on collaboration between agencies
- More resources about early detection strategies
- Women under the age of 40 Lack of prevention programs for them
- Screening for cancer at earlier stages versus advanced
- Lack of screening programs available in the community
- Lack of low cost or no cost screening and prevention programs
- Lack of preventive programs for male cancers, prostate

#### **Lack of Funding/Financial**

- Financial assistance after diagnosis
- lack of funding for prevention efforts
- More likely to obtain funding for women's preventative initiatives than for males
- Economy and finances always affects prevention and early detection programs, programs are usually first to be cut
- Lack of funding for mobile screenings
- Lack of funding for follow-up care once someone has been screen or been diagnosed with cancer

#### **Unmet Needs: Cancer Treatment**

When asked about unmet needs related to cancer treatment, many respondents cited the lack of access to care/financial barriers, lack of resources, language/cultural barriers and lack of knowledge. Respondents identified Latino and uninsured population as being the most affected when it comes to unmet needs related cancer treatment.

#### **Access to Care/ Financial Barriers**

- Access to care and treatment after diagnosis. Lack of financial resources to obtain treatment or a second options.
- Need: low income communities do no have access to treatment because of cost.
- Lack of access to regular medical care due to low income, unemployment, under-insured or no health insurance
- Lack of primary care use, indigent patients harder to access.
- Access to medical care, especially women. Uninsured have limited access. Suggestion: More BCCCP programs
- Access to medical care, especially women. Uninsured have limited access.
- Financial aspects childcare treatment medications day to day needs treatment vs. rent? This is what determines if patient well be treated or not.
- Cancer care for insured, underinsured and uninsured AAPIs.
- Early detection/primary care
- Patients struggle with home/social/ transportation needs also financial. Suggestion: connect with other services
- Lack o health insurance or ability to pay for treatment
- Financial aspects childcare treatment medications day to day needs treatment vs. rent?
   This is what determines if patient well be treated or not
- In San Gabriel Valley, many of the Asian Pacific Islanders /Hispanics population do not have health insurance. County hospital is **their only option for treatment**
- Needs: lack of insurance causes people to not seek care. Population: Low social economic
- Not enough health coverage whether public or private. This affects low and middle income
  under-employed people most. Too many people are making do without full-time jobs. Pass
  universal health care. Alternatively a way for mass donations that go directly to a patient's care

- would be helpful.
- Adults who are undocumented do not have access to government insurance
- Anyone who doesn't have health insurance, because of lack of screening for cancer due to lack of health insurance. They can't go for treatment. Suggestion.: CoH Providing more charity care.

#### **Increase in Treatment Resources and Education**

- Need for partnerships to develop low income clinics.
- Practical patient needs: transportation, primary care or medical services for cancer
- **Need for i**ntegrative medicine for those in treatment
- More education & information on clinical trials.
- More education on treatment in Armenian.
- Women under the age of 40 Lack of resources and programs, need more educational intervention
- Focusing on encouraging clinical trials participation of minorities & medically underserved
- Care for cancer survivors
- Lack of Comprehensive Care
- Lack of psychosocial support for patients in treatment
- Patients who are diagnosed with cancer are in crisis- highly unmet emotional needs. Better access to psychosocial services to patients and their families.
- Lack of educational materials in print available to the public due to budget cuts, increasing education efforts on treatment options & what to expect.
- Not enough rehabilitation services being provided for survivors.
- Need for local cancer care expert at community level.

#### **Cultural/Language Barriers**

- Cultural understandings that prevent or delay detection or care
- Language barrier- unable to communicate with the Health Care Professionals
- Language barriers continue to prevent LEP women (and men) from being able to receive culturally and linguistically appropriate care in a timely manner.
- Language barriers also make it nearly impossible for cancer patients/survivor to navigate the continuum of care and/or adhere to treatment.
- Navigation services for cancer patients in their native languages; Chinese (Mandarin) and Spanish in particular
- Latino and Asian: need is that this community is looking for doctors who speak their language. They want doctors to speak Spanish, Korean etc

#### **Lack of Knowledge**

- Don't know what to do, don't understand survivorship concept. Understand what a chronic illness. Need: is education. Suggestion: simplified, streamline education
- Patients often don't have a clear understanding of their treatment regimen or medications. And, the short and long term effects of treatment. More education on treatments and medications
- Lack of knowledge and participation in clinical trials by minorities
- Education on clinical trials, education on decision-making and treatment options.
- Empowering patients/community to take an active role in their care
- Lack of knowledge on how to get medical treatment

#### Needs in the area of Support for Cancer Patients and their Families

#### **Unmet Needs: Support Services**

For the area of unmet needs related to support for cancer patients and their families, respondents identified the lack of support services related to mental health, support groups, and awareness of support groups in other languages at community organizations. Respondents also identified the need for more resources and financial support, lack of educational programs, access to care issues, and lack of collaborations and partnerships to increase support services for cancer patients and families.

Yo	our Views on Cancer-related Needs in Our Community in the Area of Support for Cancer Patients and their Families
Lack of Support Services and	Lack of resource information for psychological and psychiatric services
Awareness	Support groups for caregivers and family members of cancer patients
	Lack of support groups in other languages
	Mental health resource information as part of coordination of care
	Mental health resource information available in other languages
	Support programs for siblings of pediatric cancer patients
	Lack of psychosocial services in Spanish
	Lack of bereavement support services
	Full spectrum support services for cancer survivors
	Lack of awareness of support groups available at various minority
	focused community organizations (i.e. African-Americans, Latino,
	Armenian, and Asian communities)
	Language specific patient navigation services for cancer patients

	<ul> <li>Increased peer support programs for women with advanced breast</li> </ul>
	moreused peer support programs for morner man duranteed breast
	cancer
Resources and	Lack of resource information for housing and transportation needs
Financial Support	<ul> <li>Need of more financial support for basic needs (i.e. housing,</li> </ul>
	transportation, food)
	<ul> <li>Increased availability of charity care for uninsured and low-income</li> </ul>
	populations
	Streamlined referral services for low income/ underinsured/uninsured
	populations
	<ul> <li>Lack of financial literacy programs in dealing with financial crisis</li> </ul>
Lack of Education	Lack of educational programs on participating in clinical trials
	Need of more education and information on cancer treatment options
	Lack of educational programs in other language about nutrition
	Educational materials for children of cancer patients
	Educational programs for young adults with cancer
Access to Care	Educational programs for young adults with cancer
	Low-income populations have little access to mental health services
	Access to cancer treatment facilities due to lack of insurance
	Access to clinical trial information
Community Partnerships and	Lack of community partnerships to provide support services for
Collaborations	minority populations
	Develop community partnerships to provide mental health services for
	minorities and low-income populations

#### **Other Unmet Needs in Our Community**

#### **Unmet Needs: Other**

Other cancer-related needs were identified by respondents. Top needs were related to education and awareness on clinical trials, cancer prevention, communication with the health care team, and full spectrum education for bone-marrow transplant patients. Additional needs included community partnerships and collaborations to increase community outreach, and implement research based programs for minorities. Lastly, resources and financial support needs were identified related to cancer treatment.

	Other Unmet Cancer-related Needs in Our Community
Educational Needs	Educational programs on clinical trials
and Awareness	Getting the word out about clinical trials as an option for treatment
	More educational and empowerment programs
	Full spectrum education for bone-marrow transplant patients (i.e.
	side effects, caregiver needs)
	Lack of culturally tailored educational programs on cancer prevention
	Health education programs in Spanish on nutrition
	Increase educational programs in other languages
	Lack of exercise programs for cancer patients and survivors
	Education on communication strategies with health care team
	Increase nutrition education programs for cancer patient and

	caregivers
	Lack of educational programs on advocacy and communication to
	take an active role in their care
	Increased education for cancer patients on employment rights, using
	health insurance, and appealing adverse treatment-related decisions
	Lack of cancer-related educational programs for seniors
	Need more education on cancer prevention for Latino and Asian
	populations
	Lack of educational programs on advocacy and communication
Community	Lack of collaborative efforts to get the "word out" about
partnerships and	community resources
Collaborations	Collaboration to implement research based programs for minorities
	Increased partnerships to increase community outreach
	<ul> <li>Increased partnerships to on-going updates and training for health</li> </ul>
	care providers about programs available for cancer patients and
	families
Resources and	Financial support programs for cancer treatment
Financial Support	Lack of financial assistance information for medication costs

#### **Changes for a Healthier Community**

Community respondents identified key areas for the kinds of changes they would like to see over the next five years for a healthier community. Partnerships and collaborative efforts between various agencies were described to offer education and support services. Similarly, respondents described increasing the number of educational programs available in other languages as well as culturally appropriate education. Other areas identified were increased education on healthy lifestyles, and a widespread effort in providing resources, financial assistance, and support services for the community. Participants in the community consultation offered the responses categorized in Table 2.

Table2. Changes Participants Would Like to See Over Next Five Years		
Community	<ul> <li>Develop community partners to share funding and resources for health education programs</li> </ul>	
Partnerships and	<ul> <li>Increased community, hospital, government coalitions</li> <li>Increased partnerships for prevention education efforts (i.e. media,</li> </ul>	
Collaborations	community networks)	
	<ul> <li>Partnerships- to train medical community to work with diverse community organizations</li> </ul>	
	<ul> <li>Increased collaboration between cancer treatment facilities and community organizations</li> </ul>	
	<ul> <li>Develop partnerships to collect robust data for cancer-related research</li> </ul>	
	<ul> <li>Develop partnerships for volunteer outreach- increase cancer survivors volunteering in cancer focused organizations</li> </ul>	
	<ul> <li>Increased partnerships to develop outreach programs to promote cancer prevention</li> </ul>	

Language and Culture	<ul> <li>More educational programs in Spanish</li> <li>More support groups in Spanish</li> <li>More cancer-related resources in Chinese</li> <li>Availability of culturally tailored education</li> <li>Availability of patient education materials in other languages</li> <li>More language services (i.e. interpreter services, and translation of materials in other languages)</li> <li>Culturally competent health care agencies</li> </ul>
Resources and Financial Assistance	<ul> <li>Strong online presence of various cancer organizations to provide accurate information to public</li> <li>Community members know what resources are "out there"</li> <li>Increased availability of charity care for uninsured and low-income populations</li> <li>More funding for prevention and early detection programs</li> <li>Increased resource information about support groups and smoking cessation programs</li> <li>Increased knowledge based programs for the community about free/low cost screenings</li> </ul>
Healthy Lifestyles	<ul> <li>Increased public awareness about healthy eating</li> <li>Culturally appropriate health messages on healthy lifestyles</li> <li>Increased awareness on the importance of physical activity and exercise</li> <li>More health promotion efforts focused on cancer prevention</li> <li>More health education programs focused on obesity prevention</li> </ul>
Support Services	<ul> <li>Full spectrum of support for caregivers</li> <li>Support programs and services for caregivers in other languages</li> <li>Increased availability system navigation services</li> <li>Improved coordination of care services</li> <li>More patient navigation services</li> <li>Full spectrum comprehensive care for cancer patients</li> </ul>

Education	<ul> <li>Increased educational programs on nutrition and smoking cessation</li> <li>Full spectrum education about cancer disparities</li> <li>More patient education on life after a bone marrow transplant</li> <li>Increased culturally tailored education on cancer prevention</li> <li>More health education programs to prevent cancer and other chronic diseases Increasing early detection education</li> </ul>
Advocacy and Policy Changes	<ul> <li>Policy driven efforts to increase access to quality care for underserved populations</li> <li>Empowering Hispanic community to become advocates for themselves</li> <li>Utilizing policy change for advocacy measures</li> </ul>
Access to Care	<ul> <li>Increased access to cancer treatment facilities</li> <li>Increased health care services for low-income communities</li> </ul>

#### **Partnering with City of Hope**

#### **Ideas on Working with City of Hope**

Community participants identified a range of ideas on partnering with City of Hope in order to meet cancer-related needs. All suggestions are presented in Table 3.

Table3. How Respondents Would Like to Partner with City of Hope		
Community Partnerships and Collaborations	<ul> <li>On-going collaboration to develop community events/programs related to cancer prevention</li> <li>City of Hope to partner rather than lead community partnerships to increase visibility of community agencies</li> <li>Increase coalitions- City of Hope to be the central agent to unite service providers</li> <li>Develop partnerships to increase City of Hope presence at other health care organization</li> <li>Develop partnerships to continue cancer survivorship programs</li> <li>Increase continued medical education opportunities focused on caring for culturally diverse populations</li> <li>Continue collaboration, reaching out to uninsured or underinsured</li> <li>Partner in translation services of patient education materials</li> </ul>	
	<ul> <li>Partner to explore new types of media to enhance health-related</li> </ul>	

	<ul> <li>communications</li> <li>Continue collaboration with Patient, Community, and Family         Education but expand community outreach efforts</li> <li>Collaborate on train the trainer efforts to increase policy related         efforts</li> </ul>
Educational Needs and Awareness	<ul> <li>Expand health education programs open to the public</li> <li>Get the word about City of Hope resources for the community (i.e. health education classes, seminars)</li> <li>Expand programs like Ask the Experts to educate public on what causes cancer and how individuals can improve their eating and exercise habits</li> </ul>
Other Ideas	<ul> <li>Implementation of community garden</li> <li>More free, low-cost cancer screening held in community centers</li> <li>Develop resources and programs for community librarians</li> </ul>

#### **Rating of Cancer Education and Support Issues**

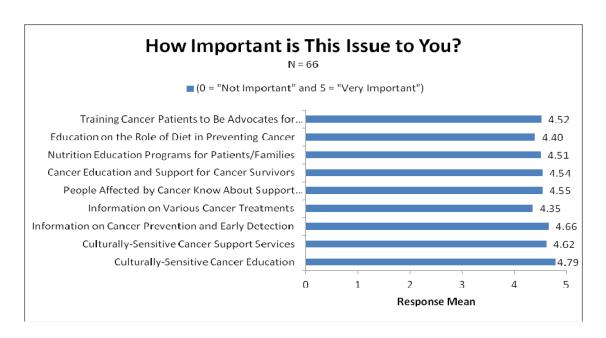
A. How Important is this Issue to You?

Participants were asked to rate the importance of cancer education and support issues in the ten topic categories (listed above).

The highest scores were often assigned to two issues or topic categories:

1.	Culturally-sensitive cancer education	4.79
2.	Information on cancer prevention and early detection	4.66
The lov	west scores were often assigned to two issues or topic categories:	
1.	Information on various cancer treatments	4.35
2.	Education on the role of diet in preventing cancer	4.40

Figure 11. How Important is This Issues to You?



The response means ranged from 4.35 to 4.79, and the weighted grand mean was 4.55. This suggests that participants often rated each issue or topic category as 5 or very important.

B. How Satisfied are You With the Current Efforts on This Issue? Participants were asked to rate the importance of cancer education and support issues in the ten topic categories (listed above).

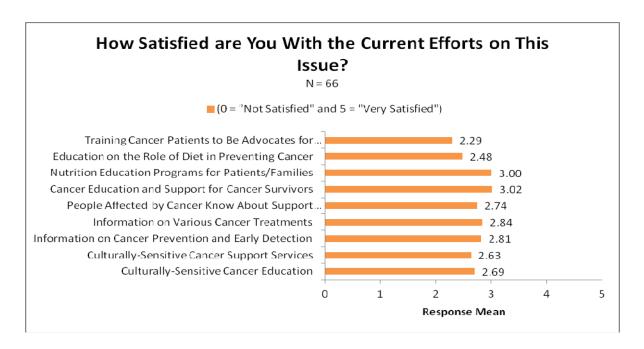
The highest scores were often assigned to two issues or topic categories:

<ol> <li>Cancer education and support for cancer survivors</li> </ol>	3.02
2. Nutrition education programs for patients/families	3.00

The lowest scores were often assigned to two issues or topic categories:

1.	Training cancer patients to be advocates for themselves	2.29
2.	Education on the role of diet in preventing cancer	2.48

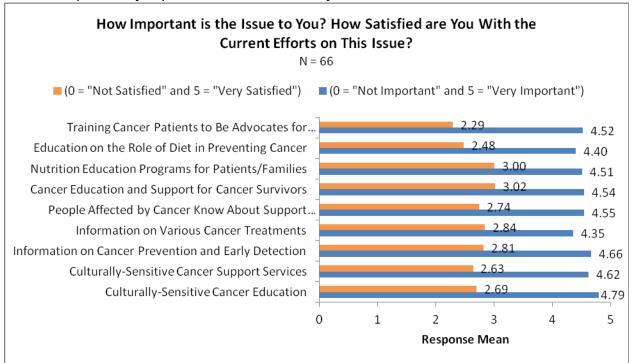
Figure 12. How Satisfied are You with the Current efforts on this Issue?



The response means ranged from 2.29 to 3.02, and the weighted grand mean was 2.72. This suggests that participants often rated each issue or topic category as 3 or a little satisfied.

C. Comparison of Importance Scores and Satisfaction Scores
The combined scores from the importance of and satisfaction of current efforts in cancer education and support issues are summarized in the following figure.

Figure 13. Comparison of Importance Scores and Satisfaction Scores



# Appendix C Community Partners FY 2013 CHNA

American Cancer Society

American Diabetes Association

Asian Pacific Healthcare Venture

Azusa Health Center

Azusa Pacific University-School of Nursing

Buddhist Tzu-Chi Foundation

California Cancer Collaborative Initiative

California Center for Public Advocacy

California Health & Longevity Institute

California State University, Fullerton- Health Promotion Research Institute

**Cancer Support Community** 

Center for Health Care Rights

Claremont Graduate University- Weaving an Islander Network for Cancer Awareness, Research and

Training (WINCART) Center

Citrus Valley Health Partners

City of Duarte-Parks and Recreation

City of Pasadena-Public Health Dept.

City of Pomona- Recreation Programs and Services: Pomona Youth and Family

Caner Legal Resource Center

City of Hope-Center of Community Alliance for Research and Education (CCARE)

City of Hope-Case Management

City of Hope-Clinical Social Work

City of Hope-Communications

City of Hope-Diabetes and Genetic Research Center

City of Hope-New Patient Services

City of Hope-Patient Special Services

City of Hope-Physical Therapy

City of Hope-Population Sciences

City of Hope-Supportive Care Medicine

**Duarte City Council** 

**Duarte Unified School District** 

Glendale Memorial Hospital

Greater El Monte Community Hospital

Herald Cancer Association

Huntington Memorial Hospital

Kaiser Permanente Baldwin Park Medical Center

Kommah Seray Inflammatory Breast Cancer Foundation

Los Angeles County Public Health Department

Latino Health Access

Leukemia & Lymphoma Society

Little Tokyo Service Center

Los Angeles County Public Library

Methodist Hospital-The Cancer Resource Center

Office of California State Senator, Senate District 24

Our Savior Center

PADRES Contra el Cancer

PALS for Health

Pasadena Public Health Department

Pomona Health Center

Presbyterian Intercommunity Hospital- The Hospice House

Providence Center for Community Health Improvement

Providence St. Joseph Medical Center

San Gabriel Mission

St. Anthony Parish

St. Luke's Catholic Church

St. Vincent Medical Center- Multicultural Health Awareness and Prevention Center

The G.R.E.E.N. Foundation

United Cambodian Community

University of Southern California- Communications

University of Southern California- Norris Comprehensive Cancer Center

University of Southern California- School of Pharmacy

Women Helping Women Services-National Council of Jewish Women

Young Women Christian Association-San Gabriel Valley

## **Appendix D Financial Assistance Policy**

**Policy and Procedure Manual Administrative Manual Section 01 Administrative Institutional Department: Patient Financial Services** 



**Charity Care Policy** 

Written: 11/05

Reviewed: 10/07; 12/09; 09/12; 01/13; 02/14/13; 10/24/14; 02/27/15

Revised: 10/07; 12/09; 03/10; 03/25/13; 03/09/15

Page: 1 of 6 APPROVALS:

MEC: 03/02/15; SLT: 03/09/15; BOD: 1Q-15

Scope: X Medical Center

#### I. PURPOSE / BACKGROUND

The purpose of this Charity Care Policy (the "Policy") at the City of Hope National Medical Center ("COHNMC") is to improve the quality of health care and assure that care is accessible to the maximum number of people possible within the resources available at COHNMC. Meeting the needs of uninsured and underinsured patients is an important element in COHNMC's commitment to the community.

This policy seeks to demonstrate COHNMC's commitment to its patients and their families and the communities it serves with COHNMC's unique mix of services, which integrate biomedical advancements in research, education and clinical care.

This policy seeks to promote access to the resources of COHNMC consistent with its mission and its Code of Organizational Ethics.

To be an effective steward of COHNMC's resources, the Board of Directors ("the Board") strives to preserve the financial health of COHNMC. To this end, the Board promotes a high quality, patient friendly and effective billing and collection system, while continuing a commitment to support and subsidize the medically necessary care of patients who require financial assistance.

#### II. POLICY

- Patients Covered: An individual must meet all of the following conditions to be eligible for charity care at COHNMC: (1) the individual meets the criteria for care at COHNMC for a primary diagnosis of cancer, diabetes, HIV/AIDS, hematologic disease or for treatment with hematopoietic cell transplantation; (2) the individual meets all financial requirements for charity care and is unable to pay his or her self-pay balances; (3) the individual meets the income eligibility criteria set forth in Section II.C below and the Charity Care Guidelines Table; and (4) the individual is a legal resident of the United States, as confirmed by passport, social security card and/or election validation documentation.
- B. Duration of time for which charity care is approved: A patient will be accepted for charity care for a period of one year. If a longer period of charity care is requested, the patient will be re-evaluated, using the same criteria as were initially applied and outlined within this policy.
- C. Charity Care Guidelines Table: The Charity Care Guidelines Table takes into account income and family size, and is based on the federal poverty level (FPL) guidelines established and updated annually by the Department of Health and Human Services. The Charity Care Guidelines Table will be updated annually by the Chief Financial Officer (CFO) based on updates to the FPL.

Charity Care Policy Page 2 of 6

#### D. Income Eligibility:

Income Below 400% of FPL: An individual will be considered for charity care if his
or her Income is less than 400% of FPL.

- 2. Patient Assets: In order to provide consistency with City of Hope's ("COH") mission and proper stewardship of COH charity dollars, all monetary assets of the patient or patient's legal guardian are taken into account in reviewing a charity care application, with the exception of the following assets: (a) amounts in patient retirement or deferred compensation plans qualified under the Internal Revenue code; (b) the primary residence where the patient or the patient's family resides; (c) automobile needed to transport working family members to and from work; and (d) savings accounts with less than two months of annual income.
- E. Services Covered: Medically Necessary Services directly related to an eligible patient's treatment for a primary diagnosis of cancer, diabetes, HIV/AIDS, hematologic disease or for treatment with hematopoietic cell transplantation are covered by this policy. Only City of Hope National Medical Center and City of Hope Retail Pharmacy charges are covered under Charity Care. Other services provided by outside parties, including but not limited to Home Health Services that are excluded from Medicare Coverage Guidelines, and services rendered at City of Hope Medical Foundation Community Sites are not covered.
  - For purposes of this policy, questions or issues about medical necessity will be resolved by COHNMC's Chief Medical Officer, or his/her designee, in consultation with the Charity Care Committee.
- F. Nondiscrimination: In making decisions regarding the provision of charity care pursuant to this policy, COHNMC does not discriminate on the basis of age, sex, race, religion, creed, disability, sexual orientation, or national origin. All determinations regarding patient financial obligation are based solely on financial need and patients may be considered for charity care at any time that the inability to pay becomes evident to the patient or COHNMC, regardless of any prior determinations under this policy.
- G. Access to Charity Care Guiding Principles, Patient Application Process and City of Hope Review Procedures:

#### 1. Guiding Principles:

- a. Patients are able to apply for charity care or are identified as potential charity care applicants by COHNMC staff at multiple institutional entry points, such as new patient services, inpatient and outpatient admitting and registration. All front line administrative and clinical staff, including COHNMC affiliated physicians, social service staff and Patient Advocates are encouraged to identify patients and refer them to Financial Support Services ("FSS"), a division of Patient Access. Identification of patients who are eligible for charity care can take place at any time during the rendering of services or during the billing and collection process.
- b. If an initial determination is made that the patient has the ability to pay all or a portion of the bill, such a determination does not prevent a reassessment of the person's ability to pay based upon a change of status affecting the patient's ability to pay.
- c. COHNMC provides written notice of its charity care program on all patient-friendly-bill statements, and upon request gives consideration to offering charity care, before outstanding accounts are sent to collection. COHNMC does not

Charity Care Policy Page 3 of 6

advance outstanding accounts to collection while patient is attempting to qualify for charity care, or attempting in good faith to settle payment.

- d. COHNMC renders charity care on a uniform and consistent basis according to this policy. The determination of full or partial payment is based solely on financial need.
- e. COHNMC may reevaluate patients designated as eligible for charity care at any time and will reevaluate each patient's eligibility at least annually.

#### 2. Patient Application Process:

Applicants must agree to and cooperate with a review of assets. The following financial screening will be required prior to acceptance for charity care:

- Patient financial information is gathered through the Financial Evaluation Form.
  - Patients are required to submit various documents to substantiate financial circumstances and proof of income, including paycheck stubs, W-2 forms, income tax returns, unemployment or disability statements, and savings and bank account statements.
  - FSS counselors assist patients in completing charity care applications to provide maximum consistency.
- b. If it appears that the patient might be eligible for Medi-Cal or another state health program, FSS refers the patient to a vendor who assists COHNMC in assisting patients with Medi-Cal and Medicare Part B applications. It is the responsibility of the patient or his/her family to apply for such coverage with assistance from COHNMC's application vendor and proof of a completed application must be provided to COHNMC.
- c. Patients who do not qualify for charity care may be eligible for financial assistance as stated in the COH policy, "Patient Discounts and Free Services."

#### 3. City of Hope Review Process:

Charity care applications will be processed by FSS to determine if financial qualifications are met. After financial qualification is verified by FSS, approval or denial for charity care for patients requiring assistance for their entire treatment plan is determined by COH's Charity Care Committee (the "Committee"):

- a. Composition of the Charity Care Committee: The Committee is comprised of representatives from each clinical program at COH, including the Chair or designee from Hematology/Hematopoietic Cell Transplantation; Medical Oncology; Surgery; Pediatrics; and Supportive Care Medicine. In addition, membership will include representatives from the administration, including Financial Support Services (FSS); Chief Medical Officer; Case Management; and Patient Access. A representative from the COH Ethics Committee will be included, as well as a community/patient representative.
- b. The Committee will meet bi-weekly, or as needed, to review patient applications.
- c. The Committee will allocate charity care dollars by considering an eligible patient's medical condition, the ability of COHNMC to provide the type of care required, and the availability of COH charity care resources.

Charity Care Policy Page 4 of 6

d. Other considerations for approval or denial by the Committee will include the following: Priority will be given to patients who live in the Southern California area as well as patients who have cancer, hematologic diseases, HIV/AIDS, or diabetes, and whose conditions are treatable or curable by methods available at COHNMC.

- In circumstances of disagreement between Committee members concerning approval or denial of charity care, the Chief Medical Officer or his/her designee will make the final decision.
- f. Applications for renewal of charity care will be reviewed by FSS counselors. Approvals may be granted incrementally by:
  - Up to \$5,000 Approved by Financial Counselor, Financial Support Services \$5,001 to \$25,000 Approved by Manager, Financial Support Services \$25,001 to \$50,000 Approved by Sr. Director, Patient Financial Services \$50,001 to \$100,000 Approved by Vice President, Revenue Cycle \$100,001 and greater Approved by Charity Care Committee
- g. Following receipt of completed application and financial qualifications verified by FSS, a "Charity Care Pending" insurance plan will be appended to the patient's demographic record. This will suppress any patient billing and collections efforts while awaiting decision on the application. Once a decision is made and communicated to the patient, the demographic record will be updated accordingly.
- h. The Committee, at its discretion, may grant approvals on cases that do not meet all of the criteria specified in the policy for patients who remain in active primary treatment or those who have had a reoccurrence of disease. An approval may be granted if it is determined that an interruption in care will likely compromise the patient's clinical outcome. Interruptions in care include, but are not limited to the following:
  - Expired Breast and Cervical Cancer Treatment Program Restricted coverage
  - Conditions of participation requiring the patient to have a Primary Care Physician (PCP) in the community
  - Treatment/services that are restricted in the community
  - Existing COH patients converting to non-contracted Managed Care Plans (Medicare and Medi-Cal) –COH Physician reviews and determines that patient's safety and survival will be comprised from interruption of ongoing treatment at COH.
- H. Patient Notification: Applicants for charity care are notified of decisions in writing. When possible, notification to new patients is included in the New Patient's Acceptance Letter.
- I. Patient Right to Appeal: Each patient denied charity care will be given the right to appeal. If a patient is denied charity care, all reasons for denial are included in the notice provided and the patient is informed about how to appeal rights and procedures. Appeals will be reviewed and determined by the CFO and the President of COH's Medical Staff.

Charity Care Policy Page 5 of 6

Should the CFO and the President of COH's Medical Staff not agree, the matter will be referred to the Chief Executive Officer, whose decision will be final.

Within 14 days of receipt of a request for appeal from a patient who has been denied charity care, the patient and FSS will be notified whether the initial determination will be affirmed or reversed.

- J. Respect of Confidentiality and Privacy: All patients are treated with dignity and fairness in the financial application process and COHNMC respects the confidentiality and privacy of those who seek financial assistance.
  - FSS personnel receive training regarding requirements for confidentiality and privacy
    of all patient information, including patient financial information. No information
    obtained in a patient's application for financial assistance may be released except in
    compliance with applicable federal and state laws and COHNMC policy.
  - Conversations regarding financial assistance are conducted in private unless otherwise requested by a patient (e.g., outpatient waiting areas when patients choose not to leave the waiting area). In these cases, privacy is maximized to the extent possible.
- K. Patient Responsibility: In order to receive charity care pursuant to this policy, patients are responsible for cooperating fully with application and financial assessment procedures, and to agree to financial screening of income and assets, as outlined in Section II.G.2. To be eligible for charity care, patients must cooperate by filling out forms for financial assistance and, if eligible, applications for government-sponsored insurance such as Medi-Cal. An applicant for charity care will be required to demonstrate compliance with this requirement.
- L. Communication of Charity Care Process to Patients and Community:

#### 1. Public Awareness:

- a. COHNMC is committed to building awareness of the Charity Care Policy through a variety of mechanisms including: (i) visible signage within COHNMC (such as posters or notices in key admitting and registration areas, point of service brochures in waiting areas); (ii) COHNMC's website; (iii) in routine, written notification given at the time of admission to COHNMC, and (iv) in bill statements showing outstanding patient self-pay balances. All notices will include a toll-free number and how to access a FSS counselor. COHNMC will provide a copy of the "Charity Care Policy" upon request.
- b. COHNMC is committed to using the primary languages of the major ethnic and cultural communities who utilize COHNMC in all materials used in connection with the "Charity Care Policy." Printed information will be available in English and Spanish language. Translators in COHNMC's Employee Translation Service will be used to support a variety of language needs.
- 2. Staff Training: Clinical staff, including physicians, front-line administrative and patient financial services staff are trained to be familiar with the "Charity Care Policy" and are updated periodically. Detailed materials for training are prepared and maintained by Patient Financial Services. Materials include information on how to access charity care, standards of cultural sensitivity and how to preserve confidentiality, including best practices and practices not tolerated by COHNMC. All

Charity Care Policy Page 6 of 6

employees are made aware of the availability of charity care as part of employee orientation.

#### M. Collections:

- Patient accounts are not sent to collection without giving patients adequate time to be
  evaluated or re-evaluated and to develop alternative payment arrangements. Patient
  accounts will not be sent to collection pending completion of financial counseling. A
  patient will be given notice at least seven (7) business days before his or her file is
  sent to a collection agency.
- Neither COHNMC nor its third party collection vendors will use wage garnishment
  or liens on primary residences as a means of collecting unpaid hospital bills from
  patients who are eligible for any form of charity care under this policy.
- All agencies used for collection are advised of COHNMC policy in writing, and the "Charity Care Policy" is incorporated by reference in collection contracts with such agency(ies). COHNMC receives written assurances from agency(ies) that they will adhere to COHNMC standards.

#### N. Oversight and Board Responsibilities:

- Senior management reviews detailed reports on COHNMC's provision of charity care on a quarterly basis.
- 2. The Board of Directors is responsible for balancing the critical need for patient financial assistance with the sustainability of COHNMC's resources and its financial integrity in order to serve the broader community. To this end, a Charity Care Report will be prepared by Patient Financial Services and presented to the Charity Care Committee by the Vice President of Revenue Cycle or the Senior Director of Patient Financial Services on a quarterly basis to inform the committee of total financial assistance provided to our patients.

Owner: Senior Director, Patient Financial Services Sponsor: Vice President, Revenue Cycle

#### Related Policies:

- 1. Code of Organizational Ethics
- Collections Policy
- 3. New Patient Application and Acceptance
- 4. Patient Discounts and Free Services
- 5. Professional Courtesy Discounts
- 6. Retail Pharmacy Charity Care Procedures

#### Acronyms, Terms and Definitions Applicable to this Policy:

- Charity Care Free or partially subsidized health care services, including retail pharmacy services, provided by COHNMC to eligible individuals who meet the criteria set forth in Section II.A of this Policy.
- City of Hope ("COH") City of Hope National Medical Center ("COHNMC") referred to as City of Hope ("COH") for the purposes of this policy.
- Income Gross income from all sources.
- 4. Medical Center Refers to all facilities covered by City of Hope National Medical Center's hospital license.
- Medically Necessary Services Inpatient or outpatient services deemed medically necessary by a COHNMC medical staff member.
- 6. Self-Pay Balance The outstanding balance of a COHNMC bill deemed to be a patient's or guarantor's personal responsibility after public or private insurance payments (if any) or denials. A patient's self-pay balance may be further reduced pursuant to this Charity Care Policy. (Guarantor refers to the individual assuming financial responsibility for services received by the patient.)

