

Supportive Care

What is supportive care?

Supportive care eases the physical, emotional and psychological burdens of a life-changing diagnosis.

At City of Hope, supportive care is tailored to each person. It allows patients to focus on getting well and what matters in their lives.

Access to supportive care has been shown to:

- Increase patient satisfaction and quality of life — including at end of life
- Significantly reduce inpatient stays, hospital readmissions and intensive care unit stays
- Prevent complications
- Improve patient and family experience and outcomes
- Improve health equity for underserved communities



Components of Supportive Care at City of Hope

- Sherri & Les Biller Patient and Family Resource Center
- Child Life Services
- Clinical Social Work
- Financial Assistance
- Hospice Coordination
- Integrated Care Services
- Integrative Medicine and Healing Therapies
- Interventional Pain Medicine
- Palliative Medicine
- Patient, Family and Community Education
- Patient Navigation
- Positive Image CenterSM
- Psychiatry
- Psychology
- Resource Coordination
- School Reintegration
- Spiritual Care

City of Hope is a national leader in supportive care medicine.

Our goal is to expand access to our evidence-based supportive care offerings and advocate for a national standard of practice for cancer care.

15+ years of leadership

FIRST program in the nation **fully integrated** across specialties and **woven into patient clinical care**

5,000+ health professionals trained in City of Hope's **evidence-based supportive care methods**

160+ **multidisciplinary staff and faculty**, comprising one of the largest and most deeply integrated professional programs in the country



Renowned, best-in-class programs, including **Couples Coping With Cancer Together** and our **Child Life Services program**



The unmet need for supportive care is high and growing.

Despite its proven benefits, supportive care is not widely available. Only a small percentage of patients in the country have access to comprehensive, evidence-based supportive care programs.



Fewer than 20% of U.S. cancer patients are treated at **National Cancer Institute-designated cancer centers**, where some core elements of supportive care are offered.

More than 80% of U.S. cancer patients are treated by other providers, where **supportive care resources are limited** and of inconsistent quality.

400,000+ **patients and family members have benefited** from City of Hope's supportive care programs.

Supportive care medicine has a tremendous impact on patients, families and society.

Every patient — and every family — deserves this holistic approach to care.

“City of Hope’s a place where you can go and feel comfortable and feel seen and heard, because as much as your family and your friends love you, they haven’t experienced what you’ve been going through.”



Lisa Dunbar
patient

“I think that supportive care medicine and the Biller Resource Center are every bit as important as the surgeons, the oncologists, the nurses. A big part of what City of Hope provides, aside from keeping someone we love alive, is being able to help us with those tough moments that we’re going through. I can’t say enough about supportive care medicine and the Biller Center.”



Brett Modesti
caregiver

“City of Hope was there for me emotionally, spiritually and physically. When I got to City of Hope, half of the treatment was the physical. The other half was a very holistic or spiritual process. Supportive care at City of Hope was holistic with an ‘H,’ and holistic with a ‘W,’ like whole.”



Alex Tung
patient