



PLAN TODAY FOR TOMORROW

FILL OUT AN ADVANCE DIRECTIVE TO SHARE YOUR WISHES AND EASE YOUR MIND



WHAT IS AN ADVANCE DIRECTIVE?

It's a written instruction telling your family and health care team what you want done in case you have a serious illness or injury and cannot speak for yourself.



PROTECT YOUR WISHES

Your advance directive guarantees you're the one making the decisions about the treatment or care you receive — not anybody else.



FOR PATIENTS OF EVERY AGE AND HEALTH STATUS

People of every age and health status fill out advance directives, even before routine procedures. Some even update them as they go through different life events and health issues.



REMOVE STRESS AND ANXIETY

Studies prove that patients and their families with an advance directive in place suffer much less stress, anxiety and depression about medical decisions.



WE'RE HERE TO HELP

Your doctor, nurse or social worker can answer questions about your advance directive.