

# BE AWARE!

*How do I find reliable health information online?*



## RELIABLE:

Websites ending in **.gov**, **.edu** or **.org**

- ✓ **gov**: U.S. government agency (e.g., cancer.gov)
- ✓ **edu**: Educational institution (e.g., ucla.edu)
- ✓ **org**: Nonprofit organizations (e.g., CityofHope.org)



## LESS RELIABLE:

- Blogs, Facebook posts or self-authored sites
- Research articles without citations
- Materials published more than 15 years ago
- Websites with little information
- **.com** identifies commercial websites

*Reliable = credible, believable, trustworthy*



City of Hope®

CityofHope.org/breast-cancer-environment