Quality of Life Effect of Fatigue Model

Physical Well Being and Symptoms
- Energy
- Functional Ability
- Strength
- Sleep and Rest
- Other Symptoms

Psychological Well Being
- Concentration
- Anxiety
- Depression
- Employment/Leisure
- Happiness
- Fear
- Cognition/Attention
- Distress of Wanting More/Having Less Energy
- Preoccupation with Physical Concerns
- Altered Sense of Time

Social Well Being
- Caregiver Burden
- Family Roles and Relationships
- Affection/Sexual Functional
- Appearance and Self Care
- Social Isolation
- Employment Concerns
- Altered Priorities

Spiritual Well Being
- Suffering
- Understanding the Meaning of Fatigue
- Religious Beliefs
- Hopelessness
- Sense of Urgency/Wasted Time
- Conflict of Mind and Body
References

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