Quality of Life Ostomy Model

**Physical Well Being and Symptoms**
- Disease-Specific Effects on Physical Well-Being
  - Odor/Gas
  - Leaking
  - Skin Problems
  - Diarrhea
- General Quality of Physical Well-Being
  - Fatigue
  - Strength
  - Aches/Pains
  - Sleep Disturbances
  - Overall Physical Well-Being

**Psychological Well Being**
- Disease-Specific Effects on Psychological Well-Being
  - Depression
  - Anxiety
  - Uncertainty
  - Fear of Recurrence
  - Difficulty Meeting New People
- General Quality of Psychological Well-Being
  - Control Appearance
  - Useful
  - Privacy
  - Remembering
  - Enjoyment
  - Support
  - Travel Privacy

**Social Well Being**
- Social Adjustment to Ostomy
  - Social Activities
  - Personal Relationship
  - Isolation
  - Travel Challenges
  - Recreation Activities
  - Intimacy
  - Adjustment Difficulty
  - Ostomy Care
  - Embarrassment
  - Difficulty Looking
  - Financial Burden
  - Family Distress

**Spiritual Well Being**
- General Quality of Spiritual Well-Being
  - Spiritual Activities
  - Religious Activities
  - Sense of Inner Peace
  - Positive Changes
  - Hopeful
  - Reason to be Alive


