

# WELCOME TO YOUR

# 2022 BENEFITS GUIDE

Benefits are an important part of your total rewards package at City of Hope. Our plans are designed to support the physical, emotional and financial health and well-being of our diverse workforce and provide comprehensive, cost-effective options.

We have provided side-by-side comparison charts for your health and welfare plans to help you decide which plans are best for you and your family. We encourage you to review this information before making your plan selections. Please keep this guide as a reference during the year to help you understand your benefits.

Benefits and Wellness Services CONTACT US



Call: 626-218-2228 or Extension 82228



Email: benefits@coh.org



#### **QUICK HELP**

Do you need a form, a quick answer to a frequently asked question or to review a plan summary?

Visit the Benefits website at benefits.coh.org.



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#### ADDITIONAL COMPLIANCE INFORMATION

For additional compliance information, please refer to the health and welfare notices available at <u>benefits.coh.org</u>. Please refer to your certificate, summary plan description or evidence of coverage for a complete explanation of benefits provided, exclusions and limitations, and additional plan information.

# CONTACT **INFORMATION**

City of Hope's Benefits Team is available to help answer your questions about the benefits offered and can help you elect or change your benefits. You may also contact the providers directly with specific benefits coverage questions.

### **BENEFITS AND WELLNESS SERVICES**



Email: benefits@coh.org



Call: 626-218-2228 or Extension 82228



Benefits website: benefits.coh.org



Fax: 626-218-8992

#### AccessHope™ Cancer **Support Services**

877-882-7890 coh.myaccesshope.org

#### **Aetna DMO/DPPO Dental Plans**

Member Services: 877-238-6200 aetna.com Group No. 836988

#### Aetna HMO, Traditional PPO, **HSA PPO Plans**

Member Services: 855-565-8529 aetna.com

Group No. (HMO)176657 (PPO)836988

#### **AFLAC**

Member Services: 661-702-9416 Stephanie\_Sanders@us.aflac.com Group No. 58-0663085

#### **Bright Horizons**

Backup Child and Adult/Elder Care 877-BH-CARES (242-2737) clients.brighthorizons.com/coh User Name: COH Password: backup4u

#### **Fidelity Retirement Plans**

Member Services: 800-343-0860 netbenefits.com/atwork

#### Kaiser HMO Plan

Member Services: 800-464-4000 Group No. 102166

# Lyra Mental Health and

**Work-Life Services** (Employee Assistance Program)

Member Services: 877-672-1266 coh.lyrahealth.com

#### **Met Auto/Home Insurance**

Member Services: 800-438-6388 metlife.com

#### MetLife Legal Plan

Member Services: 800-821-6400 legalplans.com

#### **Nationwide Pet Insurance**

Member Services: 877-738-7874 petinsurance.com/affiliates/hope

#### Ridelinks

Rideshare and Alternative Commute Program Van Pool and Public Transit CityofHope.commuterportal.com

#### **TIAA Retirement Plans**

(For employee accounts opened before January 2011) Member Services: 800-842-2252 tiaa.org

#### Unum

Life/AD&D Insurance Member Services: 800-445-0402

Disability Insurance or to Report a Leave of Absence Member Services: 866-779-1054 unum.com/claims Policy No. 954939

#### **Virgin Pulse**

Employee Wellness Program Member Services: 833-724-4673 member.virginpulse.com

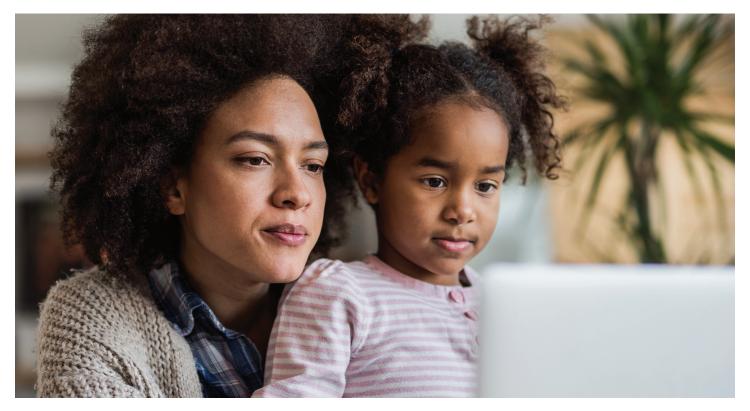
#### **Vision Service Plan (VSP)**

Member Services: 800-877-7195 vsp.com Group No. 12008709 (VSP ID No. is 000 plus your employee ID number)

### **WEX (formerly Discovery Benefits) Flexible Spending Accounts** and Health Savings Account

Member Services: 866-451-3399 benefitslogin.wexhealth.com

# **ENROLLING IN BENEFITS**



If you are newly eligible for benefits at City of Hope, you will enroll via our online enrollment website. You have 30 days beginning on your hire/eligibility date to enroll.

You will receive an email at your City of Hope email address on your hire date (or the first date you meet the eligibility requirements for benefits.)

- 1 Click the link in the email, or go to benefits.coh.org.
- 2 Review plan details.
- 3 When you are ready to enroll, click "Enroll Now."
- 4 When prompted, enter your network ID and network password.
- 5 Follow the instructions on each screen to make your elections.
- 6 Remember to click "Submit" at the end of your elections.

If you do not enroll within 30 days, you will not be able to participate in the medical, dental, vision, voluntary life and AD&D plans, or Flexible Spending Accounts for the remainder of the calendar year unless you have a qualifying life event. Your next opportunity to enroll will be during the next Open Enrollment period. You will continue to have company-paid basic life, AD&D, Short- and Long-Term Disability coverage and the Employee Assistance Program.



FOR ASSISTANCE WITH ENROLLMENT, PLEASE CALL THE BENEFITS TEAM AT 626-218-2228.

# **BENEFITS ELIGIBILITY**

Your benefits become effective the first day of the month following date of employment. The exceptions are the Employee Assistance Program (eligible immediately), Back-Up Care Advantage Program (eligible immediately), Cancer Support Services (eligible immediately), the 403(b) Tax Deferred Annuity Plan (eligible immediately) and the 401(a) Defined Contribution Plan (eligible after one year of continuous service).

You are eligible to participate in City of Hope's benefits plans if you are a regular full-time or part-time employee scheduled to work at least 20 hours per week.

# YOUR ELIGIBLE DEPENDENTS INCLUDE:

#### **SPOUSE OR DOMESTIC PARTNER**

Your lawful or legally married spouse, or your domestic partner who meets the requirements set forth in the Affidavit of Spousal Equivalency

### WORKING SPOUSE/DOMESTIC PARTNER **RULE FOR EMPLOYEES HIRED ON OR AFTER JANUARY 1, 2013:**

- Your spouse or domestic partner is eligible for City of Hope medical and dental benefits only if she or he is not eligible for benefits through another employer's group health plan.
- If you enroll a spouse/domestic partner, you will be required to attest that they are not eligible for employer-sponsored benefits elsewhere.

#### **CHILDREN**

Your children who are your natural, step or legally adopted children, or children of your enrolled eligible domestic partner, provided they are under the age of 26. (For life insurance only, children must be under age 26, unmarried and dependent upon you for support.)

**Important note:** Newborns are NOT automatically added to your coverage under City of Hope's benefit plans. You must enroll your newborn within 30 days of the birth.

#### **CHILDREN OVER AGE 26**

Children over age 26 who are disabled and incapable of self-support and who were covered under the plan at the time they reached age 26. Proof of disability must be approved by the carrier within 30 days of the child's 26th birthday.

# CHANGING OR CANCELING **YOUR BENEFITS**

Once your elections take effect, you are not able to make changes until the next Open Enrollment period or when you experience a qualified life event. If you experience a qualified life event, you may change your coverage within 31 days of the event. Necessary documentation will be required. Contact the Benefits Department for more information about what qualifies as a life event.

### **EXAMPLES OF QUALIFYING LIFE EVENTS THAT ALLOW YOU** TO CHANGE YOUR BENEFITS DURING THE YEAR INCLUDE:

- Marriage
- Divorce or legal separation
- Birth, adoption or change in the legal custody of your child
- Change in your spouse's or domestic partner's employment status that results in a loss or gain of other coverage for you or your dependents
- Change in your employment status that affects your benefits eligibility
- Death of a spouse, domestic partner or dependent child
- Change in your dependent's eligibility status due to age or loss of dependent status according to federal tax guidelines





| MEDICAL PLANS   | DENTAL PLANS   |
|---|--|
| City of Hope offers five medical plans for you to choose from and are dependent on where you live:  | City of Hope offers two dental plans for you to choose from: |
| <ul> <li>Aetna HMO</li> <li>Kaiser HMO</li> <li>Aetna EPO</li> <li>Aetna Traditional PPO</li> <li>Aetna HSA PPO (paired with a Health Savings Account)</li> </ul> | <ul><li>Aetna DMO Dental</li><li>Aetna PPO Dental</li></ul>  |

The following pages include side-by-side comparison charts for the medical and dental plan options. A few key terms to understand before you review your options are:

**DEDUCTIBLE.** The fixed dollar amount that you pay out of pocket each calendar year before the Plan will begin reimbursing for nonpreventive services. Services that note a copay amount do not apply to the deductible.

**COPAY.** The flat dollar amount that you pay the provider for certain covered services. After you pay the copay, the Plan will pay the remainder of all eligible charges made by an in-network provider.

**COINSURANCE.** The percentage of covered services you and the Plan each pay. Your share is normally payable only after the deductible has been met.

**OUT-OF-POCKET MAXIMUM.** This is the most you could pay during the calendar year for your share of the costs of covered services, including copays and coinsurance.

# TO RECEIVE CARE AT CITY OF HOPE

The Aetna Traditional and HSA PPO plans are the ONLY plan choices that provide direct access to City of Hope National Medical Center, City of Hope physicians and City of Hope community practice sites. Under the Kaiser and Aetna HMO plans, care can only be received at City of Hope if a formal authorization is granted by your HMO or medical group, and there is no guarantee or requirement for an authorization to be issued for care at City of Hope.

# WATCH THE "CHOOSING A MEDICAL PLAN" VIDEO.

Text **COH291** to **61759**, or scan the QR code using the camera on your mobile device.





# HMO MEDICAL PLANS COMPARISON CHART

When you enroll in the Aetna HMO (health maintenance organization) plan, you (and each enrolled dependent) will be asked to select a primary care provider (PCP) from the network. Your PCP will manage your health care. You must receive all nonemergency care from the doctors and hospitals in the Aetna network (if you enroll in the Aetna HMO) or at a Kaiser facility (if you enroll in the Kaiser HMO). Care received from an out-of-network provider (except for emergency care) will not be covered. More information on the plans can be found in the Plan Summaries and Explanation of Coverage available at benefits.coh.org.

|   |   | AETNA HMO<br>(Available to California<br>residents only)                                       | AETNA EPO<br>(Available nationwide,<br>except California)                                      | KAISER HMO<br>(Available to Southern<br>California residents only)                                   |
|---|---|--|--|--|
| Annual Deductible                               | Individual<br>Family  | None<br>None   | None<br>None   | None<br>None   |
| Annual Out-of-<br>Pocket Maximum                | Individual<br>Family  | \$1,000<br>\$2,000   | \$1,000<br>\$2,000   | \$1,500<br>\$3,000   |
| Preventive<br>Care                              | Routine Physical Well Child Care Immunizations Routine Gynecology Mammogram | No Copay<br>No Copay<br>No Copay<br>No Copay<br>No Copay                                       | No Copay<br>No Copay<br>No Copay<br>No Copay<br>No Copay                                       | No Copay<br>No Copay<br>No Copay<br>No Copay<br>No Copay   |
|   | Primary Care Visits Specialist Visits X-ray and Lab                         | \$20 Copay<br>\$30 Copay<br>No Copay   | \$20 Copay<br>\$30 Copay<br>No Copay   | \$20 Copay<br>\$30 Copay<br>No Copay   |
| Medical<br>Services                             | Outpatient Surgery Emergency Room* Urgent Care                              | No Copay<br>\$150<br>\$30 Copay  | No Copay<br>\$200 + 20%<br>\$30 Copay  | \$30 Copay<br>\$150<br>\$20 Copay  |
|   | Durable Medical Equipment Speech, Physical,                                 | No Copay<br>\$20 Copay   | No Copay<br>\$30 Copay   | 20%<br>\$20 Copay  |
| Inpatient Ho                                    | OCC Therapy<br>ospitalization   | \$100 per admission  | \$100 per admission  | \$100 per admission  |
| Mental Health and<br>Substance Abuse            | Inpatient<br>Outpatient   | \$100 per admission<br>No Copay  | \$100 per admission<br>\$20 Copay  | \$100 per admission<br>\$20 Copay  |
| Prescription<br>Drugs Retail<br>(30-day supply) | Generic<br>Brand Formulary<br>Nonformulary<br>Specialty                     | \$10 Copay<br>\$35 Copay<br>\$60 Copay<br>same as generic<br>or brand above                    | \$10 Copay<br>\$35 Copay<br>\$60 Copay<br>same as generic<br>or brand above                    | \$10 Copay<br>\$35 Copay<br>\$35 Copay (exception<br>needed)<br>Copay: 20% coinsurance,<br>\$150 max |
| Prescription Drugs<br>(mail order)              | Generic<br>Brand Formulary<br>Nonformulary<br>Specialty                     | \$20 Copay (90-day supply)<br>\$70 Copay (90-day supply)<br>\$120 Copay (90-day supply)<br>n/a | \$20 Copay (90-day supply)<br>\$70 Copay (90-day supply)<br>\$120 Copay (90-day supply)<br>n/a | \$20 Copay (100-day supply)<br>\$70 Copay (100-day supply)<br>n/a<br>n/a                             |

<sup>\*</sup>Emergency room copay is waived if admitted.

# PPO MEDICAL PLANS COMPARISON CHART

A preferred provider organization (PPO) plan gives you the flexibility to choose any provider or facility. However, if you use a network provider you'll pay less because the network providers have agreed to charge lower, negotiated rates. The HSA PPO Plan is paired with a Health Savings Account (HSA). The HSA is a tax-advantaged account that allows you to pay for your out-of-pocket medical expenses with tax-free dollars. Please refer to page 10 to learn more about the HSA PPO Plan and HSA eligibility.

| Percentages below represent your coinsurance/<br>cost share. Deductible applies before |  | AETNA TRADITIONAL PPO (Available nationwide)   |  | AETNA HSA PPO<br>(Available nationwide)                        |   |
|--|--|--|--|--|---|
|  | coinsurance. Copays do not<br>require deductible.  |  | Out-of-network   | In-network<br>(Standard Savings)                               | Out-of-network                                |
| Deductible<br>(applies to all<br>coinsurance %)  | Individual<br>Family   | \$750<br>\$2,250   | \$1,500<br>\$4,500   | \$1,400<br>\$2,800   | \$2,800<br>\$5,600                            |
| HSA Employer<br>Contribution   | Individual<br>Family   |  | /a<br>/a   | \$35<br>\$60   |   |
| Out-of-Pocket<br>Maximum<br>(includes<br>deductible)                                   | Individual Family Per-person limit applicable under family coverage  | \$3,750<br>\$8,250<br>\$3,750  | \$10,500<br>\$22,500<br>\$10,500                                     | \$4,300<br>\$8,600<br>\$6,850*                                 | \$11,600<br>\$23,200<br>n/a                   |
| Preventive<br>Care   | Routine Physical Well Child Care Immunizations Routine Gynecology Mammogram  | No Copay<br>No Copay<br>No Copay<br>No Copay<br>No Copay   | 40%<br>40%<br>40%<br>40%<br>40%                                      | No Copay<br>No Copay<br>No Copay<br>No Copay<br>No Copay       | 40%<br>40%<br>40%<br>40%<br>40%               |
| Medical<br>Services**  | PCP or BH visits Specialist Visits X-ray and Lab Outpatient Surgery Emergency Room Urgent Care Speech, Physical, OCC Therapy | \$20 Copay<br>\$30 Copay<br>20%<br>20%<br>\$150 (waived if admitted)<br>\$30 Copay<br>\$30 Copay     | 40%<br>40%<br>40%<br>40%<br>\$150 (waived if admitted)<br>40%<br>40% | 20%<br>20%<br>20%<br>20%<br>20%<br>20%<br>20%                  | 40%<br>40%<br>40%<br>40%<br>20%<br>40%<br>40% |
| CVS Minute C   | linic/Health HUBS  | No Copay   | -  | No Copay   | -   |
|  | ce — Primary Care<br>rioral Health   | \$20   | -  | 20%  | -   |
| Teladoc Servi  | ce — Dermatology   | \$30   | -  | 20%  | -   |
| Inpatient H  | ospitalization**   | 20%  | 40%  | 20%  | 40%   |
| Mental Health<br>Substance Abuse   | Inpatient<br>Outpatient  | 20%<br>\$20 Copay  | 40%<br>40%   | 20%<br>20%   | 40%<br>40%                                    |
| Prescription Drug<br>Out-of-Pocket Max   |  |  | 100<br>450   | Included in t<br>out-of-pocke                                  |   |
| Prescription<br>Drugs* Retail<br>(30-day supply)                                       | Generic Brand<br>Formulary<br>Nonformulary<br>Specialty  | \$10 Copay<br>20% (min \$35, max \$55)<br>30% (min \$60, max \$80)<br>Same as generic or brand above |  | 20<br>20<br>20<br>20   | %<br>%  |
| Prescription<br>Drugs Retail<br>(90-day supply)  | Generic Brand<br>Formulary<br>Nonformulary<br>Specialty  | \$20 Copay<br>20% (min \$70, max \$110)<br>30% (min \$120, max \$160)<br>n/a                         |  | 20<br>20<br>20<br>Prescription drugs r<br>supply) Specialty 20 | %<br>%<br>mail order (90-day                  |

# RECEIVING CARE AT CITY OF HOPE OR USING AETNA'S PREMIER NETWORK OF PROVIDERS (APCN) FOR TRADITIONAL **AND HSA PPO PLANS**

Both the Aetna Traditional and Aetna HSA PPO plans provide savings in addition to the Standard savings outlined on page 9 when you select specialty care with certain providers. Medical services with City of Hope providers and facilities are covered at 100% after the annual deductible is met. The plan coverage for medical services under Aetna's Premiere Care Network of highly rated specialists are covered at 90% after the annual deductible is met. The below coinsurance and copays will replace those listed on page 9 when you choose participating specialists.

### To maximize your savings, look for the following provider labels when choosing a specialist at aetna.com.

- Maximum Savings (City of Hope providers)
- Standard Savings Plus (Aetna Premier Care Network of Specialists)
- Standard Savings (Aetna in-network providers)

|  | AETNA TRAD   | ITIONAL PPO  | AETNA H  | SA PPO   |
|--|--|--|--|--|
| Percentages below<br>represent your<br>coinsurance/cost share.<br>Deductible applies before<br>coinsurance. Copays do<br>not require deductible. | City of Hope Facilities<br>and Physicians<br>(Maximum Savings) Copay | Aetna's Premier Network of Provider Specialists (Standard Savings Plus) Coinsurance amount | City of Hope Facilities<br>and Physicians<br>(Maximum Savings)<br>Coinsurance amount | Aetna's Premier Network of Provider Specialists (Standard Savings Plus) Coinsurance amount |
| Specialist Office Visit  | \$30 Copay   | \$30 Copay   | 0%   | 10%  |
| X-ray and Lab  | No Copay   | 10%  | 0%   | 10%  |
| Outpatient Surgery   | No Copay   | 10%  | 0%   | 10%  |
| Inpatient<br>Hospitalization   | No Copay   | 20%  | 0%   | 20%  |
| Speech, Physical,<br>OCC Therapy   | \$30 Copay   | \$30 Copay   | 0%   | 10%  |

# AETNA HSA PPO PLAN

The HSA PPO plan combines a PPO (preferred provider organization) medical plan and a Health Savings Account (HSA). The rules that govern HSAs are complex. Please read the material sent to you by Wex (formerly Discovery Benefits) and the information in the Plan Document. found at benefits.coh.org.



# THE MEDICAL BENEFIT

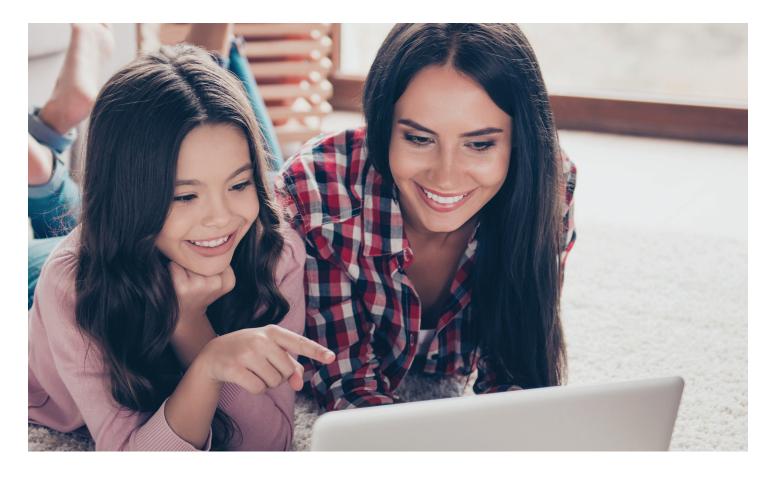
This medical plan requires that you first satisfy a deductible before the plan will pay benefits. The deductible for this plan is higher than the Traditional PPO Plan.

- All of your medical expenses, except for eligible preventive care (which is paid at 100% with no deductible) apply to your deductible. This includes your prescription drug expenses.
- You are responsible for all nonpreventive care expenses until your deductible is satisfied.
- Once the deductible is satisfied, the plan pays 80-100% of your claims if you use the network and 60% if you go out-of-network. Your prescription drugs are paid at 80%.
- If you enroll as a family, an individual's out-of-pocket maximum cost will not exceed \$6,850.

# **HEALTH CARE FLEXIBLE SPENDING ACCOUNT (FSA)** AND THE HSA

If you enroll in the HSA PPO plan with the HSA, you cannot have any other coverage that reimburses you for medical expenses, including a regular FSA, either through City of Hope or through your spouse's plan. You may make tax-free withdrawals from your HSA to reimburse yourself for eligible medical expenses until your deductible is met.

- You may set up a special Limited Purpose FSA that can be used ONLY for dental and vision expenses until your medical deductible is met. If you meet your deductible, then you may be reimbursed for medical expenses through your Limited Purpose FSA or through your HSA.
- The maximum you can defer into the Limited Purpose FSA in 2022 is \$2,750.



# THE HSA

The HSA allows you to pay for your eligible out-of-pocket medical expenses (such as your deductible, copays and coinsurance) with federal tax-free dollars.

When you enroll in the HSA PPO plan, an HSA is established for you. State taxes may apply.

- Plan eligibility. You are eligible to enroll in the HSA if you are:
  - NOT claimed as a dependent on anyone else's tax return
  - NOT covered under your spouse's Health Care Flexible Spending Account (FSA)
  - NOT covered by any other medical plans (including Medicare A and/or B) unless the other plan is also a high deductible health plan
- City of Hope's contribution. Each year you enroll in the HSA PPO plan, City of Hope contributes to the HSA account. The 2022 contribution is \$350 if you elect single coverage or \$600 for family coverage. Amounts are prorated if your coverage begins during the year.
- You can also contribute to the HSA. You can elect a biweekly payroll deduction on a pretax basis. You can contribute up to an additional \$3,300 per year for single coverage and \$6,700 for family coverage. If you are age 55 or older, you may make an additional \$1,000 annual "catch-up" contribution. You do not have to contribute to this account.
- The money in the HSA is always yours to keep. Unlike an FSA, there is no "use it or lose it" rule. If you do not use all the money in your account in any year, you can save the money to pay for future medical expenses.



|  |                 | AETNA PPO DENTAL                 |                         | AETNA   |  |
|--|-----------------|----------------------------------|-------------------------|---|--|
|  |                 | IN-NETWORK                       | OUT-OF-NETWORK          | DHMO DENTAL   |  |
| Annual   | Individual      | \$50                             | \$75                    | None  |  |
| Deductible   | Family          | \$150                            | \$225                   | None  |  |
| Annual Benefit                                       | Maximum*        | \$1,500 per                      | person*                 | Unlimited   |  |
| Preventive Serv<br>Exams, cleaning                   |                 | No charge, No deductible         | 20%, No deductible      | No copay  |  |
| Basic Services:<br>Fillings, most ex                 | tractions, etc. | 20%, deductible applies          | 60%, deductible applies | \$0-\$75<br>(see DMO schedule<br>of benefits)             |  |
| Major Services:<br>Crowns, bridges<br>dentures, etc. |                 | 50%, deductible applies          | 70%, deductible applies | \$144-\$250<br>(see DMO schedule<br>of benefits)          |  |
| Orthodontics:<br>Adults and Child                    | dren            | 50% to \$1,500 lifetime combined |                         | \$1,845 copay + cost<br>of exam, records<br>and retention |  |

<sup>\*</sup>Preventive and diagnostic services do not count toward annual benefits maximum.



# VISION SERVICE PLAN (VSP)



|                                       | IN-NETWORK  | OUT-OF-NETWORK      |
|---------------------------------------|---|---------------------|
| Eye Exam:<br>Once every 12 months     | \$15 Copay  | Up to \$45          |
| Lenses:<br>Once every 12 months       | Covered in full*                                  | From \$30-\$100     |
| Frames:<br>Once every 24 months       | Covered up to \$200<br>\$110 allowance for Costco | Covered up to \$70  |
| Contacts:<br>In lieu of frames/lenses | Covered up to \$200                               | Covered up to \$105 |

<sup>\*</sup>Add-ons, such as coatings and certain special type of lenses, are at additional costs. Discounts apply. If you use a VSP provider, no ID card or claim form is necessary.

# **CAN YOU SEE IT?**

Common daily symptoms that may suggest a problem with your vision:



- Blurriness, blind spots or halos around lights
- Frequent headaches
- Loss of sharpness
- Sitting too close to the television
- Squinting



**ID** number is 000 plus your employee ID number.





# **HOW TO FIND AN AETNA MEDICAL OR DENTAL PROVIDER**

### REGISTERED MEMBERS OF AETNA MEMBER WEBSITE

- Go to aetna.com/docfind.
- Log into your Aetna account, then select "Find Care and Pricing."
- 3 To find a provider, enter the name/category in the search bar OR select a category listed.

### NEW USER REGISTRATION

- Go to <u>aetna.com</u>.
- Select "Login."
- **3** First time users, select "Register" to register for an account.
- 4 Enter Aetna Member ID or Social Security Number and personal information.
- Select "Continue" to complete registration.

If you're having trouble signing in, select "Contact Member Services" or call 855-565-8529.



Download the new Aetna Health™ app to make it easier to manage your benefits on the go!





#### ENROLLING IN AETNA HMO OR AETNA DMO PLAN FOR THE FIRST TIME?

If you enroll in the Aetna HMO Medical Plan or the Aetna DMO Dental Plan for the first time, you must choose an Aetna primary care provider. If you do not enter an Aetna provider when enrolling, Aetna will assign you to a provider. Locate the six-digit Provider ID from the list of participating providers and enter the ID in the enrollment system.

# CANCER SUPPORT SERVICES

When you or someone in your family is facing a cancer diagnosis, there is nothing more important than finding the very best expertise. That's why City of Hope is now offering employees access to the resources they need through AccessHope<sup>TM</sup>'s Cancer Support Services. This program supports our employees and their immediate family, free-ofcharge and regardless of benefits eligibility, which medical plan you have selected or if you have enrolled in any of our benefits plans, and offers three distinct programs:

Cancer Support Team | Expert Advisory Review | Expert Evaluation

### **HOW IT WORKS**

# **CANCER SUPPORT** TEAM

Connect with experienced oncology nurses to discuss appointment details, treatment information or emotional concerns — wherever you are in your cancer journey.

#### This service helps you:

- Understand your specific type of cancer.
- Understand the types of treatments typically provided for your type of cancer.
- Prepare for your first appointment with an oncologist.
- Learn more about the availability and importance of clinical trials.
- Access educational resources on cancer screening, prevention and treatment.



Request that an AccessHope medical expert reviews your case.

Our cancer subspecialist with City of Hope will provide recommendations to your treatment plan based on groundbreaking insights and leading discoveries in your specific cancer to your local oncologist so you can stay close to home.

To use this service, simply request your review from AccessHope. After one of our subspecialists with City of Hope reviews your medical records and treatment plan, they'll send their recommendations in a comprehensive clinical report to your local oncologist. Your doctor will then apply them as appropriate to provide you with optimal, coordinated care.

To find out more about these programs, call 877-882-7890, 6 a.m. to 6 p.m. (Pacific Time), Monday through Friday (except holidays).

# **EXPERT EVALUATION\***

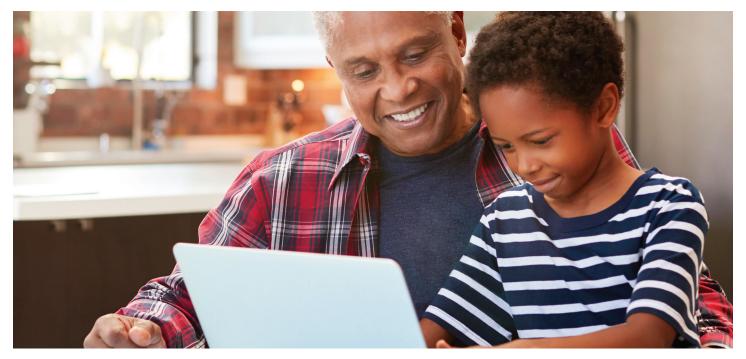
Request an in-person review of your case.

You can request an in-person review of your case with a leading oncologist from City of Hope. The oncologist will advise you on the most effective tests, therapies and treatments for your type of cancer, while your local doctor continues to manage your care.

\*Expert Evaluation is intended as an opportunity to receive a first or second medical opinion from an AccessHope physician. Ongoing care is not available as part of this program, nor is this program intended to provide employees with an offer of medical plan coverage.



# FLEXIBLE SPENDING ACCOUNTS



Provided through WEX, a Flexible Spending Account (FSA) lets you set aside money on a pretax basis to pay for eligible health-related, dependent care and/or adoption expenses. You do not have to pay taxes on the money you set aside or when you request reimbursement. Remember to plan carefully. If you do not have sufficient claims incurred during the year, you will forfeit any unreimbursed money in your Dependent Care Account and any money greater than \$570 in your Health Care Account. You have until March 31, 2023, to submit 2022 claims.

# THERE ARE THREE TYPES OF FSAs:

|  | 2   | 3  |
|--|---|--|
| HEALTH CARE<br>FSA   | DEPENDENT CARE FSA  | ADOPTION ASSISTANCE<br>FSA   |
| For payment of eligible health care expenses for you and your dependents   | For eligible day care and elder care expenses   | For payment of eligible adoption expenses  |
| Allows you to set aside between \$100 and \$2,750 per year via payroll deductions  Reminder: Over-the-counter medications are not eligible for reimbursement under an FSA without a doctor's prescription. | Allows you to set aside between<br>\$100 and \$5,000 per year via<br>payroll deductions. Generally<br>applies to children under age 13. | Allows you to set aside up to \$14,440 per year via payroll deductions for reimbursement of eligible adoption expenses (limitations apply at higher incomes) |

You must re-enroll for FSAs each year. Your previous elections will not carry over. If you are enrolling in the HSA PPO Plan, see page 11 regarding eligibility for a Health Care FSA.



# **BASIC LIFE INSURANCE — COMPANY PAID**

Coverage

1x base annual earnings (minimum \$60,000, maximum \$350,000). No Evidence of Insurability (EOI) is required. Benefit reduces by 50% at age 70.

# **VOLUNTARY LIFE INSURANCE — EMPLOYEE PAID**

|          | Coverage Options  | Evidence of Insurability   |
|----------|---|--|
| Employee | 1, 2, 3, 4 or 5x base annual earnings up to a maximum of \$1,150,000  Benefit reduces by 50% at age 70.   | <ul> <li>EOI required if you:</li> <li>Did not enroll during your initial eligibility period</li> <li>Choose an amount over \$400,000 of coverage</li> <li>Increase current coverage by more than one level</li> </ul> |
| Spouse   | \$5,000, \$10,000,<br>\$25,000, \$50,000,<br>\$100,000, \$150,000,<br>\$200,000, \$250,000<br>(not to exceed 100% of<br>employee's life coverage) | <ul> <li>EOI required if you:</li> <li>Did not enroll during your initial eligibility period</li> <li>Choose an amount over \$50,000 of coverage</li> <li>Increase your coverage by more than one level</li> </ul>     |
| Child*   | \$10,000<br>(one premium covers<br>all children)  | EOI not required   |

<sup>\*</sup>For life insurance only, children must be under age 26, unmarried and dependent upon you for support.

#### **DESIGNATE YOUR LIFE INSURANCE BENEFICIARY**

Beneficiaries are individuals or entities that you select to receive benefits from your policy.

- You can change your beneficiary designation at any time.
- You may designate one or multiple beneficiaries to receive payment in the amount you specify.

To select or change your beneficiary, complete Unum's "Life and AD&D Beneficiary Designation Online Form" found at benefits.coh.org.



Unum **Member Services** Life/AD&D: 800-445-0402

# ACCIDENTAL DEATH & DISMEMBERMENT INSURANCE

**Insured by Unum** 

# **BASIC AD&D INSURANCE — COMPANY PAID**

Coverage

1x base annual earnings (minimum \$60,000, maximum \$350,000). No Evidence of Insurability is required. Benefit reduces by 50% at age 70.

# **VOLUNTARY AD&D INSURANCE — EMPLOYEE PAID**

|                   | Coverage Options   |
|-------------------|--|
| Employee          | 1, 2, 3, 4 or 5x base annual earnings up to a maximum of \$1,150,000 Benefit reduces by 50% at age 70.   |
| Employee + Family | <ul> <li>Employee chooses 1, 2, 3, 4 or 5x base annual earnings.</li> <li>Dependents are covered as follows:</li> <li>Spouse only: 60% of employee's AD&amp;D amount</li> <li>Children only: 15% of employee's AD&amp;D amount per child</li> <li>Spouse and Children: 50% of employee's AD&amp;D amount for spouse, 10% per child</li> <li>Benefit reduces by 50% at age 70.</li> </ul> |

# DISABILITY INCOME INSURANCE

**Insured by Unum** 

# **EMPLOYEE BASIC DISABILITY COVERAGE — COMPANY PAID**

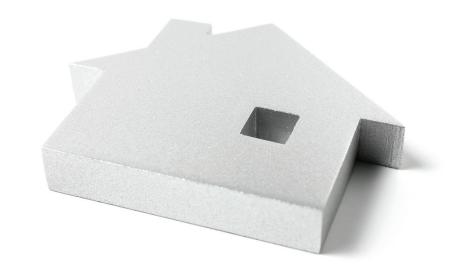
|                           | Short-Term Disability   | Long-Term Disability  |
|---------------------------|---|---|
| Coverage                  | Benefit equals 60% of predisability base weekly earnings to a maximum benefit of \$3,462 per week.                                      | Benefit equals 60% of predisability base monthly earnings to a maximum benefit of \$22,500 per month. |
| Benefit<br>Waiting Period | None for disability caused by accidental injury, and seven days for disability caused by physical disease, pregnancy or mental disorder | 180 days  |
| Maximum<br>Benefit Period | 26 weeks  | To age 65   |

Benefits may be reduced by other income, including state disability, workers' compensation and Social Security.

Directors and above who participate in the Leader Time Off Program are covered under a separate Short-Term Disability Plan effective January 2, 2022.

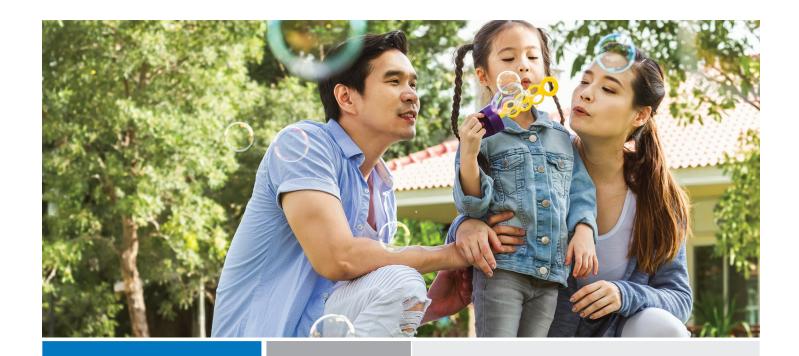
# VOLUNTARY BENEFIT PLANS

A variety of voluntary benefits are available. You are responsible for the full cost of these plans. If you leave City of Hope, you may elect to keep the coverage by paying the premium directly to the carrier. Additional information is available at benefits.coh.org.



| METLIFE AUTO/<br>HOME INSURANCE   | METLAW —<br>HYATT LEGAL PLAN   | NATIONWIDE<br>PET INSURANCE   |
|---|--|---|
| MetLife Auto/Home offers a voluntary program with many features and benefits.   | The MetLaw Legal Plan offers a variety of covered legal services through a network of participating attorneys.   | This plan allows you to purchase health insurance for your pets.  |
| What the Plan Covers  | What the Plan Covers   | What the Plan Covers  |
| Choose from a variety of policies to meet your coverage needs, including: boat, condo, motor home, recreation vehicle and renter's. Save more with multipolicy discounts. | Covered services include preparation of wills, document review, court appearances, traffic ticket defense (except DUI), debt collection defense, identity theft defense, trusts, powers of attorney and real estate matters. | Multiple plan options and annual maximum payouts are available (Comprehensive Medical, Economical Accident and Illness, Emergency Care). Save more with multiple pet discounts. |
| How to Enroll*  | How to Enroll*   | How to Enroll*  |
| You may obtain a free quote or apply at any time. 800-GET-MET8 (800-438-6388) metlife.com   | You may enroll for this coverage only during Open Enrollment or during your initial benefits enrollment period. Complete the enrollment form found at <a href="mailto:benefits.coh.org">benefits.coh.org</a> .               | You may enroll at any time.<br>877-738-7874   |

<sup>\*</sup>If you experience a qualified life event, you may change your coverage within 31 days of the event. Contact the Benefits Department for more information about what qualifies as a life event.





# **PLANS**

AFLAC plans pay a cash benefit directly to you in addition to your medical plan benefits.

#### What the Plan Covers

Coverage is available for you, your spouse/domestic partner and your children. If you leave City of Hope, you may elect to keep the coverage by paying the premium directly to the carrier.

#### **How to Enroll**

You may enroll for this coverage only during Open Enrollment or your initial benefits eligibility. Contact AFLAC at 661-702-9416 or Stephanie\_Sanders@us.aflac.com.

**AFLAC Personal Cancer Indemnity Plan** 

This policy pays cash benefits if you or a covered dependent is diagnosed with cancer. Benefits are payable for:

- Conventional and experimental treatments
- Annual mammogram and pap smear
- One of 11 types of annual cancer screenings for each covered person

AFLAC Hospital Protection Plan This policy is available to you and your dependents and pays cash benefits for:

- Hospitalization or outpatient surgery
- Ambulance ride
- Diagnostic exams
- Annual mammogram and one of nine types of annual screenings

AFLAC Specified Health **Event Plan** 

This policy pays a cash benefit when you or your covered dependents suffer a life-threatening event, such as heart attack, stroke, coma, paralysis, persistent vegetative state, major human organ transplant or major third-degree burns. This policy also pays a benefit for an annual mammogram each year.

# RIDESHARE AND ALTERNATIVE COMMUTE PROGRAM

Sharing the ride to work helps achieve a more sustainable future. Register for the Rideshare and Alternative Commute Program to participate in subsidized options and to access commuter tools and benefits. Visit Ridelinks at CityofHope.commuterportal.com.



### **PUBLIC TRANSIT**

City of Hope subsidizes the cost of public transit passes for eligible City of Hope employees. The employer subsidy is applied to the Metro Annual Transit Access Pass (A-TAP) or the Metrolink Train pass ordered through the RideLinks Pass Purchasing Program. Reimbursement for eligible public transit parking expenses is available.

### **VAN POOL**

Commute With Enterprise offers an alternative to driving your personal vehicle. Participants privately lease seven or 10-seat vehicles and commute together from common pickup locations.

# **BIKING**

Riding your bike to work is a sustainable, economical and healthy alternative to driving alone. Bicycle commuters can utilize covered bike lockers and open bike racks on the Duarte campus.

# WALKING

When you walk to work or across campus for a meeting, you are doing something worthwhile for yourself and making a valuable contribution to cleaner air.

# **CAR POOL**

To help you find a car pool partner within the City of Hope community, visit <u>CityofHope.commuterportal.com</u> to access convenient ride matching services.

# DUARTE CAMPUS PARKING

Parking space is limited on the Duarte campus. You are encouraged to use alternative transportation options, however, we understand it is not a viable option for everyone. City of Hope utilizes the Frog Parking app to assign and promote efficient campus parking. You may elect to pay for parking by payroll deduction or pay with your credit card.

# **OTHER PARTICIPATION BENEFITS**

- Car pool and van pool matching service
- Free Guaranteed Ride Home
- Free Metrolink shuttle service to/from Baldwin Park station
- Covered bike lockers and open bike racks on campus

# **ALTERNATIVE COMMUTE INCENTIVES**

| Public Transit or Van Pool Subsidy Eligible Public Transit Parking Expense Reimbursement | Up to \$270 per month  Up to \$55 per month for employees scheduled to work less than 20 hours per week or per diem  Temporary employees or contractors are not eligible for the subsidy.   |
|--|---|
| Earn Virgin Pulse Employee<br>Wellness Program Points                                    | Earn 500 points for your registration at <u>CityofHope.commuterportal.com</u> .  Earn 500 points for a Public Transit Pass purchase through the Ridelinks Pass Purchasing Program.  |
| Earn a Cash Incentive for<br>Continuous Ridership  | Earn \$300 after 12 months of continuous* and active ridership.  *Commuter must submit a commuter log in Ridelinks every month with 12 or more commutes per month. Payment is taxable at a supplemental tax rate in the year in which it is paid. |

For questions related to parking or the Rideshare and Alternative Commute Program for City of Hope, contact transportation@coh.org.

# TUITION ASSISTANCE PROGRAM

Your professional development is important to us! The Tuition Assistance Program is designed to enhance your work-life experience by supporting your decision to continue your education or engage in professional development opportunities.

# BENEFITS AND SERVICES

City of Hope is partnered with Bright Horizons EdAssist to offer an online way to manage your professional development.

- Full-time employees are eligible for a benefit of \$5,250 per calendar year! Part-time employees are eligible for a prorated amount.\*
- Personalized coaching to help you develop an education plan that aligns with your career goals
- Tuition discounts and other savings at 220+ schools
- A mobile app to conveniently manage your tuition assistance requests

\*All full-time and part-time employees regularly scheduled to work more than 20 hours a week are eligible for tuition assistance after six months of employment.



Log in through the EdAssist portal on coh.edassist.com.

Your user name and password are the same as your City of Hope login.

Or download the EdAssist App.

Use Company Code: COH.





To learn more, review the Frequently Asked Questions (FAQ) or the Tuition Assistance Guidelines posted on EdAssist's online portal, or contact EdAssist Customer Support at 833-890-3425.

# RETIREMENT PLANS

### **Provided through Fidelity Investments**

Saving for retirement is important for you and your family. City of Hope provides you with two plans to help you meet your retirement savings needs: One is fully funded by City of Hope and the other allows you to save additional money for retirement on a pretax or Roth aftertax basis.

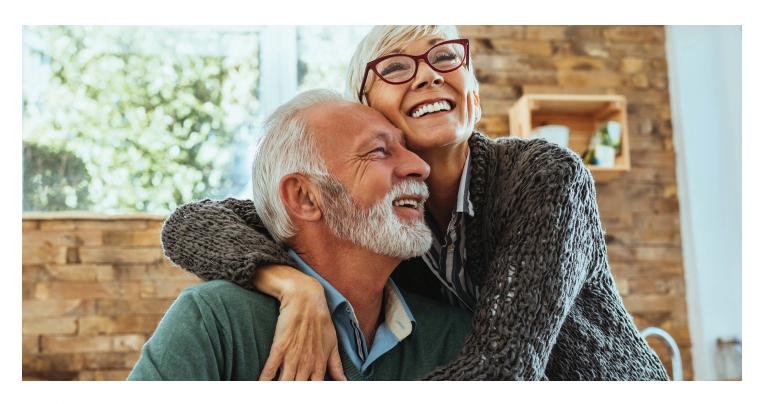


# 403(b) TAX-DEFERRED ANNUITY PLAN — EMPLOYEE FUNDED

Saving just a little from each paycheck can make a big difference in the amount you could have when you retire. The 403(b) plan allows you to contribute to a retirement account on a pretax or Roth aftertax basis and invest in a variety of funds. Eligible employees may contribute to this plan.\*

| Contribution            | All contributions to the plan are voluntary and are deducted from employees' compensation on a pretax or Roth aftertax basis. The combined maximum annual contribution is 75% of compensation up to \$20,500 for age 49 and below and \$27,000 for age 50 and above.  |
|-------------------------|---|
| Features                | <ul> <li>Saving and investing regularly for retirement</li> <li>Contributions are made on a pretax basis, lowering taxable income, or Roth aftertax basis.</li> <li>Earnings grow tax-deferred.</li> <li>Convenience of payroll deduction</li> <li>Increase or decrease contributions at any time.</li> <li>A wide range of investments from which to choose</li> </ul> |
| Beneficiary Designation | With Fidelity's Online Beneficiary Service, you can designate your beneficiaries, receive instant online confirmation and check your beneficiary information virtually anytime. Login to NetBenefits or call Fidelity to designate your beneficiary.  |
| Vesting                 | All contributions made by an employee to the plan are fully and immediately vested.   |
| How to Enroll           | You may enroll in the 403(b) plan immediately upon hire or anytime of the year. Enroll online with Fidelity Investments at netbenefits.com/atwork, or call Member Services at 800-343-0860.   |

<sup>\*</sup>Employees who are not eligible: students exempt from Medicare and Social Security taxes and nonresident aliens



# 401(a) DEFINED CONTRIBUTION PLAN — FUNDED BY CITY OF HOPE

Eligible employees\* receive company contributions to this plan after one year and 1,000 hours of service during the 12-consecutive month period that begins on your hire date and each anniversary of that date. Company contributions will automatically begin the first full pay period following eligibility using the following contribution formula:

# Less than 5 years of service

#### 2% of base pay

When actual year-to-date base pay exceeds \$147,000, you will receive an additional 2% "step-up" contribution for eligible compensation greater than \$147,000 for the remainder of the calendar year not to exceed \$305,000 of annual compensation.

### More than 5 years of service

#### 6% of base pay

When actual year-to-date base pay exceeds \$147,000, you will receive an additional 4% "step-up" contribution for eligible compensation greater than \$147,000 for the remainder of the calendar year not to exceed \$305,000 of annual compensation.

#### **VESTING SCHEDULE**

"Vesting" in a retirement plan means ownership. This means you will vest, or own, a certain percentage of your account in the plan for each year of employment.

| 1 year | 2 years | 3 years | 4 years | 5 years |
|--------|---------|---------|---------|---------|
| 0%     | 25%     | 50%     | 75%     | 100%    |

<sup>\*</sup>Employees who are not eligible: members of Research Staff Organization (who are covered under a separate plan), Local 501 Union, per diem, on call, students, visiting scientists, predoctoral scholars, postdoctoral scholars and predoctoral fellows.

# EMPLOYEE WELLNESS PROGRAM

We are committed to supporting your health and well-being so you are able to feel and contribute your best — both at home and at work. A culture of wellness accelerates the positive impact we make on our patients, their families, the communities around us and each other.

Our program powered by Virgin Pulse offers a social and engaging way to feel your best and be rewarded up to \$350 in gift card rewards, as well as a one-time \$25 credit to use toward a step-tracking device.

# **EARN REWARDS IN TWO WAYS: ACTION REWARDS**







Complete specific actions to build health awareness and earn \$100.

- Complete your health check survey.
- Confirm you've visited your primary care provider by completing an attestation form.
- Schedule a Next-Steps Consult for personalized guidance to activities that support your well-being.

# LEVEL REWARDS

Complete healthy activities to earn points and unlock a new reward at each level (up to \$250).

|               | LEVEL 1 | LEVEL 2 | LEVEL 3 | LEVEL 4 |
|---------------|---------|---------|---------|---------|
| Points Earned | 10,000  | 30,000  | 45,000  | 75,000  |
| Reward*       | \$25    | \$50    | \$75    | \$100   |

# **HOW TO EARN POINTS**

| Health Awareness   | One Time<br>Monthly                           | Submit your biometric screening form.  Complete a coaching appointment.  | 4,000 points<br>250 points                                      |
|--|---|--|---|
| Activity Upload steps from your activity tracker (Max, Fitbit, Misfit Shine, Virgin Pulse mobile app). | Daily<br>(up to 140<br>points/day)<br>Monthly | Per 1,000 steps 15 or more active minutes 30 or more active minutes 45 or more active minutes Take 7,000 steps 20 days in a month. Take 10,000 steps 20 days in a month. | 10 points 70 points 100 points 140 points 400 points 500 points |
| <b>Self-Tracking</b> Track healthy habits and various activities.                                      | Daily<br>(up to 30<br>points/day)             | Track your healthy habits.   | 10 points   |
| Cards<br>Complete  | Daily<br>Monthly                              | Complete a daily card (two/day).  Complete 10 daily cards in a month.  Complete 20 daily cards in a month.   | 20 points<br>100 points<br>200 points                           |
| <b>City of Hope Activities</b> Allow four to six weeks for points to post.                             | Daily<br>One-time                             | Attend a career development course.  Receive your annual flu shot.   | 350 points<br>500 points  |

To view a complete listing of all the ways to earn points, visit join.virginpulse.com/CityofHope.

<sup>\*</sup>Per federal guidelines, rewards are taxable and are subject to employment taxes in the year in which they are redeemed.

# To get started, create your account at join.virginpulse.com/CityofHope and download the Virgin Pulse Mobile App.



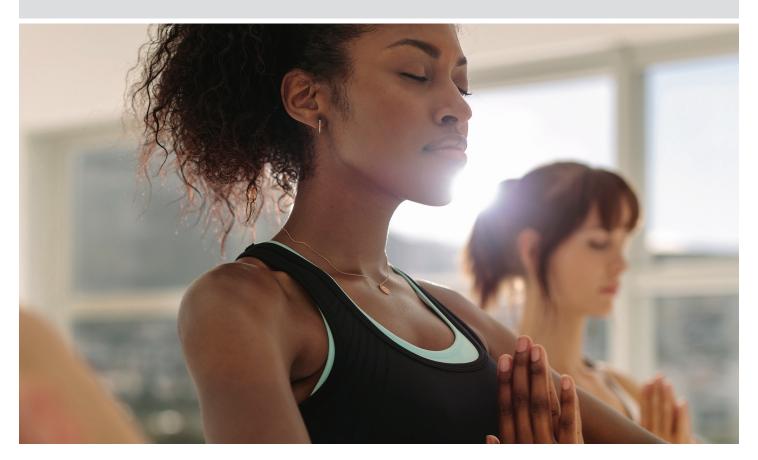
Already a member? Visit member.virginpulse.com or log into the mobile app. Questions? Contact Virgin Pulse Member Services.

833-724-4673

Monday through Friday, 5 a.m. to 6 p.m. PT







# Activities that support our environment of health and well-being include:

- Wellness Ambassador Network
- Diversity, Equity and Inclusion resource groups
- Tuition Assistance program
- Blood donation and Be the Match programs
- Rideshare and Alternative Transportation program
- Employee Giving
- 24-Hour Fitness gym discount

- Nourishing Hope healthy cooking classes
- Learning and Professional Development Week
- Employee Wellness workshops
- On-site fitness classes
- Annual flu shots
- Walking stations at Graff Medical and Scientific Library and Rivergrade Administration Center

To learn more about these activities, visit **coh.to/wellness**.

# EMPLOYEE ASSISTANCE PROGRAM

### Provided by Lyra Health

Enhance your wellness and find confidential care for your mental health, how, when and where you need it. Whether you're feeling stressed, burned out or grieving a loss, Lyra makes it easy to find and receive confidential, personalized, short-term mental health care. Their online platform allows you to sign up in just a few clicks, find the right coach or therapist for your needs, and quickly book an appointment in-person or via live video. As a City of Hope employee, you and your spouse or domestic partner, dependents under age 26 and household members are each eligible for up to to 12 sessions per year with a Lyra therapist or coach, covered at no cost to you.

No matter what you're going through, Lyra provides a range of support options for everyone:



### **GUIDED SELF-CARE WITH A COACH**

Get a care plan crafted by your Lyra coach and learn new mental health strategies at your own pace.



### IN-PERSON AND VIDEO THERAPY

Meet with a therapist for diagnosis and treatment of mental health conditions like depression, PTSD, etc.



# **MENTAL HEALTH COACHING**

Get to the root of your challenges with effective care from a mental health coach via video or live messaging.



### **ESSENTIALS**

Tap in to self-led wellness tools anytime, anywhere.

Work-life services are also available to resolve emergencies, guide you through challenges and help you stay on top of your busy life. Services available to support you include legal and financial consultations, identity theft support and child, elder and pet care resources and referrals.

To access work-life services, use access code: **Lyra-Coh**.

Getting started is fast and easy: Answer a few questions to receive care recommendations.

The best coaches and therapists are available nationwide, via video and and in person, and are ready to provide evidence-based care.



Learn more at coh.lyrahealth.com, care@lyrahealth.com or (877) 672-1266, and download the Lyra Health mobile app.





# BACK-UP CHILD AND ADULT/ELDER CARE

### **Provided by Bright Horizons**

The Back-Up Care Advantage Program is your safety net when disruptions to your regular dependent care arrangements (for children or adult/elders) happen and you need to get to work. The program helps benefits-eligible employees to find high-quality, center-based and in-home child care from credentialed in-home care agencies and trained caregivers provided through Bright Horizons. Access Enhanced Family Supports to find resources, discounts and other benefits for primary child care solutions, academic support and tutoring, and enrichment programs.

#### Benefit Overview:

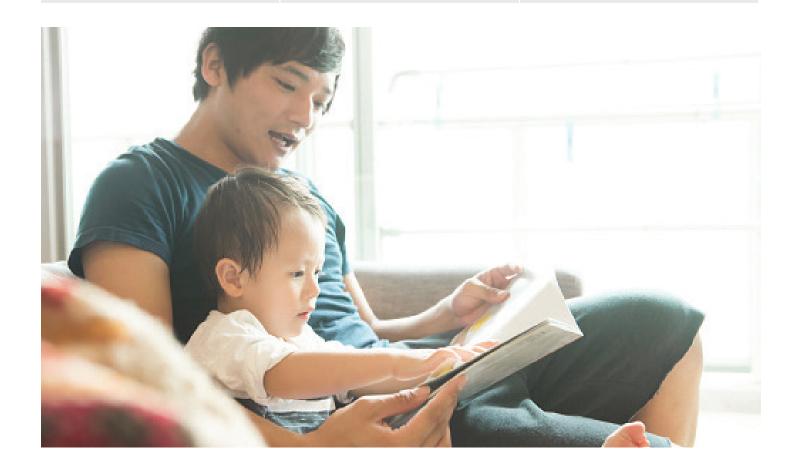
- High-quality, low-copay back-up care for your child in your home or in a center; in-home care for adult/elder loved ones throughout the U.S. any time you need an extra hand
- This program is subsidized by City of Hope.
- Support your family with up to 30 annual days.
- Virtual tutoring is available to help in reading, math, science, social studies and 300+ other subjects. Each back-up care use can be exchanged for 4 hours of virtual tutoring.

### Register at no cost today before you have an urgent need tomorrow.

**COPAY** Center-based care: \$15/child or \$25/family In-home care: \$6/hour

TO REGISTER: clients.brighthorizons.com/coh User Name: COH Password: backup4u

877-242-2737



# REPORTING A LEAVE OF ABSENCE

Absence management services are provided by Unum

If you are or expect to be absent from work due to family and/or medical leave, accidental injury or pregnancy, you must report your absence.



Advise your manager that you will be absent.



Call Unum's Member Services at 866-779-1054.

Your absence may qualify under the Family Medical Leave Act (FMLA), as well as applicable state laws. Unum's leave coordinator will assist you in determining the type of leave for which you qualify, based on City of Hope's absence policy and consistent with federal and state law.



When you call Unum, you will be asked to provide the following information in addition to other questions about your request for leave:

- Reason for the leave of absence
- Last day you were (will be) at work and anticipated return to work date
- Physician information (including name, address, phone number and fax number) if applicable



After initiating a leave of absence under FMLA and/or filing a claim for Short-Term Disability, Unum will send you a letter confirming receipt of your claim.

They will also send you an Attending Physician's Statement form for you or your family member's physician to complete. These forms should be returned to Unum by the due date provided in your letter.



Employees in California are required to apply for State Disability Insurance and Paid Family Leave.

Employees in cities or states with mandatory paid parental leave are required to apply for these benefits in order to receive paid parental leave. Short-Term Disability pay benefits are reduced by any city or state benefits amount.

To begin your claim for California State Disability Insurance: Access the Employment Development Department website at edd.ca.gov/disability or call the EDD at 800-480-3287 (English) or 866-658-8846 (Spanish). A Unum representative can assist you in navigating the SDI website call 855-861-8008.





Unum **Member Services** to report a leave of absence: 866-779-1054

# EMPLOYEE CONTRIBUTIONS

# **MEDICAL PLANS**

| Contribution per Pay Period | Kaiser   | Aetna HMO | Aetna EPO | Aetna Traditional<br>PPO | Aetna HSA PPO |
|-----------------------------|----------|-----------|-----------|--------------------------|---------------|
| Full-time*                  |          |           |           |                          |               |
| Employee only               | \$53.39  | \$55.81   | \$56.42   | \$80.04                  | \$39.30       |
| Employee + Spouse           | \$131.16 | \$138.63  | \$183.62  | \$197.11                 | \$127.89      |
| Employee + Child(ren)       | \$118.57 | \$121.94  | \$164.33  | \$177.40                 | \$114.46      |
| Family                      | \$181.15 | \$188.02  | \$251.06  | \$272.41                 | \$174.87      |
| Part-time 1**               |          |           |           |                          |               |
| Employee only               | \$80.09  | \$83.72   | \$84.63   | \$120.06                 | \$58.95       |
| Employee + Spouse           | \$196.74 | \$207.95  | \$275.43  | \$295.67                 | \$191.84      |
| Employee + Child(ren)       | \$177.86 | \$182.91  | \$246.50  | \$266.10                 | \$171.69      |
| Family                      | \$253.61 | \$263.23  | \$351.49  | \$381.37                 | \$244.82      |
| Part-time 2 ***             |          |           |           |                          |               |
| Employee only               | \$106.78 | \$111.62  | \$112.84  | \$160.08                 | \$78.60       |
| Employee + Spouse           | \$262.32 | \$277.26  | \$367.24  | \$344.94                 | \$255.78      |
| Employee + Child(ren)       | \$237.14 | \$243.88  | \$328.66  | \$328.19                 | \$228.92      |
| Family                      | \$344.18 | \$329.04  | \$439.36  | \$422.24                 | \$332.25      |

<sup>\*72-80</sup> standard scheduled hours per pay period, \*\*56-71 standard scheduled hours per pay period, \*\*\*40-55 standard scheduled hours per pay period. If you waive City of Hope's medical plans, you receive a biweekly credit — full-time: \$17.36, part-time 1: \$13.90, part-time 2: \$10.42.

# **VOLUNTARY AD&D RATES, EMPLOYEE PAID**

| Plans                       | Employee Only                      | Employee + Family                  |
|-----------------------------|------------------------------------|------------------------------------|
| Contribution per Pay Period | \$0.009 per<br>\$1,000 of coverage | \$0.014 per \$1,000<br>of coverage |

# **VOLUNTARY LIFE RATES, EMPLOYEE PAID**

| Plans                       | Employee Only       | Spouse              | Child               |  |
|-----------------------------|---------------------|---------------------|---------------------|--|
| Contribution per Pay Period | \$0.074 per         | \$0.127 per         | \$0.46 per \$10,000 |  |
|                             | \$1,000 of coverage | \$1,000 of coverage | of coverage         |  |

# EMPLOYEE CONTRIBUTIONS

# **DENTAL AND VISION PLANS**

| Contribution per Pay Period | Aetna DMO Dental | Aetna DPPO Dental | VSP Vision |
|-----------------------------|------------------|-------------------|------------|
| Full-time*                  |                  |                   |            |
| Employee only               | \$2.37           | \$6.69            | \$7.76     |
| Employee + Spouse           | \$9.88           | \$25.76           | \$7.76     |
| Employee + Child(ren)       | \$9.91           | \$28.34           | \$7.76     |
| Family                      | \$13.04          | \$41.24           | \$7.76     |
| Part-time 1 **              |                  |                   |            |
| Employee only               | \$4.74           | \$13.38           | \$7.76     |
| Employee + Spouse           | \$11.66          | \$29.06           | \$7.76     |
| Employee + Child(ren)       | \$11.69          | \$31.96           | \$7.76     |
| Family                      | \$15.39          | \$46.52           | \$7.76     |
| Part-time 2 ***             |                  |                   |            |
| Employee only               | \$7.11           | \$20.07           | \$7.76     |
| Employee + Spouse           | \$13.44          | \$33.53           | \$7.76     |
| Employee + Child(ren)       | \$13.48          | \$36.88           | \$7.76     |
| Family                      | \$17.73          | \$53.68           | \$7.76     |

<sup>\*72-80</sup> standard scheduled hours per pay period, \*\*56-71 standard scheduled hours per pay period,



# **Benefits and Wellness Services Contact us:**





<sup>\*\*\*40-55</sup> standard scheduled hours per pay period

This is not a legal document. In case of a discrepancy between this guide and the plan document/evidence of coverage, the plan document/evidence of coverage always governs. Please refer to your certificate, summary plan description or evidence of coverage for a complete explanation of benefits provided, exclusions and limitations, and additional plan information. Receipt of this booklet is not a promise of future employment.

