

# You Lost Your Hair, Now What?

## JOIN CITY OF HOPE'S EXPERTS FROM THE POSITIVE IMAGE CENTER<sup>SM</sup> FOR A SCALP CARE WORKSHOP IN PERSON AND VIRTUALLY

### IN-PERSON CLASSES

Join us, 11 a.m. to Noon

April 5, 2023

July 19, 2023

October 4, 2023

### VIRTUAL CLASSES

Join us on Zoom, Noon to 1 p.m.

March 2, 2023

May 18, 2023

August 17, 2023

December 7, 2023

- Learn about hair loss in cancer treatment and ways to manage it
  - Chemotherapy-induced alopecia
  - Emotional suffering and ways to cope
  - Cold capping
  - Postchemo hair
- Scalp care tips
- Tour the new Positive Image Center!

### WHO CAN BENEFIT FROM THIS WORKSHOP?

- Anyone with a cancer diagnosis and survivors in remission
- Anyone who is experiencing, or will experience, hair loss
- Anyone whose hair might be thinning or is struggling with scalp problems

### WHERE?

Activity Room, Sheri & Les Biller Patient and Family Resource Center on the Duarte campus



### MAIYA SPINKS

Cosmetology Oncology  
Specialist

*Positive Image Center*

Or scan this QR code with your smartphone camera to go to the registration page.



### HOW TO R.S.V.P.

R.S.V.P. at [CityofHope.org/PositivelImage](https://www.cityofhope.org/PositivelImage).

Contact Maiya Spinks at **626-218-9105**  
or [mspinks@coh.org](mailto:mspinks@coh.org).

*\*You will receive Zoom information after you register.*