

# HEALTHY CONFERENCE

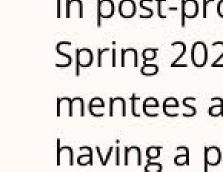
Championing the mental health of LGBTQ+ youth through transformative mentoring relationships

According to the The Trevor Project's 2022 National Survey on LGBTQ Youth Mental Health, LGBTQ+ youth who had at least one accepting adult were 40% less likely to report a suicide attempt in the past year compared to those who did not have a supportive adult in their life.

### **GRANT GOALS**







#### **BUILD POSITIVE MENTOR/MENTEE RELATIONSHIPS**

In post-program surveys from our Spring 2024 programming, \_\_% of mentees and \_\_% of mentors reported having a positive relationship with their mentor/mentee.





#### **INCREASE MENTOR OUTREACH**

From November 2023-May 2024, we recruited \_\_ mentors from within the LGBTQ+ community across Los Angeles County.



#### INCREASE ORGANIZATIONAL EFFICACY IN VOLUNTEER PROGRAMMING

Our volunteer management contractor, new volunteer manager, and program staff collaborated to generate a new Volunteer Management Plan!



With the support from the City of Hope Healthy Living Grant, we have been able to dedicate staff focus to reimagining our mentor training process.

This has paved the way for generative, important discussions about culturally responsive and traumainformed mentoring practices.

## TRAUMA informed MENTORING

The Healthy Living Grant has also allowed us to direct more focus and planning toward lasting forms of volunteer appreciation, celebration, and community-building.

VOLUNTEER CULTURE

