



How Can a Clinical Social Worker Help You and Your Family?

AS PART OF YOUR HEALTH CARE TEAM, CLINICAL SOCIAL WORKERS CAN HELP YOU AND YOUR FAMILY WITH:

- Identifying and reducing sources of distress
- Developing effective coping skills to manage the challenges that come with treatment
- Counseling for adjustment to illness and ongoing treatment
- Couples counseling and education (cancer-related)
- Advance directives conversations and completion
- End-of-life and hospice discussions
- Grief and bereavement support
- Academic Advocacy Program to help you or your child meet education goals
- Assistance with resources in your community, including:
 - Counseling and mental health services
 - Financial
 - Transportation
 - Wellness classes
 - Support groups
- Connecting you with interpreter services
- Education on benefits such as disability and family leave

Cancer and other serious illnesses affect the whole family in emotional, social and practical ways. It is common for patients, families and friends to experience distress, including worry and anxiety, fear and uncertainty, stress and depression.

To reach your clinical social worker, call the **Division of Clinical Social Work at 626-218-2282**.
Location: Duarte campus, in the Main Medical building, down the hall from the pharmacy