



City of  
Hope® | ORANGE  
COUNTY

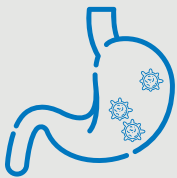
# IT'S HOPE FIRST

FOR GASTRIC CANCER



City of Hope is a National Cancer Institute-designated comprehensive cancer network delivering lifesaving treatments and conducting pioneering research. We want to raise awareness about disease prevention and early detection, with the goal of making Orange County cancer-free. We're offering individuals and organizations the opportunity to participate in upcoming risk assessment efforts to increase public awareness and achieve better outcomes for diagnosis, treatment and survival.

## WHAT YOU SHOULD KNOW ABOUT THE 4TH LEADING CAUSE OF CANCER DEATH WORLDWIDE



Gastric cancer, also known as stomach cancer, begins when cells in the stomach start to grow out of control

IN THE U.S. GASTRIC CANCER IS CONSIDERED "RARE."

**27,000+**

people are diagnosed with gastric cancer each year

**11,000+**

people die from gastric cancer each year

**BUT LIKE OTHER CANCERS, GASTRIC CANCER DOES NOT AFFECT EVERY AMERICAN AT THE SAME RATE**

**ETHNIC MINORITIES ARE 2-14X MORE LIKELY TO BE DIAGNOSED WITH STOMACH CANCER**

Highest incidence in Korean American men

More advanced stage diagnoses in Hmong, Hispanic and black Americans



Gastric cancer is more common in Californians than the general U.S. population

## U.S. LAGS BEHIND ASIAN COUNTRIES IN OVERALL GASTRIC CANCER SURVIVAL



**3 in 10**

in the U.S. survive after being diagnosed for gastric cancer



**7 in 10**

in Asia survive after being diagnosed for gastric cancer

## WHY IS DIAGNOSIS SO OFTEN DELAYED?

Early-stage gastric cancer can be cured. Poor gastric cancer outcomes are largely due to late stages of diagnosis.

Early stages of stomach cancer are often missed:

**80%** are asymptomatic

— AND —

**FEWER THAN 5%**

experience anemia, weight loss and dysphagia

### ADVANCED STAGE SYMPTOMS

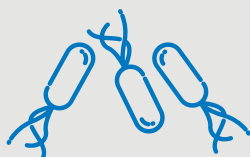
such as fatigue, weight loss, bloating, abdominal pain, loss of appetite, nausea, difficulty swallowing and melena may go unrecognized

### ALSO PROBLEMATIC

Symptoms are ignored, dismissed and/or mistreated

Barriers to healthcare including language, access

## YOU MIGHT BE AT HIGH RISK IF YOU:



Have active or prior *Helicobacter pylori* (H. pylori) infection



Are a smoker and have a poor diet



Have a parent, sibling, grandparent or aunt/uncle who developed stomach cancer



Are an immigrant from a high-incidence region: East Asia, Eastern Europe or South America



Are Korean, Japanese, Vietnamese, Chinese, Filipino, non-Hispanic Black, Hispanic or American Indian/Alaskan Native

## WHAT ARE THE PREVENTIVE MEASURES?



**H. pylori Screening:** H. pylori is a bacteria that is associated with gastric cancer and can be detected by breath or stool test



**Endoscopic screening:** this procedure uses a long tube with a tiny camera to visually examine the stomach

## IF YOU ARE AT HIGH-RISK

Endoscopic screening and H. pylori testing should be considered.

Learn more at  
[CityofHope.org/OC/OurStomachHealth](https://CityofHope.org/OC/OurStomachHealth)

